Family Medicine Leads the Way

Family Medicine Leads (FML) was created to focus on the future of the Family Medicine specialty by supporting efforts to fill the workforce pipeline with the best and the brightest, as well as developing more and better-trained Family Medicine leaders.

- The AAFP Foundation provided funding for 250 Family Medicine Leads Scholarships for medical students and Family Medicine residents to attend the AAFP National Conference of Family Medicine Residents and Medical Students. One student recipient commented, “...All of your efforts fully solidified my choice of specialty in Family Medicine...” Turn to page 5 to read the full quote about how important the conference was to this medical student.

- The FML Emerging Leader Institute selected 30 medical student and resident Scholars for a year-long leadership development program. The year was kicked off with a two-day training event directly following National Conference. Based on evaluations by the Scholars and faculty, the inaugural FML Emerging Leader Institute was a resounding success. When asked if the program met expectations, one Scholar responded, “It exceeded my expectations! The resources and support from faculty is amazing. I have gained new skills and I am motivated to complete my project and to also become more involved in the AAFP.” Upon conclusion of the FML Emerging Leader Institute, Scholars left equipped to begin their work on the project portion of the program. Hear more feedback in the Scholars’ own words on page 5.

Family Medicine Cares!

Family Medicine Cares USA (FMC USA) and Family Medicine Cares International (FMCI) supports care for the underserved—at home and abroad. Learn more about your Foundation’s signature programs and their enduring efforts.

FMC USA supports free health clinics nationwide, both new and existing through grants that help purchase items, such as exam tables, computers, and medical equipment. FMC USA grant award clinics have provided more than $11 million in services and more than 50,000 patient visits. Find out about our newest grant recipient clinic in Kirksville on page 3.

FMCI provides sustainable and accessible health care to underserved populations in Haiti. The charitable program is already making a difference in the lives of both the people it helps and the volunteers who offer their time and expertise. The program recently added faculty development distance learning to its ongoing team visits with the two Family Medicine Residency programs in Haiti. Take a look inside on page 4 to find out more about the FMCI Faculty Development efforts.

There are a number of ways to get involved and make a difference. For individuals interested in being a part of the program, FMCI offers plenty of volunteer and support opportunities. Take a look inside to find out how you can get involved and impact the Haitian people (on page 4).

OUR MISSION

The American Academy of Family Physicians Foundation advances the values of Family Medicine by promoting humanitarian, educational, and scientific initiatives that improve the health of all people.
Dear Friends and Colleagues,

2015 has brought with it many reasons to be grateful. Your generous donations of both time and money are responsible for your Foundation’s numerous successes. With your help we have accomplished many things in 2015...launching new programs, increasing the scope of programs, and impacting lives through the following:

- **Family Medicine Leads (FML) Scholarships** funded 250 medical students and Family Medicine residents to attend the AAFP National Conference of Family Medicine Residents and Medical Students. This is 50 more than the prior year and more than twice the number of second-year medical students who are still in the process of choosing their specialty!

- **The Family Medicine Leads (FML) Emerging Leader Institute** was launched with 30 selected medical students and Family Medicine residents participating in a year-long leadership development program to expand the pipeline of future Family Medicine leaders.

- **Family Medicine Cares USA (FMC USA)** provided eight clinics with grants in 2015 and has provided more than $270,000 in grant support since the program’s inception just a few years ago.

- **Family Medicine Cares International (FMCI)** worked with the two Family Medicine residency programs in Haiti to launch a new concept of distance learning. In September, the program was able to hold the first web-based educational session from our offices in Leawood.

These accomplishments are just a few of the many successful Foundation initiatives. Let’s continue our good work in the name of Family Medicine. Please consider making an end-of-year, tax-deductible donation. Your support is deeply appreciated by the thousands of lives we touch each year.

I have enjoyed my tenure as your AAFP Foundation President. The opportunity to serve in this capacity has been a joy, and I’m looking forward to continuing to support this important work with my time and treasures in 2016 and beyond. I hope you’ll join me!

Yours in Family Medicine,

Jason

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**Dues Check-Off Donations Pay Off**

Established in 2006, the Family Medicine Philanthropic Consortium (FMPC) provides funding, through its FMPC Grant Awards program, to support Chapter-level philanthropic work that aligns with our mutual missions of improving the health of all people. The FMPC facilitates sharing of expertise, best practices, and outcomes of health care initiatives being implemented by Constituent Chapters across the country.

Funding for the FMPC Grant Awards is made possible solely through Dues Check-Off donations. The 2015 FMPC grants announced in November awarded $84,300 to fund 21 Chapter/Chapter Foundation projects in 14 states. Funded projects included a one-stop shop for payment reform; numerous student and resident activities at state and national meetings; implementation of childhood developmental screening into residency education; and an array of leadership initiatives. Since the FMPC’s inception almost $1 Million has been awarded to Chapters through the FMPC Grant Awards program.

Visit www.aafpfoundation.org/fmpcgrants for the list of Chapter/Chapter Foundation recipients and a summary of each of the 21 projects.

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**Impact Family Medicine with a Dues Check-Off Contribution**

When you pay your AAFP membership dues this year, consider a donation to impact Family Medicine with a tax-deductible Dues Check-Off contribution. Your minimum $50 donation goes a long way to help support charitable work.

Feel good knowing your gift will:

- Support humanitarian programs such as Family Medicine Cares and Disaster Relief.
- Fund educational opportunities for physicians, students, and patients through programs such as Family Medicine Leads Scholarships to attend National Conference, and medical student externships.
- Support clinical research within a Family Medicine setting.
- Provide grant money to support Chapter programs through the FMPC’s Grant Awards program.

Let’s see what we can build together. Check the donation box on your AAFP Dues Statement or visit www.aafpfoundation.org/duescheckoff.
Your Foundation at Work

Student-Run Clinic Helps Underserved in Northeast Missouri

Still Caring Health Connection-Volunteers in Medicine (SCHC-VIM), affiliated with A.T. Still University College of Osteopathic Medicine and the Missouri School of Dentistry and Oral Health in Kirksville, Missouri recently received a Family Medicine Cares USA (FMC USA) plaque and a check for $21,986. SCHC-VIM, a student-run free clinic is the 10th “new” FMC USA clinic grantee since the program began in 2011.

The newly awarded clinic will use FMC USA funds to purchase equipment for their outreach clinic. Items in need are: HbA1c and lipid panel machines, portable OMM tables, rotating stools, exam lights, weight scales, otoscopes, and exam chairs, as well as stethoscopes, thermometers, penlights, and blood pressure cuffs.

SCHC-VIM has three student-care teams, supervised by AAFP member Dr. Robert Schneider, Medical Director of the clinic and Family Practice Residency Director. They are unique in that they involve the collaboration of dental and medical school students. The students work side by side to collect patient information, take vitals, and complete the medical and dental visits. If the patient is in need of additional information, the team informs them of patient wellness programs and other resources in the community.

Every third Saturday, students caravan 20 minutes outside of Kirksville to provide clinical outreach to a local Amish group. According to SCHC-VIM President and OMS II, Eric Lesh, “The Amish enjoy the osteopathic manipulative medicine (OMM) treatments as they have a lot of chronic musculoskeletal pain because their lives involve hard labor. OMM provides them with relief that some have not had since childhood.” If a patient’s health care needs are greater than the students or the attending physician or resident overseeing the students can provide, the care team will advise patients to seek additional treatment or specialty care. As the success and need of the outreach clinic continues to grow, SCHC-VIM hopes to duplicate the model and expand their services to other Amish communities in the area.

The next FMC USA grant deadline is March 15, 2016. To request an application, email or call Sharon Hunt at shunt@aafp.org or (800) 274-2237, ext 4474.

Residents Gives Back to Their Community

Do you know a first- or second-year Family Medicine resident with a service project idea that tackles unmet health needs of underserved patients? Please help us let them know about the $16,500 Family Medicine Cares Resident Service Award. The deadline to apply is March 7, 2016.

The year-long service project, to be implemented at a free clinic or similar venue, should focus on activities that offer an enduring benefit to patients. Components of the Family Medicine Cares Resident Service Award include:

• 10,000 award for the resident’s project
• $5,000 for the free clinic or similar venue where the service project takes place
• $500 stipend for the residency program
• $1,000 travel scholarship to the 2017 AAFP National Conference where the resident will present results

The 2015 recipients, Drs. Christina Miller and Stewart Wilkey, received a FMC Resident Service Award to develop and implement their preventive care program to help patients lose weight, stop smoking, and eat healthy at the resident-run Cornerstone Community Health Free Clinic. In late August Dr. Miller reported, “We have finished our pilots, finalized forms and protocols, received all devices and supplies, started scheduling residents…and are now fully ready to implement our program!”

Up to two awards will be presented in 2016. Obtain a 2016 application and read about the past FMC Resident Service Award projects at www.aafpfoundation.org/fmcrsa.
Each year, Family Medicine Cares International (FMCI) offers one major Delegation trip for volunteers to work alongside Haitians and further the progress of Family Medicine in Haiti. FMCI has made a lasting impact in the lives and health of the people of Haiti, as well as created strong visibility for Family Medicine and your AAFP Foundation.

The team will be traveling to Haiti, February 20–27, 2016. While the application period has closed we still need your involvement with this trip. As you can imagine, the need continues to be great in Haiti. Please consider supporting the efforts of one of the three teams:

Medical Education — The team will continue to build on the work of the last few trips to support the development of Family Medicine in Haiti focused primarily on the Haitian Family Medicine residency programs—current and future. One of the team’s goals is to continue to provide needed faculty development, medical education, medical equipment, supplies, and continuing education/materials. The team will consult with the Haitians about establishing an additional Family Medicine residency program. The team will also meet with the Deans of the four medical schools to provide and/or feature a Family Medicine block in their curriculum to provide medical students with the opportunity to learn about the specialty and to encourage interest.

Patient Care — The Patient Care team will split into two sub-teams. One team will head to the Southeast area of Haiti, which has been inundated with refugees from the Dominican Republic. The other sub-team will focus on the Leogane region, which was the epicenter of the earthquake. This team will take a day to head up into the mountains to see patients in Fondwa.

Service — This team will work with two schools and one orphanage. The team will participate in light construction, including painting and completing a new playground for pre-school age children. Additionally, the team will partner with the Patient Care team to help with deworming efforts in one of the school communities.

Faculty Development in Haiti
FMCI provides ongoing faculty development for the two Haitian Family Medicine residency programs, which maintain approximately 20 to 25 faculty between the two facilities. The team plans to visit these residency programs several times a year. Interested parties can get involved with the development of the curriculum and/or presenting the materials on an upcoming trip to Haiti. Interested? Contact Erin Heffernan at eheffernan@aafp.org.

Make a Donation
Donations are needed to fund the work projects in Haiti from clinic improvements, to medical education symposia and materials, to basic clothing and food for the impoverished children of Haiti. To make a donation, contact Brenda Cherpitel at bcherpitel@aafp.org or donate online at www.aafpfoundation.org/donatetoday. To learn more, visit www.aafpfoundation.org/fmci.
Your Foundation at Work

Family Medicine Leads Emerging Leader Institute in Action

The Family Medicine Leads (FML) Emerging Leader Institute is a year-long program for Family Medicine resident and medical student scholars. Award recipients work with a mentor on a project related to one of three tracks: Policy & Public Health Leadership, Personal & Practice Leadership, or Philanthropic & Mission-Driven Leadership. Mentors work with the FML ELI Scholars throughout the year to help them with their projects and leadership skill development.

Currently, the 2015 Scholars are working on the implementation phase of their projects. After projects are completed and evaluated, the top two students and top two residents in each of the three program tracks will receive $1,000 scholarship awards to present at the 2016 National Conference. The Best Project Award winner from each track will be given a special opportunity to participate in an experience related to his or her program track.

As a result of donations from individual Family Medicine physicians, the 30 FML Emerging Leader Institute scholars were able to attend this premiere inaugural event. Read just a few of the Scholars’ quotes from the FML Emerging Leader Institute evaluation survey, and you’ll see that your contributions are invaluable in building the Family Medicine leadership pipeline.

In their words...

When asked for comments regarding faculty: “I was overwhelmed with the passion, effort and commitment to the project and cause. Very motivating and energetic group.”

When asked if the program met expectations: “Yes! I just wish the Institute was longer.”

“Absolutely! Exceeded them! I have never felt more sure of my decision to be a Family Doctor!”

We look forward to sharing more outcomes as the scholars work on their leadership projects over the next few months. For more details about the program or individual projects, visit www.aafpfoundation.org/fml.

Scholarships and Experiences in Family Medicine

This year’s AAFP National Conference of Family Medicine Residents and Medical Students (National Conference) experienced a record attendance of 4,195.

Through the awarded Family Medicine Leads Scholarships, students and residents are exposed to Family Medicine at earlier stages in their education. As a result of generous donations from Family Physicians, your Foundation granted 250 scholarships to attend the 2015 National Conference.

Family Medicine Leads Scholarship applications to the 2016 AAFP National Conference for Students and Residents will be available January 2016. Visit www.aafpfoundation.org/fmlscholarship.

“I wanted to personally thank the AAFP Foundation for my Family Medicine Leads Scholarship this year. I’ve known that I wanted to go to this conference since my friend told me how amazing it was a year ago. I saved my personal days, submitted my research poster, and talked with several sources to be able to help fund my trip to Kansas City and afford the registration cost to be able to go. Things were looking less than optimistic. However, I was thrilled to be selected as a recipient and am entirely grateful to the AAFP Foundation, and to those who made the 2015 National Conference one of the most amazing times in my life. All of your efforts fully solidified my choice of specialty for Family Medicine and gave me the opportunity to see the depth of how Family Medicine is going to shape our future.”

— Dan M. Nguyen, 2016 MD candidate, Texas Tech University Health Sciences Center and 2015 Family Medicine Leads Scholarship recipient
Nurture Family Medicine Research

Opportunities for increasing knowledge in Family Medicine are as varied as the subjects explored by the Foundation’s research grant recipients. And while the objects of these inquiries are as diverse as the specialty itself, they all share a commonality. Research grants allow investigators to gather pilot data, apply for larger awards and increase their knowledge about the research process.

A few examples:

- The Joint Grant Awards Program (JGAP) provides up to $50,000 per project to support research of 1-2 year duration that poses questions of high relevance to Family Medicine.

Recipients of the JGAP-funded project, “Simple Visual Natural Frequency-Based Shared Decision Making Aids for Patient and Physician in the Pre-diabetes Office Visit,” said they felt that, “the JGAP funding enabled us to kick start a transformation of the electronic health record that includes shared decision making components. This was presented at a national meeting and has been the basis for a broader implementation across 12 practice sites and provided opportunity to get funding for small scholarly projects.”

- Since 2001, the Resident Research Grant (RRG) program has supported the pathway of junior investigators in contributing to the pool of Family Medicine Research. To date, 53 residents have received up to $3,000 each to support short-term projects and travel to attend the National Conference in Kansas City and present their research findings.

This year, RRG “Best Paper” awardee, Dr. Natasha Bhuyan of Banner – University Medical Center in Phoenix, Arizona engaged National Conference participants with her presentation of “Voice Your Choice: The Impact of Group Visits on Completion of Advance Health Care Directives.”

- The Research Stimulation (RS) Grant Program, provides up to $7,500 per project to fund pilot studies and support short-term research. A RS grant recipient said that while “the project did advance the knowledge of provider’s attitudes in rural areas, the project was even of more use to me in that it allowed me to learn about the research process, and has allowed me to apply that knowledge to areas such as practice improvement and clinical informatics.”

Since 1990, more than $4.5 million has been awarded through the AAFP Foundation JGAP, Research Stimulation, and Resident Research Grant programs.

Applications and grant guidelines/instructions can be accessed online. For more information visit www.aafpfoundation.org/research.

Major Donation Expands CHFM’s Stephens Collection

The Center for the History of Family Medicine recently added an important donation of personal and professional papers to its G. Gayle Stephens, MD collection.

Widely regarded as one of the pioneering leaders in the specialty, Dr. Stephens (1928-2014) founded one of the nation’s first Family Practice residency programs in Wichita, Kansas, and was instrumental in the formation of a residency program at the University of Alabama in Huntsville. A prolific writer and recognized Family Medicine scholar, Dr. Stephens’s 1982 book, The Intellectual Basis of Family Medicine, has been hailed by many as one of the most influential works ever written on the specialty.

The result of a generous donation by the Stephens family to the original collection of papers, which were donated by Dr. Stephens in 2010, the acquisition completes the collection, making it the single most comprehensive record of the scholar’s writings.

Please consider visiting the CHFM online or in person during your next stay in Kansas City at www.aafpfoundation.org/chfm.

In Special Tribute

Honor a colleague, family member, or friend while supporting the work of your Foundation. Make a tribute gift and recognize someone important in your life. The AAFP Foundation is honored to receive gifts in memory or honor of family physicians, spouses, and friends. A tribute gift recognizes the relationship you have with your AAFP Foundation and the Family Medicine community. We gratefully acknowledge the following donors for their tribute gifts received from June 1 – October 15, 2015.

Please Support Your Foundation

To continue these and many other programs of the AAFP Foundation, we need your support. Please consider making a tax-deductible donation on the enclosed donation form or by going to aafpfoundation.org/donatetoday.

You may send a donation to the Annual Fund, which supports all of the programs of the Foundation, or you may designate your donation for a program of interest to you.
Thank you to the following donors who contributed $100 or more to the AAFP Foundation from June 1 – October 15, 2015.
Denver 2015: Your Foundation Shined Bright at FMX

At various functions, including dinners, VIP events, the Auction, Sweepstakes, and Estate Planning Sessions, your AAFP Foundation had a spectacular FMX (Family Medicine Experience) in Denver, CO.

Annual Recognition Dinner
The 2015 Annual Recognition Dinner was held Thursday, October 1 at the Denver Performing Arts Center to honor the Foundation’s most dedicated donors. The Philanthropist of the Year, Outstanding Program, and AAFP Distinguished and Meritorious Service to Family Medicine awards were presented. Following dinner, Dr. Jason Marker, AAFP Foundation President, presented his entertaining and inspirational “History of Medicine” to the delight of Foundation dinner guests.

- The Philanthropist of the Year Award is presented to an individual who shows financial support, volunteers or serves in a leadership role, encourages philanthropy in others, and is philanthropic in his/her own community. The 2015 Philanthropist of the Year, Laura Knobel MD, is a tireless supporter of the Foundation. Her efforts include past auctions, resident and student initiatives, and most recently, volunteering her time and talents as a member of the Family Medicine Cares International Delegation.
- The 2015 Outstanding Program Award was presented to the Georgia Healthy Family Alliance for its project Community Health Grant Program. Each year the Community Health Grant Program provides for a minimum of five grants totaling up to $5,000 each for projects addressing health care needs in communities throughout Georgia.
- The AAFP Distinguished and Meritorious Service to Family Medicine Award is the Academy’s highest honor for recognition of vendors, suppliers, and companies or their employees who support the medical profession. The 2015 award was presented to Novo Nordisk in recognition of its generous time and resources in support of AAFP and Foundation initiatives that foster the mission and advancement of Family Medicine. Novo Nordisk has been a strong supporter for more than 25 years, providing consistent support of the Foundation’s Corporate Partner Program, AAFP Assembly Fun Run, numerous continuing medical education activities, Family Medicine Cares USA and most recently, the AAFP Graduate Medical Awards.

AAFP Foundation VIP Benefit
The AAFP Foundation VIP Benefit was held on Friday, October 2 amidst the musical inspiration of the Colorado Symphony. Dinner was held in the beautiful Chambers Grant Salon in the Ellie Caulkins Opera House at the Denver Performing Arts Complex. The evening’s featured musician, Michael Thornton, and the conductor mingled with VIP guests before the performance with the symphony.

Sweepstakes
The AAFP Foundation Sweepstakes was another grand success at the Congress of Delegates (September 27-30) and AAFP FMX (October 1-2) with both Daily and Grand Prize sweepstakes prizes.

Lapel Pins
We hope you were able to purchase your Commemorative FMX lapel pin at the AAFP Foundation Booth during both Congress and FMX. For a minimum donation of $15, Family Medicine supporters were able to contribute to important AAFP Foundation humanitarian programs, such as Family Medicine Cares. If you still need a pin, please contact your AAFP Foundation directly.

AAFP Foundation Silent Auction
Right outside the Congress of Delegates, the Auction was a huge success this year, with more than 80 items available for bidding. The Auction raised over $17,000 this year.

Corporate Partner Support
In support of the AAFP Foundation and Family Medicine Cares USA, corporate partner Novo Nordisk donated more than $15,000—a direct result of a fundraising activity for the Foundation in the Novo booth during this year’s FMX.

Proceeds from all of the charitable events held during FMX benefit the humanitarian, educational, and scientific programs of your AAFP Foundation.