



AMERICAN ACADEMY OF
FAMILY PHYSICIANS

F O U N D A T I O N

**2008 PFIZER/AAFP Foundation Visiting Professorship
Program in Family Medicine Award Recipient**

**Sutter Health Family Medicine Residency Program – Sacramento, California
Visiting Professor: Lee Lipsenthal, MD, of Finding Balance, Inc.**

Summary of Program

The visiting professorship aims to increase physician and patient satisfaction and decrease burnout by equipping residents, faculty, and medical staff with the skills and support to manage stress and improve communication. The objectives address the needs of residents and medical staff in creating balance in their personal and professional lives as well as instilling a sense of personal efficacy to promote the outcomes they each wish to see. Faculty will also learn how to provide this training to future classes of residents. The visiting professor, Lee Lipsenthal, MD, is a nationally-known thought leader in this area and has a well-designed curriculum providing these “retreats” nationally to medical organizations.