



GRANT APPLICATION EXISTING CLINICS

Submission deadline: **September 15, 2017**

American Academy of Family Physicians Foundation

Application

Date: 8/20/2017

Date Clinic

Opened: 2000

Amount

Requested: 10,000

Eligibility check list

- Services are provided at no cost (100% free) to all patients Yes No
- Applying Family Physician Champion is a member of the AAFP Yes No
- Haven't been awarded *Family Medicine Cares USA* funding within the last three years (at the time of application submission) as an existing clinic or five years as a new clinic. Yes No

1. CONTACT INFORMATION

a. Clinic

b. Clinic has an affiliation with Volunteers in Medicine? Yes No

Name: Family Health Center and Wellness

Address (include city, state and zip code) :1856 West 7th Street, Grove Point, NJ 07701

Telephone #: 732-341-9254

Fax #:732-342-9255

Website address:www.famhlthctr.org

Email: info@familyhealth.org

c. Primary Contact

Name: Joann Smith

Title: Development Director

Telephone #: 732-341-9000

Email: Jsmith@gmail.com

d. Family Physician (FP) Champion

Name: Thomas Breck

AAFP Membership ID #:8340238

Cell (or best contact #): 732-320-3478

Email: tbreck@familyhealth.org

Is the Family Physician Champion:

- The medical director of the clinic? Yes No
- The board president of the organization? Yes No
- An active volunteer providing medical services? Yes No

Please describe or provide examples the FP champion's leadership role and involvement in the clinic. Dr. Breck has been an AAFP member since 2005 and has played an instrumental role in the expansion of the clinic. He created an action plan to improve service delivery and operationalize a second clinic leased to the program through an award from the March of Dimes Foundation. He identified populations with unmet health care needs in particular homeless teens served by Youth On Their Own. In Spring 2016, the Dr. Breck began providing primary care at two high schools with disadvantaged students.

2. **CLINIC DESCRIPTION** (Please tell us a little about your clinic. Provide brief descriptions for each section below. Support your descriptions by including in the appendices documentation such as an organizational chart, list of board members and their affiliation, summarized business plan, etc.)

PLEASE DESCRIBE THE FOLLOWING:

a. Geographic area(s), patient population served, and hours of operation.

The Family Health Center and Wellness provides services to uninsured and/or low-income residents in Johnson County, Grove Point, New Jersey. Patients range in age from 1 to 86; 88% are racial and ethnic minorities, 82% identify as Hispanic/Latino. Approximately 20% live outside Tucson city limits. People served include: pregnant teens and women not receiving prenatal care; mothers and infants post-delivery; school-age children; high school students who are not eligible for coverage under their parents' insurance plans or whose parents cannot take them for an appointment during the regular work day; homeless individuals; working poor adults and families; and other vulnerable groups. Currently, hours of operation for Primary Care clinics are Monday – Thursday, with 3 to 6 hours of clinic per day. Four, 3-hour Prenatal Care clinics are offered on alternating Wednesdays and Thursdays each month.

b. Organizational/governing structure.

The Family Center and Wellness clinic is a nonprofit public charity, recognized as tax exempt by the IRS with 501(c)(3) status. It is governed by a voluntary Board of Trustees with the legal and fiduciary responsibility for the organization's operation. The board includes community representatives who offer professional expertise of various types, as well as medical professionals who can provide direction for Family Center's health care mission. The Board is responsible for ensuring that the clinic is fulfilling its mission, has the needed financial and human resources to do so, and is operating under appropriate policies and procedures. Trustees also represent the clinic to the public and serve as liaisons from the community. To support safe and effective health care, the Family Health Center has established formal procedures for quality improvement, risk management and the verification of professional credentials for all licensed practitioners, both staff and volunteer. These procedures are overseen by the clinic's medical director, a board-certified family

physician. She is responsible for monitoring patient care, clinic operations and regulatory compliance, working with the Clinical Services Committee, which includes two medical doctors, one of whom is a family practice physician.

c. Sustainability plan.

The Family Health Center is funded entirely by private philanthropy—grants and individual donations. As all health care is provided free of charge, the clinic does not receive insurance reimbursement, nor does the clinic benefit from any regularly budgeted government support.

Since the clinic opened, the organization's leadership has been committed to ensuring the financial stability of the health care mission in two main ways: first, by attracting support from a diversified funding base; and second, by working to control costs through the use of medical and other volunteers and donated services. As a result, the average cost of a patient visit, including diagnostic tests, is under \$100, compared with much higher charges should uninsured patients resort to hospital emergency rooms.

Over its 17-year history, the clinic has established a track record for attracting financial support within the community, including the entire cost of the construction of the permanent clinic building, funded with a community event held in 2000. The success of that early fund-raising endeavor has allowed the health center to operate without rent or debt in a facility designed for health care delivery.

Since that time, the community at large has continued to respond generously to the Center's mission. Giving to the Center's annual year-end appeal, begun in 2002, doubled in the second year and now provides 20 percent of the clinic's operating costs. Overall clinic funding is healthy, with an annual average of \$800,000 raised over the last two years. Grants, which include a significant investment from the Horizon Foundation for New Jersey, as well as other local and state-based foundations, have funded special projects, such as diabetes and other chronic disease care, women's health and social service assistance.

d. Collaborative efforts with community organizations.

As a volunteer-based free clinic, Family Health depends extensively on community partnerships to fulfill its mission. The primary partners are the volunteer medical professionals themselves, who enable Family Health to provide high quality care, by tapping an extensive range of medical expertise, and efficient care, by keeping costs low.

In addition, the clinic relies a network of community partners to expand the range of health and related services available to patients. Key among these partners is Grove Point

Medical Center, which offers diagnostic testing and other services for clinic patients as part of the hospital's charity care obligation. The clinic, in return, provides on-going care for uninsured patients after a hospitalization or emergency room visit.

On a larger scale, the clinic has been participating in discussions with Riverview Medical Center and the Visiting Nurse Association of Central New Jersey to identify ways of working together to better serve community health needs. As one step in that process, our clinic and the VNA are collaborating to provide well-woman care to patients.

- e. **Residents, medical students and/or retired family physicians.** Are Family Medicine residents, medical students or retired family physicians involved as volunteers?

Yes **No**

Estimated # of volunteers per month:

Residents: 2

Medical Students: 2

Retired Family Physicians: 1

If applicable, please describe how each is involved:

The Family Health Center relies on a corps of close to 200 volunteers—medical professionals and others—to deliver health care. At present, there are 3 family physicians (including one who is retired) who volunteer regularly at the clinic, serving as direct care providers and mentors for medical and other students. Two medical student volunteers at the clinic as part of the PACCE program at Jersey Shore University Medical Center. (See *Section appendix for further details.*)

- f. **Do you have partnerships/collaborations with hospitals, residency programs or medical schools, AAFP Chapters/Chapter Foundations?** **Yes** **No**

If yes, please describe the relationship of each: The Family Health Center participates in PACCE (Primary and Ambulatory Care Continuity Experience), a curriculum for third-year medical students from Rutgers Robert Wood Johnson Medical School during their rotation at Jersey Shore University Medical Center. The goal of the PACCE program is to encourage students to choose a medical career in primary care and to give them experience in an outpatient setting where patient continuity is emphasized. A third-year medical student is precepted by an experienced physician at the clinic for an 8-week session in the fall and a 12-week session in the spring. .

3. BUDGET DETAIL (Please note this grant is intended to be used to purchase durable, sustainable **medical equipment and instruments** necessary for diagnosis and treatment.)

	Items	Estimated Cost*
1	Exam Room (e.g., exam table, exam lamp, revolving stool, scales etc.)	
	Ritter 204 Manual Exam Table (base and top)	\$ 1,498
	Ritter 250-002 Exam Lamps (4 lamps)	\$ 1,396
	Ritter 272-001-216 Air Lift Exam Stool	\$ 200
	Subtotal (Exam Room)	\$ 3,094
2	Instruments & Equipment (e.g. stethoscope, otoscope, thermometer, penlight etc.)	
	Burdick Eli 250c Portable Electrocardiograph	\$ 3,195
	Defibtech Lifeline Automatic Defibrillator	\$ 1,595
	Thermoscan PRO 4000 Ear Thermometers (2 thermometers)	\$ 396
	Subtotal (Instruments & Equipment)	\$ 5,186
3	Laboratory Equipment (e.g. microscope, centrifuge, timers, HbA1c machine, etc.)	
	HbA1c machine	\$ 946
	Subtotal (Laboratory Equipment)	\$ 946
4	Disposable supplies for Equipment (e.g. accu check strips, lancets, otoscope speculums, gloves, disposable probe covers etc.) (Limit of \$ 500)	
	Disposable Probe Covers for Thermoscan PRO 400 (1000)	\$ 50
	Burdick 9100-026-50 Paper for Eli 250c ECG (10 pkgs/2500)	\$ 212
	Nikommed 0515 Tab Electrodes (8 boxes/4000)	\$ 212
	Subtotal (Disposable Supplies)	\$ 474
5	Software/equipment for EHR: Specify	
	Laptop to communicate with EHR	\$ 300
	Subtotal (EHR Software)	\$ 300
		Enter
6	Other durable items not listed above. Specify	
	Enter	Enter
	Enter	Enter
	Enter	Enter
	AMOUNT REQUESTED	\$ 10,000
	*Estimated costs rounded to the nearest dollar not to exceed \$10,000	

Please describe why the items requested are needed and how these items will enhance care and benefit the patients in your service area. The Family Health Center is a volunteer-based clinic providing full-spectrum primary health care to low-income, uninsured residents of Johnson County. Open six days a week, the clinic has become a medical home for over 2,000 patients on the active rolls, providing comprehensive care with the dignity every patient deserves and coordinating care across the health care system. Clinic services include children’s health and dental care, chronic disease management (especially diabetes, asthma and hypertension), women’s health and

breast cancer screening, other cancer detection, employment and school physicals, adult and child immunizations, assistance with Medicaid and other insurance enrollment, social service and legal referrals, and an affordable prescription drug program. Since its founding, Family Health has seen the patient population grow, particularly during the past several years of high unemployment and economic stress. But patient numbers are only part of the story. Many local residents become Family Health patients when they are referred to the clinic after a hospitalization for complications of diabetes, hypertension or other chronic conditions. A large number, including the 286 diabetics under care, have multiple chronic diseases that trigger complex medical needs. For patients at this level of complexity, an electrocardiograph is an essential diagnostic tool for their evaluation and management. In the primary care setting, the ECG is also useful for pre-operative clearance or clearance for sports or other activity in patients at risk. A defibrillator is required equipment for a basic life support facility and especially important for a facility serving high-risk patients. To care for its patients, the Family Health Family Health Center relies on volunteers—physicians and others—who donate 10,000 hours of service annually to help the needy. The volunteers, who include some 50 physicians, expect to practice the same standards-based, effective medicine at the clinic that they experience in their own offices, with safe, functional exam rooms and appropriate diagnostic instruments. Over the years, exam room furnishings and diagnostic equipment—often originally donated by retiring doctors—have aged and are no longer safe or functional. Parts and supplies for the electrocardiograph and the defibrillator, in particular, can no longer be purchased, and an exam table and stool need to be replaced, as they are not safe for patients and staff. Bright, movable exam lamps and quick-acting thermometers will both help with patient evaluation and flow in a busy clinic environment.

5. APPLICANT AGREEMENT

<p>In the event a grant is awarded to support this application, the applicant and applicant organization/institution <u>agree to adhere to all award conditions specified by the AAFP Foundation as outlined in the guidelines, which accompany this application.</u></p>	
<p>Dr. Tom Breck</p> <hr/> <p>Print Name of Family Physician Champion</p>	<p>Enter</p> <hr/> <p>Signature of Family Physician Champion</p>
<p>Family Health and Wellness</p> <hr/> <p>Clinic Name</p>	<p>8/20/2017</p> <hr/> <p>Date</p>

Please send the completed application electronically to Sharon Hunt, AAFP Foundation, *Family Medicine Cares USA*, at shunt@aafp.org or faxed to 913-906-6095 by the required deadline.

Be sure to attach the following:

- Two letters of support
- Summarized business/sustainability plan
- A list of board members and their affiliations
- Organizational/governing structure flow chart