



# AMERICAN ACADEMY OF FAMILY PHYSICIANS FOUNDATION BULLETIN

*The Philanthropic Arm of the AAFP*

Volume 22, Issue  
Fall 2007

## Come Celebrate the Foundation's 50th Anniversary

Join us at this year's Scientific Assembly in Chicago for our 50<sup>th</sup> Anniversary kick off! Visit the Center for the History of Family Medicine's (CHFM) new exhibit, *The AAFP and AAFP/F: A Tribute to Excellence*, celebrating both the Academy's 60<sup>th</sup> and the Foundation's upcoming 50<sup>th</sup> anniversary.

Highlighting each decade in the AAFP's and Foundation's history, the joint exhibit will feature photographs, artifacts, and other materials from the Center's library, archives, and museum collections.

### Sneak Preview

- 1958** — The AAGP Congress of Delegates endorses a proposal for establishing the Foundation.
- 1961** — First philanthropic act: Board of Trustees commits \$10,000 a year to hospitals that will set up family practice training programs meeting the standard established by the AAGP Commission on Education.
- 1986** — First *Foundation Bulletin* published.
- 1992** — The Archives for Family Practice (later renamed the Center of the History of Family Medicine) joins the Foundation.
- 2000** — 1<sup>st</sup> Annual Auction is held during the Scientific Assembly in Dallas.



### WHAT'S INSIDE . . .

#### PAGE 2

Family Medicine  
Philanthropic  
Consortium

#### PAGE 3

ABFM Foundation  
Pledges support to  
CHFM Endowment

#### PAGE 6

Family Medicine  
Residents Increase  
Immunization Rates

#### PAGE 8

Support the Foundation  
— Gain Personal  
Financial Benefit

## Peer Support to Drive Behavior Changes in Diabetics

The Foundation received a \$15 million gift from the Eli Lilly and Company Foundation to help the diabetes community establish a new model of peer education for people with diabetes. The program will be rooted in peer-to-peer interactions, mentoring, and role-modeling to create sustainable individual behavioral changes that will improve long-term outcomes.

The grant, distributed over five years, will fund Peers for Progress, a program that will identify and train lay volunteers who have diabetes and certify them as "Diabetes Mentors." These mentors will then assist other people with diabetes in better managing the emotional, social, and daily self-care demands of the disease. "We need a new approach if we are going to successfully fight this debilitating

disease," said Craig Doane, Foundation Executive Director. "We believe that better patient outcomes can occur through grassroots, community-based programs that empower patients to help each other lead healthier lives."

This new approach comes at a time when the healthcare system is facing a diabetes pandemic without a parallel increase in the number of healthcare professionals. Additionally, traditional diabetes education is under scrutiny.

"We believe that engaging people with diabetes to help and inspire other diabetics and those affected by their diabetes is a viable path," said Larry Ellingson, Peers for Progress president and chief executive officer. *continued on page 5*

## LETTER FROM THE PRESIDENT — Jerry P. Rogers, MD



Dear Friends,  
We're kicking off our year-long 50<sup>th</sup> anniversary celebration and we want you to take part. Join us for the Foundation Festivities and stop by the Center for the History of Family Medicine's (CHFM) new exhibit at this year's Scientific Assembly.

CHFM's new exhibit, *The AAFP & AAFP/F: A Tribute to Excellence*, celebrates both the Academy's 60<sup>th</sup> and the Foundation's upcoming 50<sup>th</sup> anniversary. Highlighting each decade in the AAFP's and Foundation's history, the joint exhibit will feature photographs, artifacts, and other materials from the Center's library, archives, and museum collections.

At this year's Foundation Festivities, celebrate a half century of commitment to family medicine and the health of people around the world. The Foundation Auction will be held during the Foundation Festivities. Bid on a photo signed by the cast of *The Sopranos*, Peruvian jewelry, tickets to see the Anaheim Ducks (winners of the 2007 Stanley Cup), and more. For a roaring '20's good time, this year's theme is "Chicago the Musical."

Thank you for your kind support and making 50 years of giving possible.

*P.S. Keep an eye out for the Foundation Donation check box on your membership dues slip.*

## Family Medicine Philanthropic Consortium

Since its inception in January 2006, the FMPC Grant Awards Program has provided funding support to AAFP Chapters and AAFP Chapter Foundations for 21 grants totaling \$99,845. For more information on the FMPC Grant Awards, visit [www.aafpfoundation.org/x762.xml](http://www.aafpfoundation.org/x762.xml).

Congratulations to the most recent recipients of the 2007 FMPC Grant Awards:

**Florida AFP Program:**

Medical Student Initiative:  
Making Connections and  
Building Relationships  
*Grant Amount: \$3,000*

**Colorado AFP**

**Foundation Program:**  
Big Bust Tobacco Pilot Project  
*Grant Amount: \$7,000*

**Florida AFP**

**Foundation Program:**  
Diabetes Masters Clinical  
Program: Assessment of  
Implementation (DMPC)  
*Grant Amount: \$7,000*

**Minnesota AFP Program:**

Medical School Interest  
Fund (MSIF)  
*Grant Amount: \$4,500*

**Kansas AFP**

**Foundation Program:**  
National Conference for  
Medical Students  
*Grant Amount: \$4,745*

**Pennsylvania AFP**

**Foundation Program:**  
Student Travel Scholarships  
*Grant Amount: \$5,000*

**Illinois AFP**

**Foundation Program:**  
Adopt an FMIG  
*Grant Amount: \$5,000*

**Nebraska AFP**

**Foundation Program:**  
Tar Wars  
*Grant Amount: \$3,000*

**Indiana AFP**

**Foundation Program:**  
Family Practice Stories Book  
*Grant Amount: \$3,000*

**Nebraska AFP Program:**

Family Medicine  
Awareness Program  
*Grant Amount: \$3,000*

**Arizona AFP**

**Foundation Program:**  
Medical Students Support,  
The Future of Family Medicine  
*Grant Amount: \$3,000*

## Student Externship Matching Grants Presented to 17 Chapter Foundations

This year the AAFP Foundation will award 25 matching grants to 17 constituent Chapter Foundations to help provide medical students with externship experiences in family medicine settings. The matching grant award of \$1,250 per externship is intended to provide up to \$1,000 for the medical student's stipend and \$250 for the mentor's participation. For more information on how to apply, visit [www.aafpfoundation.org/x268.xml](http://www.aafpfoundation.org/x268.xml).

Congratulations to the following grant recipients:

Arizona AFP Foundation  
California AFP Foundation  
Colorado AFP Foundation  
Delaware AFP Research & Education Foundation  
Family Health Foundation of Oklahoma  
Foundation of the Georgia AFP  
Illinois AFP Foundation  
Indiana AFP Foundation  
Kansas AFP Foundation  
Louisiana AFP Foundation  
Maryland AFP Foundation  
Minnesota AFP Foundation  
Missouri AFP Foundation  
North Carolina AFP Foundation  
Oregon AFP Foundation  
Washington AFP Foundation  
Wisconsin AFP Foundation

# Research Stimulation Grant Update

The AAFP and Foundation Joint Grant Awards Council is pleased to announce the 2007 recipients. As early as 1981 the Foundation offered Research Stimulation Grants of up to \$5,000 to support pilot projects or preliminary efforts involving family medicine research. This year \$20,000 has been awarded for the following Research Stimulation Grants:

## ***Mindfulness Meditation for Alcohol Relapse Prevention***

Principal Investigator: Aleksandra Ewa Zgierska, MD  
Department of Family Medicine, University of Wisconsin-Madison

## ***High-dose Riboflavin for the Prevention of Migraine Headaches in a Multi-ethnic Population: A Pilot Randomized Controlled Trial***

Principal Investigator: Charles Albert Lascano, MD  
Partners Together for Health, Fort Worth, Texas

## ***Family Practice Enhancements for Patients with Severe Mental Illness***

Principal Investigator: Kim Griswold, MD  
Department of Family Medicine, State University of New York at Buffalo

## ***Circadian Variation and Benefits of Exercise on Arterial Blood Pressure: Should Timing of Exercise be Considered when Prescribing Exercise for Prevention or Treatment of Hypertension?***

Principal Investigator: Chad Rhoden, MD

Prevention Medicine and Health Promotion, Jackson, Mississippi

## ***Weight Management: Treatment Skills Study***

Principal Investigator: Nancy Kupper-Smith, RD, MS, CDE  
University of Louisville Research Foundation, Inc.

## ***The Context and Content of Spiritual Interactions Between Primary Care Physicians and Hospitalized Patients***

Principal Investigator: Mark R Ellis, MD  
Cox Family Medicine Associates and the University of Missouri Department of Family Medicine

In 2005, the AAFP Foundation received \$10,000 from Pharmavite for research stimulation grants to address dietary/nutrition interventions relating to cholesterol reduction, weight control, or overall heart health. Of special interest are studies that include consideration of sterols and stanols. These research projects address questions of importance to family physicians and their patients, and can be implemented within these settings or with these patients. In 2007, a \$5,000 grant from this fund has been awarded to the following recipient:

## ***Adapting the Traffic Light Diet for Use in an Inner City Family Practice***

Principal Investigator: Vinod Patel, MD  
Department of Family Medicine  
State University of New York at Buffalo

# ABFM Foundation Pledges Support to CHFM Endowment

In June, the Center for the History of Family Medicine (CHFM) received a significant donation in the form of a five-year, \$75,000 commitment from the American Board of Family Medicine (ABFM) Foundation.

The donation will provide important long-term funding in support of the Center and its Endowment.

In announcing the donation, ABFM Foundation President Dr. James C. Puffer stated that "The Center is the only central repository for most of the important historical documents associated with the evolution of our specialty. The ABFM Foundation is therefore pleased to provide continuing support for this valuable resource." In response to the announcement, Foundation Executive Director Craig Doane also said that "We value both the ABFM Foundation and the ABFM as very important members of the family of family medicine, and we look forward to partnering with them to help us preserve the historic heritage of the specialty of Family Medicine through the Center and its activities."

The ABFM Foundation, Inc. is a supporting partner of the American Board of Family Medicine (ABFM), the second largest medical specialty board in the United States. Founded in 1969, the ABFM's mission is to encourage excellence in medical care. Through its certification and recertification processes, ABFM seeks to provide patients the assurance that its certified family physicians have completed the necessary training/experience to provide quality care and that this commitment to excellence is maintained throughout the physician's years of practice.

With this commitment, the ABFM Foundation joins a strong list of current donors to the CHFM endowment that includes the American Academy of Family Physicians (AAFP), the American Academy of Family Physicians Foundation (AAFP/F), the Association of Departments of Family Medicine (ADFM), the Association of Family Medicine Residency Directors (AFMRD), the North American Primary Care Research Group (NAPCRG), and the Society of Teachers of Family Medicine (STFM).



# 2007 Corporate Program Honor Roll by Category

We are proud to recognize the members of the 2007 AAFP Foundation Corporate Program.

## PINNACLE

American Academy  
of Family Physicians ♥  
AstraZeneca ♥  
Bristol-Myers Squibb Company ♥  
Purdue Pharma LP ♥

## PRESIDENT'S CIRCLE

Abbott Laboratories ♥  
Eli Lilly and Company ♥  
Endo Pharmaceuticals, Inc. ♥  
Forest Laboratories, Inc.  
GlaxoSmithKline  
McNeil Pediatrics Division of  
McNeil-PPC, Inc. ♥  
Novo Nordisk Inc. ♥  
Pfizer Inc  
PhRMA  
Roche  
Sepracor, Inc

## GRAND PATRON

Gilead Sciences  
LipoScience  
MedPointe Pharmaceuticals  
Merck & Co., Inc. ♥  
National Dairy Council  
Novartis Pharmaceutical Corporation  
Pharmavite, LLC ♥  
Procter & Gamble ♥  
sanofi aventis ♥  
sanofi pasteur  
Stillwater National Bank  
Welch Allyn, Inc. ♥

## PATRON

Amgen  
Codman & Shurtleff, Inc.  
Dey, L.P.  
Ross Laboratories Division, Abbott  
Takeda Pharmaceuticals  
North America  
Wyeth Pharmaceuticals ♥

## SUSTAINING

3M Pharmaceuticals  
Alpharma Pharmaceuticals  
Amylin Pharmaceuticals, Inc.  
Animas Corporation  
Barrier Therapeutics, Inc.  
Berlex Laboratories  
Boehringer Ingelheim  
Pharmaceuticals  
California Academy of Family  
Physicians  
Campbell Soup Company  
Candela Corporation  
CECity.com, Inc.  
Chlorine Chemistry Council  
Conceptus, Incorporated  
Daiichi Pharmaceutical  
Corporation  
Dow Chemical Company  
Ethicon Women's Health  
and Urology ♥  
General Mills, Inc.  
LifeScan  
Mallinckrodt Pharmaceuticals  
McDonald's Corporation  
Mead Johnson Nutritionals ♥  
National Cattlemen's Beef  
Association  
Nestle USA, Inc.,  
Nutrition Division  
PepsiCo  
Quantum Health, LLC  
Sigvaris Inc.  
Wallach Surgical Devices  
Weight Watchers Foundation  
Wyeth Consumer Healthcare

## FRIENDS OF THE FOUNDATION

Almond Board of California  
*American Family Physician*  
C. Duryee Consulting, LLC  
California Table Grape  
Commission  
Cultural Horizons, Inc.  
Polar Horizons, Inc.

♥PWH Donor

# Honor Roll

A gift to the AAFP Foundation is a wonderful way to recognize someone important in your life. By making a tribute gift, you honor a colleague, family member, or friend by supporting the work of this organization. The AAFP Foundation is honored to receive gifts in memory or honor of family physicians, spouses, and friends. These gifts recognize the relationship individuals have with the AAFP Foundation and the family medicine community. We gratefully acknowledge the following donors for their tribute gifts received from January 1 through June 30, 2007.

## IN MEMORY OF

**Dr. Ballard**  
B.L. Couch, MD  
**Rhea Berton**  
Leticia Gonzalez, MD  
**Hubert B. Carr**  
James C. Carr, MD  
**Richard Chamberlain, MD**  
Judith Chamberlain, MD  
**Joe Czarsty, MD**  
Robert Taylor, MD  
**Alan Fischer**  
Al & Sara Haley  
**John C. Graves, MD**  
Associated Family Physicians  
**Rebecca Henley**  
Anonymous  
**Leo Heye**  
Dr. Leo and Rita Heye  
**Dr. Walter Holloday**  
N.E. Murillo-Smith, MD  
**Dr. Harmon Holverson**  
Neil and Sandi Brooks  
Michael Fleming, MD  
Al & Sara Haley  
Dr. Robert and Judy Higgins  
Robert Shackelford, MD  
Dr. Richard and Joan  
Shropshire  
**John Jacobs, MD**  
Dr. Kenneth N. Andersen  
**Harold Janulewicz**  
Mark Janulewicz, MD  
**Len Lazar**  
Aaron Lazar, MD  
**Joy Madonia**  
Paul Madonia, MD  
**Dr. Richard Mathias**  
Dr. Richard Ready, MD  
**Earl Mgebhoff, MD**  
Hubert M. Upton MD  
Seth B. Cowan, MD  
**Dr. Abdul Nayeem**  
Dr. Joseph Zebley, MD  
**H.W. Parchman, MD**  
W.R. Fisher, MD  
**Byran Redd, MD**  
Arlene Brown, MD  
**John H. Renner**  
Herbert F. Young, MD and  
Lisa F. Young  
**John J. Rousseau, MD**  
Leanne Rousseau  
& Steve Malek  
**Charles Rush Jr., M.D.**  
Bruce Jacobson, MD  
**Jim Shaw**  
Carolyn and Neil Christopher  
**Dr. Allanson Smith**  
N.E. Murillo-Smith, MD  
**L.J. Stitham**  
Charles Lightbody, MD  
**Jerry Stucky**  
Al & Sara Haley  
**Theresa Triebenbacher**  
Robert Taylor, MD

## Mrs. Lillian B. Turner

John B. Turner, MD  
**Dr. Tom Vanderloo**  
Robert Heath, MD  
**Gene Wakie**  
George C. Mekker, MD  
**Dr. Bob W. Watkins**  
Clarinda Watkins  
**Cynthia Webber**  
Robert Taylor, MD  
Dr. David & Nancy Massanari  
Pam Snape, MD

## IN HONOR OF

**Dr. Don Asp**  
Vicki Mayer, MD  
**Owen & Sally Batterton, MD**  
Dr. Fred and Billie Ridge  
**Archie W. Bedell, MD**  
Linda Bedell, MD  
**Mark Belfer, DO**  
Deborah Cowden, MD  
**Nancy and Mark Belfer**  
Larry & Linda Stone  
**Karla Biruholz, MD**  
Thomas Brysacz, MD  
**Dr. Judy Chamberlain's upcoming  
AAFP election**  
Minda Gold, MD  
**Family Physicians**  
Rodman B. Miller, MD  
**Lainie Franklin**  
Anonymous  
**Melba Goulding**  
E.C. Goulding III, MD  
**Dr. Chris Graves**  
Anonymous  
**Samantha Jacob**  
Essam Jacob, MD  
**Roy Kulland MD**  
Dr. Lowell E. Boyum, MD  
**Bonnie E. Kirch**  
Scott Kirsch, MD  
**Dr. John J. Mathewson**  
Maurice Wilkinson, MD  
**Dan Ostergaard, MD**  
Robert Taylor, MD  
**Sandy Panther**  
Roslyn D. Taylor, MD  
George Wolff, MD  
**Joshua Rish**  
Carlos Rish, MD  
**JoAnn Rockufeler**  
Robert Taylor, MD  
**Gordon Schmittling**  
Robert Taylor, MD  
**Julie B. Stern, MD**  
Barry L. Stern, MD, FAAFP  
**Mary Jo & Lloyd Welker**  
Larry & Linda Stone  
**George Wolff, MD**  
Karl B. Fields, MD

# Update on Family Medicine

Representatives from the AAFP Foundation Corporate Program attended the Update on Family Medicine meeting in Wilmington, Delaware, June 11-12. During the meeting, attendees learned about AAFP and Foundation initiatives. Members of industry networked with one another and the AAFP and Foundation leadership.



## Peer Support *continued from page 1*

"The explosion in obesity, cardiovascular disease, and diabetes has prompted the healthcare system to look at other models that can support care in these chronic conditions. People helping people can be very beneficial to patients and healthcare providers. This approach will ensure appropriate cost-effective supportive care for people affected by diabetes."

The goal of the initiative is to empower one percent of the people with diabetes in America, or 200,000 patients, to become Diabetes Mentors, and to expand globally to include 2 million mentors by 2020. The Diabetes Mentors will help other people with diabetes and become an integral part of the healthcare system by serving as a social resource for physicians and diabetes educators. Some will also contribute to the expansion and self-sustainability of the program by training other patients to become mentors."

"Since 1923, the diabetes community has relied on Lilly to deliver an answer for one of the world's most challenging diseases," said Jose Caro, MD, Lilly vice president of Global Diabetes Care Outcomes. "One of the ways we do that is to help organizations like the AAFP provide solutions that treat the whole person, not just the disease."



**Peers for Progress**

*Connections for Better Living* | DIABETES

# Family Medicine Residents Increase Immunization Rates

Through a grant provided by Wyeth Vaccines, the AAFP Foundation sponsors the AAFP/F Wyeth Immunization Awards Program. The program makes it possible for family medicine residency programs to share their best practices and receive recognition for identifying and developing creative solutions to overcoming barriers to childhood immunizations, resulting in higher immunization rates.

Award winners received a scholarship to send to a resident of their choice to the 2007 AAFP National Conference of Family Medicine Residents and Medical Students. Residents presented program best practices to attendees of the conference.

Congratulations to the following 2007 Scholarship winners:

Gunmeet Kaleka, MD  
Marquette General Health System  
Family Medicine Residency

Madhavi G Reddy, MD  
Penn State University Good Samaritan Hospital  
Family & Community Medicine Residency Program

Randy Sendow, MD  
St. Joseph Family Medicine Residency

Bonnie Suto, MD  
UW Health/Wausau Family Medicine

Frank D Lazzerini, MD  
Akron General Medical Center, Family Medicine Residency Program

Priscilla Tu, DO  
Carilion Family Medicine Residency

Lesly Varghese, MD  
LSUHSC (Shreveport) Monroe Program

John Andrew Harcourt, MD  
University of South Alabama Family Medicine Residency Program

## Rocking Chair Project Update

This year, 127 family medicine second-year residents had the opportunity to present one of their patients with a glider rocker upon the birth of her baby. They also made a home visit to help her assemble the chair. The gift, given to a mom most in need, is intended to help her nurture herself and her baby during the crucial early months.

The gift and home visit provides a tangible expression of care and reinforces key values of humanistic medicine. Many participating residents reported that the project was a very meaningful experience. It helped them bond further with their patient and completed the circle of care.



Dr. Kruse helping a new mom assemble a rocking chair in her home.

Dear AAFP [Foundation],

This was a very worthwhile project! Just watching my patient rock her baby girl to sleep in the chair was priceless. Due to economic factors my patient was forced to move back in with her parents, so she has very little that she can truly call hers — for her to have this beautiful chair that she now not only owns, but helped put together, I think really gave her a sense of ownership and pride.

My patient had a very difficult pregnancy. Once the father of the baby learned she was pregnant he left her. She was trying to make ends meet by working as a cashier at a local store, but had problems in her first trimester and was placed on lifting restrictions. Due to the restrictions, her work put her on unpaid medical leave, which financially wiped her out with no other source of income.

She went post-date and her induction day was bumped due to staffing issues on the OB floor. To add insult to injury, when she was ready to go back to work after the pregnancy she arrived at the store only to be told that she was laid off. So this was not an “easy” pregnancy. I felt so bad for everything that she went through and when I first brought up the project to her and her mother, they both started crying. Both were touched that I would nominate her for this rocking chair and she was especially grateful to know that someone cared about her, when it felt like the world was against her.

It was so nice to do a home visit. I think you learn so much more about a patient once you see where they live and how they live. Her parents’ home was small, but neat and cheerful. My patient took great pride in showing me the baby’s room and where the rocking chair would be placed once assembled. It was clear to see that this child was well-loved, even if she was not planned. Both Grandma and Mom were so proud of her and careful to do everything “just right.” I look forward to watching the baby grow up. This project is truly what family practice is all about — taking care of the whole family — physically, mentally, and emotionally. Thanks for giving me this chance to help make a small difference in the life of one of my patients.

Sincerely,  
Jill Kruse, DO  
University of Wisconsin, Department of Family Medicine

# ACF Corporate Sponsors Support 2007 Annual Clinical Focus

The American Academy of Family Physicians' Annual Clinical Focus (ACF) is an educational initiative designed to bring members state-of-the-art clinical information on a specific area each year to assist them in providing comprehensive patient care. Other aspects and benefits of the ACF are the development of patient education materials to help patients better understand their diseases.



## Management of Chronic Illness 2007

In its tenth year, the Annual Clinical Focus (ACF) program remains one of the AAFP's most successful and popular efforts reaching its 93,800 members. ACF 2007 Management of Chronic Illness focuses on the new model of care utilizing the chronic care model to include options for management and treatment,

delivery systems, information systems, decision support, and self management support of chronic illness.

This year ACF is teaming up with other key AAFP programs on chronic illness, including: Americans in Motion, METRIC (Measuring, Evaluating, and Translating Research into Care), Practice Enhancement Forum, National Research Network, and Centers for Health Information Technology.

Support for ACF 2007 has been provided by Abbott Laboratories; Pfizer, Inc.; PhRMA; Takeda Pharmaceuticals North America, Inc.; Merck & Co., Inc; Merck/Schering-Plough Pharmaceuticals; sanofi aventis; ETHICON Women's Health & Urology; and Novo Nordisk.

ACF 2008 Infectious Disease: Prevention, Diagnosis & Management will kick-off at the AAFP's 2007 Annual Scientific Assembly in Chicago. Supporters committed to date include Merck & Co., Inc.

## Advancing Family Medicine is Easy

The family medicine philanthropic consortium (FMPC) is working hard to make an impact on family medicine. This consortium of chapters and chapter foundations is responsible

for more than \$4 million of annual programs that advance family medicine and improve the health of all people. The FMPC is funded by a portion of the membership dues Check

Off donations. If you have not yet made a Check Off donation or you want to continue your support, you can still contribute by sending your contribution in the enclosed envelope.

Simply indicate that your donation should be restricted for the Check Off Campaign. Additional information and grant applications are available at [www.aafpfoundation.org/x762.xml](http://www.aafpfoundation.org/x762.xml).

Solicitation Disclosure Statement  
American Academy of Family Physicians Foundation  
Post Office Box 7388, Shawnee Mission KS 66207-0388,  
1-800-274-2237, ext. 1525

Although our financial report is always sent free to anyone requesting a copy, certain states require us to advise you that a copy of our financial report is available from them.

Residents of the following states should note the following:  
FLORIDA: A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING 1-800-435-7352, TOLL FREE WITHIN THE STATE. FLORIDA REGISTRATION NUMBER IS CH8648 Maryland: Copies of documents and information submitted by the AAFP Foundation are available for the cost of copies and postage from the Secretary of State, State House, Annapolis, MD 21401, 1-410-974-5534. Mississippi: The official registration and financial information of the AAFP Foundation may be obtained from the Mississippi Secretary of State's office by calling 1-888-236-6167. New Jersey: Information filed with the Attorney General concerning this charitable solicitation may be obtained from the Attorney General of the State of

New Jersey by calling 973-504-6215. New York: New York residents may obtain a copy of the AAFP Foundation's annual report by writing to the Office of the Attorney General, Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271. North Carolina: Financial information about the AAFP Foundation and a copy of its license are available from the State Solicitation Licensing Branch at (888)830-4989. Pennsylvania: The official registration and financial information of the AAFP Foundation may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Virginia: A financial statement for the most recent fiscal year is available upon request from the Division of Consumer Services, P.O. Box 1163, Richmond, VA 23209, 1-804-786-1343. Washington: You may obtain additional financial disclosure information by contacting the Secretary of State at 1-800-332-GIVE. West Virginia: West Virginia residents may obtain a summary of the registration and financial documents from the Secretary of State, State Capitol, Charleston, WV 25305.

REGISTRATION WITH A STATE AGENCY DOES NOT CONSTITUTE OR IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THAT STATE

# A Little Razzle Dazzle and All that Jazz at the Foundation Festivities

Kick off the 50<sup>th</sup> Anniversary of the AAFP Foundation and celebrate a half century of commitment to family medicine and the health of people around the world at this year's Foundation Festivities.

The Foundation Auction will be held Thursday, October 4, during the Foundation Festivities at the Hyatt Regency Chicago in the Columbus Room. The silent auction begins at 7:00 p.m. and the live auction at 8:00 p.m. This year's theme is the musical *Chicago*. Come and join us for a roaring '20s good time!

Bidders will have a chance to take home a photo signed by the cast of *The Sopranos*, Peruvian jewelry, a Rolling Stones' guitar, (autographed by all four members of the band) a Gear black leather jacket, and more.

Pick up your auction program in the Foundation area of the AAFP Marketplace (Booth #1248) or the sanofi-aventis U.S. Inc. booth.

*The Foundation Auction is made possible by a grant from sanofi-aventis U.S. Inc.*



Take home some beautiful jewelry from Peru, one of many extraordinary auction items available at this year's auction.



Dr. Rogers, President of the Foundation, models an Auction item.

## Support the Foundation — Gain Personal Financial Benefit

With a little planning, you can provide support and generate income in ways and at a level you never imagined. Take Gloria for instance. More than 20 years ago, she inherited undeveloped land that she decided to keep as a long-term investment. Over the years, acreage around her land began to develop and her investment significantly increased in value.

Nearing retirement age, Gloria decided it was time to sell the land in order to supplement her income. She was shocked to discover that capital gains

tax on the sale of this land would significantly reduce the net profit thereby cutting into the income she was hoping to live on during retirement. Gloria's tax advisor asked if she had ever considered creating a Charitable Remainder Unitrust, a creative giving option that can alleviate capital gains tax, support a charity, and create significant personal income for life.

A Charitable Remainder Unitrust works like this: You create a special trust and transfer property into the trust. The trust,

managed by the charity and/or major financial institution then sells the assets of the trust enabling the donor to bypass any capital gains. In addition, the donor receives a significant tax deduction immediately. Once the property is sold, the trust invests the funds and establishes a steady stream of income to the donor for life. Ordinarily, unitrusts pay five to eight percent of the trust's value annually. Assuming the core value of the unitrust increases each year, so will the annual income the donor is able to enjoy throughout retirement. At the death

of the donor, all assets are transferred to the charity.

With her unitrust, Gloria avoided capital gains tax, created a steady stream of income for the rest of her life, received an immediate charitable tax deduction, and created a significant charitable gift upon her death.

For more information on how you can take advantage of creative giving options, contact Craig Doane, the Foundation's executive director, at (913) 906-6000, Ext. 4450 or [cdoane@aafp.org](mailto:cdoane@aafp.org).