



2009 FMPC Grant Awards

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ALSO (Advanced Life Support Obstetrics)

Applicant: **New York State AFP**

Project Contact: **Vito Grasso, MPA, CAE; 518-489-8945; vito@nysafp.org**

Grant Award: \$5,000

Collaborative funding will be used to provide an ALSO Provider Course and an Instructor Course to train more faculty who can serve as faculty for the state program and for any ALSO courses produced by the AAFP. Many areas in our state do not have OB coverage by obstetricians and ALSO has enabled us to significantly improve the delivery skills and capacity of family physicians in these areas, and helps address the public health objective of increasing patient access to competent OB services in rural and medically underserved areas of the state.

Enumeration of Oregon Family Medicine Practices

Applicant: **Oregon AFP**

Project Contact: **Kerry Gonzales; 503-528-0961; kg@oafp.org**

Grant Award: \$7,000

In this changing health care environment, it is vital to know how our Family Medicine practices are defined, to allow us to advocate for our family physicians and assist them in providing for the health of their patients and community. Funding will be used to enumerate Family Medicine practices in our state. Once enumerated and defined, data will be used for advocacy, continuing education, targeted

intervention, medical student placement and as a resource to our members. This model can be easily individualized and replicated by other state Constituent Chapters.

Fall Forum

Applicant: **Illinois AFP Foundation**

Project Contact: **Desma Rozovics, 630-946-6064; drozovics@iafp.com**

Grant Award: \$5,000

Funding will be used to support the "Family Medicine Fall Forum" which links medical students and residency programs throughout the Midwest. This half-day event provides hands-on demonstrations and workshops that make students more familiar with procedures performed by family physicians. Workshops under consideration include: Ankle Taping, Arthritis, Blood Pressure Workshop, Casting/Splinting, Colonoscopy Workshop, Cryotherapy, Cyst Excision, EKG Workshop, Electro-Cautery, Erectile Dysfunction, Family Genogram, Fetal Heart Monitoring, Flexible Sigmoidoscopy, Foley Insertion, Injuries of the Hand and Wrist, Joint Injections, Nasolaryngoscopy, No Scalpel Vasectomy, NST, OB Ultrasound, Osteopathic Manipulation Techniques, Pain Management, Phlebotomy, Shoulder Exam, and Suture workshops.

FMIG Convening

Applicant: **California AFP Foundation**

Project Contact: **Dasha Sakharova, 415-345-8667; dsakharova@FamilyDocs.org**

Grant Award: \$5,000

Funding will be used to convene Family Medicine Interest Group (FMIG) student leaders and advisors from across the state to provide face-to-face discussions; establish ongoing communication and training between FMIGs and the state AFP; educate predoctoral coordinators to become more active FMIG advisors; identify best practices for coordinating a successful FMIG; and create enduring materials to facilitate FMIG activities.

FMIG Funding

Applicant: **North Dakota AFP**

Project Contact: **Brandy Jo Frei; 701-772-1730; brandy@ndaafp.org**

Grant Award:

Funding for this program will be used to support the 2009-2010 FMIG Events Schedule that includes 4 student events throughout the academic year. The first event is a panel of 4 family physicians and spouses to discuss the lifestyle of family physicians; the second event is a formal dinner with medical students, spouses, residents, and family physicians from across the state; the third event is a hands-on workshop presented at a medical school by the family medicine residency programs in the state; and the fourth event is a spring picnic. Time and funding permitting, the students would also like to look at doing 2-3 public health events.

FMIG-PCMH Lectures

Applicant: **Foundation of the Georgia AFP**

Project Contact: **Kara Sinkule, 404-321-7445, ksinkule@gafp.org**

Grant Award: \$2,500

Funding will be used to support the state's FMIG Patient Centered Medical Home (PCMH) Lecture Series, which provides medical students in Family Medicine Interest Group (FMIG) clubs with an introduction to the innovative PCMH model of healthcare. It highlights the vital role family physicians play in "patient centric" success models, technology best practices, tools used to modernize medical record keeping and exchange of medical information. This series of lunch and learn lectures, presented by state AFP Foundation board members, also develops mentoring opportunities for leadership.

Hard Hats for Little Heads

Applicant: **Texas AFP**

Project Contact: **Kate McCann; 512-329-8666 x 16; kmccann@tafp.org**

Grant Award: \$5,000

Hard Hats for Little Heads—a bicycle helmet giveaway program for youth—is a public health initiative created by the state Medical Association (MA). At each event physicians distribute 100 premium helmets to attending children: the cost of the first 50 is covered by MA and the second 50 are covered by the sponsoring physician. Since February 2009, state AFP members have sponsored 16 events, including a series of bike rodeos that allowed three AFP members to distribute a bike helmet to every child in kindergarten through eighth grade in the 14,000-square-mile area of three counties.

How to Work With Trained Interpreters

Applicant: **Minnesota AFP Foundation**

Project Contact: **Lynn Balfour; 952-542-0130; foundation@mafp.org**

Grant Award: \$5,000

This pilot project is designed to move toward effective communication between health care providers and patients with Limited English Proficiency. The "How to Work Effectively with Trained Interpreters" educational workshop will be offered to 1100+ medical students and 200+ Family Medicine residents. The workshop was developed by the Interpreters Stakeholders Group (Upper Midwest Translators and Interpreters Association) to provide clinical training to health care professionals who use trained interpreters when delivering health care.

Improving Management of Chronic Pain

Applicant: **New Jersey AFP**

Project Contact: **Theresa Barrett, MS, CMP, CAE, 609-394-1711; tjb@njafp.org**

Grant Award: \$7,000

Collaborative funding will be used to support this project, conducted in partnership with the American Cancer Society, which focuses on increasing physician and other health care providers' awareness and management skills in the assessment and treatment of chronic pain. The project includes three components: 1. Developing a comprehensive, evidence-based CME initiative for state physicians focused on improving pain management knowledge, attitudes and practices, including communicating with patients about pain, and disseminating the Federation of State Medical Board's "Responsible Opioid Prescribing Physician's Guide" book along with state-specific information about pain management policies; 2. Delivering the CME program through a train-the-trainer approach using physician leaders to educate their peers on the implementation of the recommendations set forth in Dr. Fishman's book; and 3. Evaluating how physicians have implemented the recommendations within their practice settings.

Incentives for Immunizations

Applicant: **West Virginia AFP**

Project Contact: **Dr. E. Robert Marks, EMarks@wheelinghospital.org**

Grant Award: \$5,500

In partnership with a Family Medicine residency program, funding will be used to implement best practices to improve immunization compliance of children less than 24 months of age, and to share the results of this program with AFP members and others across the state. Two aspects comprise the scope of this project: education of the staff involved in the immunization process and education of the parents/caregivers. In addition, modest incentives will be provided to parents and children who complete their first series of immunizations by the age of three months and those who complete the recommended immunizations by the age of 24 months.

Medical Home – Setting a Firm Financial Foundation

Applicant: **Mississippi AFP**

Project Contact: **Beth Embry; 601-853-3302; beth@msafp.org**

Grant Award: \$5,000

This project will focus on the Practice Management spoke of the TransformMed Wheel and offer a Practice Management Conference for family physicians, practice administrators, and residents. Medical students will assist with registration and set-up and will be given ample time to interact with family physicians from around the state.

Mentored PCMH Education + Support

Applicant: **Oregon AFP**

Project Contact: **Kerry Gonzales; 503-528-0961; kg@oafp.org**

Grant Award: \$7,000

In 2009, our state surveyed its members and determined that at least two-thirds of the respondents are willing to redesign their current practices to become a certified Patient Centered Medical Home (PCMH), but need concrete assistance including information, training, networking and ongoing relevant support. Funding will be used to actively reach out to constituents in their transition from a traditional Family Medicine model to qualified PCMH. This innovative program provides interactive practice enhancement opportunities with like providers and practice experiences - guided by a trained colleague mentor who continues the relationship by providing site visits in which the mentor can work one-on-one with the practice and its needs. The mentor continues ongoing support through a moderated online community - a secure site allows members to interact and communicate with other practices experiencing like issues around the transition to a PCMH model.

National Conference Scholarship Support

Applicant: **Pennsylvania AFP Foundation**

Project Contact: **Dorothy English; 717-564-5365 x 215; denglish@pafp.com**

Grant Award: \$5,000

This project will award 50 scholarships to the National Conference for Family Medicine Residents and Medical Students. FMPC funding will be used to provide a portion of these scholarships (\$599 each) to deserving medical students and/or residents in Family Medicine—defraying the conference registrations, travel, and lodging costs, with priority given as follows: fourth-year medical students who are first-time attendees to the conference; third-year medical students who are first-time attendees to the conference; Family Medicine Interest Group (FMIG) leaders (limit 2 per school); state AFP student assembly officers and commission representatives; all other interested students.

PDA Project: CME in Physicians' Hands

Applicant: **Pennsylvania AFP Foundation**

Project Contact: **Dorothy English; 717-564-5365 x 215; denglish@pafp.com**

Grant Award: \$5,000

This initiative facilitates the translation of learned knowledge into functional knowledge in the exam room. Funding for this project will be used to adapt lecture notes -- from 12 sessions presented during the 2010 Clinical Education Series Conference -- to PDA handheld platforms. These PDA lecture notes will provide physicians with strategic access to desired information, while treating patients, by allowing them to find the pertinent information within 15-20 seconds.

Pre-Diabetes Recognition & Prevention

Applicant: **Florida AFP**

Project Contact: **Dr. Edward Shahady, eshahady@att.net**

Grant Award: \$5,000

This project facilitates discovering the level of recognition and treatment of pre-diabetes through chart audits. Participating physicians will be informed of the results and an educational program will be instituted to encourage treatment of these patients. Physician knowledge about pre-diabetes recognition and treatment will be accessed initially and at the end of the project, and an audit will be conducted on 10% of the patients at the end of the project to assess any change in management of the patients.

Preparing for Residency

Applicant: **Illinois AFP Foundation**

Project Contact: **Desma Rozovics, 630-946-6064; drozovics@iafp.com**

Funding will be used to host a half-day event titled "Preparing for Residency" which links medical students and residency programs from throughout the state. This event is focused toward third year medical students though it is open to all interested students. A residency fair and workshops help medical students get ready for the Match process. Workshops include "How to Select a Residency Program," "How to Write a CV and Personal Statement," "Interviewing Skills" and "Healthcare in the Current Economic Climate."

Research Poster Presentation Contest

Applicant: **Foundation of the Georgia AFP**

Project Contact: **Kara Sinkule, 404-321-7445, ksinkule@gafp.org**

Grant Award: \$5,000

Funding for this program supports the State and National Research Project, which was developed to move Family Medicine forward by fostering participation in clinical research projects at the state and national level. A statewide poster contest is judged at the state's Annual Meeting. Winners at the Annual Meeting, whose posters are accepted at national venue, are offered stipends to compete in these national research competitions. Specifically, Practicing Physician category winners are given stipends to present at the AAFP Scientific Assembly; Resident and Medical Student category winners are given travel stipends to present at the AAFP National Conference. Other prizes are available to 1st, 2nd and 3rd place winners in each category and the winning research poster abstracts are published in an all-member publication.

Resident Research Grant Program

Applicant: **Minnesota AFP Foundation**

Project Contact: **Lynn Balfour; 952-542-0130; foundation@mafp.org**

Grant Award: \$7,000

Funding will be used in support of the Resident Research Grant Program. More than 225 Family Medicine residents will be invited to submit an application to design and implement a research project. These applications will be read and ranked by a Selection Committee that determines the strongest applications to win a \$3,000 research grant. Grant recipients have up to two years to complete their project, and upon completion must submit a final paper and present their findings at the annual Research Forum for other family physicians to hear.

Student & Resident Clinical Education Series Track

Applicant: **Pennsylvania AFP Foundation**

Project Contact: **Dorothy English; 717-564-5365 x 215; denglish@pafp.com**

Grant Award: \$7,000

Three Clinical Education Series Conferences are hosted annually for Family Medicine professionals to gain quality continuing medical education, participate in patient safety courses, and network with colleagues. Funding will be used to underwrite a new resident/medical student educational mini-track at its CES Conference. Adding this track will maximize residents'/medical students' exposure to Family Medicine opportunities including education, research, leadership, professional advocacy, future career paths, and networking. Research Day -- a one-day event providing residents, medical students, and physicians the opportunity to present their original research to an audience of their peers -- is also hosted in conjunction with the CES conference.

Student & Resident Family Medicine Educational Opportunities

Applicant: **Alaska AFP**

Project Contact: **Marilyn Dodd, 907-258-2255; akaftp@gci.net**

Grant Award: \$2,500

This program promotes Family Medicine for students and residents by expanding opportunities for interaction with family physicians and creating a formal mentoring program. Funding will be used to support one or more of the following activities: quarterly Family Medicine Interest meetings where students are introduced to state DME meetings and are able to meet and sign up for mentors; 2 students and 2 residents attend National Conference; free registration to attend the Winter Update, and/or free registration to attend the state's 25th Annual Scientific Conference.

Student and Resident Quiz Bowl and Poster Contest

Applicant: **Kentucky AFP**

Project Contact: **Gerry Stover, 888.287-9339; gerrystover@kaftp.org**

Grant Award: \$2,500

Funding will be used to support resident and student activities at the state's Annual Conference. Students and resident activities include the practice management education program, resident poster

contest, and quiz bowl. Practice management education is a full-day program covering topics including EHR, office management, personnel management, and contract negotiation. Resident posters are on display during the conference and at the award banquet and each participant in the poster contest is acknowledged with a free banquet ticket and a cash educational stipend to attend an AAFP CME program. The Quiz Bowl is a fun event aimed at building relationships with the chapter and its resident members. Resident physicians are charged no fee for this program and their hotel, meal and travel expenses are covered to attend.

Student and Resident Leaders

Applicant: **Wisconsin AFP Foundation**

Project Contact: **Becky Wimmer; 262-512-0606; becky@wafp.org**

Grant Award: \$5,000

The purpose of this project is to recruit and identify student and resident leaders. Family Medicine awareness and networking opportunities will be provided through local and national activities, which include participating in AAFP's National Conference for Family Medicine Residents and Medical Students and filling positions on the state AFP Board of Directors which will provide young leaders with leadership skills and experiences that they will be able to take with them throughout their careers as physicians. Grant funding will be used to support phone/web conferences, electronic publications and National Conference registration and travel expenses.

Student and Resident State Conference

Applicant: **Texas AFP**

Project Contact: **Juleah Williams; 512-329-8666 x 35; jwilliams@tafp.org**

Grant Award: \$2,500

Funding will be used to support the State Conference of Family Medicine Residents and Students, which brings medical students and Family Medicine residents together to hear educational lectures about how to excel in Family Medicine, network with their peers and meet AFP leaders. The Procedures Fair is a part of the Conference that allows residents to teach simple procedures to medical students in an exhibit hall setting, and has greatly increased student participation in the Conference. Registration is complimentary with support available for travel expenses. The Conference is held in conjunction with the state AFP's Interim Session, which allows interaction with academy leaders and participation in the governance process.

Tar Wars

Applicant: **Missouri AFP**

Project Contact: **Nancy Griffin, 573-635-0830; ngriffin@mo-afp.org**

Grant Award: \$2,500

Currently almost 24% of high school seniors in this state report tobacco use and many schools have not had the opportunity to participate in the Tar Wars program. The goal of this project is to provide access to Tar Wars education for all fourth- and fifth-grade students in our state. Collaborative funding will be used to provide basic art supplies for students to participate in the poster contest; access to printers/computers for downloading and printing the program materials; "Tar Wars Presenter Kit for Classrooms" and prizes for poster winners in each school that participates.

Walking Toward a Healthier Hospital

Applicant: **Virginia AFP**

Project Contact: **Mary Lindsay White; 804-968-5200; mlwhite@vafp.org**

Grant Award: \$5,000

Funding will be used to promote physical exercise among the employees of a health system. The walking club will be organized and managed by medical students who will study the evidence related to physical exercise and educate participants -- through informational handouts, small group discussions and web-based educational tools -- about the therapeutic benefits of walking. The students will also learn about group visits and have the opportunity to facilitate a mock patient group visit. All aspects of the project benefit medical students by providing experience with developing and implementing a community based health initiative.