

# **FMPC** Grant Awards

2017-2022 · Volume III

The Family Medicine Philanthropic Consortium (FMPC) is a collaborative program of the American Academy of Family Physicians Foundation and the Constituent Chapters and Chapter Foundations of the American Academy of Family Physicians. The Consortium is organized to improve the health care of all people.

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# ABOUT THE FMPC AND ITS GRANT AWARDS

The Family Medicine Philanthropic Consortium (FMPC) was established in 2006 as a collaborative program of the American Academy of Family Physicians Foundation and the Constituent Chapters and Chapter Foundations of the American Academy of Family Physicians (AAFP). There is no cost for membership in the FMPC. Funding for FMPC Grant Awards comes from the national Campaign.

The FMPC is organized to improve the health of all people and accomplishes its mission by:

- Collaborating in the use of national revenues provided by the AAFP Foundation
- Sharing expertise, replicating programs, and sharing best practices
- Providing FMPC Grant Awards

The mission of the FMPC Grant Awards program is to support Constituent Chapters and Chapter Foundation programs and assist them in fulfilling their mission of improving the health of all people.

Annual FMPC Grant Awards are determined through a competitive grant funding process, with funding available only to AFP Constituent Chapters and Chapter Foundations. Since establishing the Awards in 2006, grants totaling \$1,351,920 have been awarded to fund 417 projects in 41 states and the District of Columbia.

For more information please visit the AAFP Foundation website at <u>https://www.aafpfoundation.org/grants-awards/family-medicine-philanthropic-consortium-grants-program.html</u>







# **MEMBER OUTREACH PROJECTS**

# ADVOCACY

#### **ADVOCACY BOOTCAMP** – MARYLAND (2018, 2022)

Advocacy Bootcamp is a high-energy program that provides members with advocacy tools, education, resources, and direction. This one-day program includes leadership training, role-playing with peers, clarification on legislative issues, and an opportunity to ask about best speaking approaches. Bootcamp culminates in MDAFP's Family Medicine Advocacy Day, with expected outcomes of more MDAFP members actively participating in advocacy for Family Medicine; and an increased awareness of state legislators regarding Family Medicine issues.

#### **ADVOCACY EDUCATION & TRAINING** – MINNESOTA (2021)

In 2019, the Minnesota Chapter's foundation (in partnership with a fundraising consulting firm) interviewed chapter leaders and members to learn what important issues they were facing. The interviews showed that members identified "raising the voice of family physicians to advocate for health system changes" as one of three new strategic priorities for our Chapter. family physicians. In response, we have developed the Advocacy Education & Trainings Project to identify, educate and train family physicians to become advocates and agents of change in health care systems.

#### **ADVOCACY LEADERSHIP AND DEVELOPMENT** – MICHIGAN (2018)

The Advocacy & Leadership Development Program recruits and trains new members in the fields of grassroots advocacy, media, legislative affairs, executive departments, stakeholder workgroups and political campaigns. Participants undergo a one-day immersion program and complete an action plan, which identifies one key priority issue and an accompanying strategy to work on that priority.

#### FAMILY MEDICINE ADVOCACY DAY – MASSACHUSETTS (2017, 2018, 2019, 2020)

The goal of our Family Medicine Advocacy Day is to provide our members with the tools, education, resources and direction to successfully influence Massachusetts' political representatives to vote with the best interest of the specialty in mind. The MassAFP will accomplish this goal by hosting a one-day event that not only improves member understanding of the legislative process, but increases member participation and involvement from that moment moving forward.

#### LEADERSHIP TRAINING IN ADVOCACY - HOW TO ADVANCE ISSUES - WISCONSIN (2018, 2019,

#### 2020, 2022)

The Wisconsin Academy of Family Physicians understands the importance of being on the front lines of family medicine advocacy, and aims to create a thriving culture of advocacy leadership where ideas are nurtured from start to finish. This program addresses key components of the WAFP Strategic Plan - developing and promoting family physicians as health policy leaders and partners, increasing the influence and presence of WAFP in the legislative process, and to nurture and develop family physician leaders.

# **COMMUNITY/PHYSICIAN RESOURCES**

#### BITE-SIZED LEARNING SESSIONS – OHIO (2021, 2022)

The Ohio Academy of Family Physicians (OAFP) will host virtual educational sessions, aptly titled, "Bite-Sized Learning Sessions," as an opportunity for members to come together during a time when connecting and learning from each other is crucial. These sessions will be hosted and produced through OAFP's Facebook and YouTube Live Stream, making participation accessible for all. Viewers can participate in the live sessions from the comfort of their home or office, on a laptop, computer, or phone – the choice is theirs!

#### **CONNECTING PATIENTS TO COMMUNITY RESOURCES** – MINNESOTA (2018)

Minnesota Family Physicians (MAFP) will be connected with resources that help them refer patients with chronic disease to behavior change and self-care management education programs in their communities. MAFP will provide

outreach booths, at their annual conference, for seven patient advocacy groups that address chronic conditions (hypertension, diabetes, obesity, tobacco use, cancer, dementia, and arthritis), and develop an educational piece for Family Physicians which provides community resources, services and tools available from these patient advocacy groups.

#### HEALTH EQUITY & SOCIAL JUSTICE DISCUSSION CLUB – OHIO (2022)

Since the fall of 2020, the Ohio Academy of Family Physicians (OAFP) has offered its membership access to the Health Equity & Social Justice Discussion Club (Discussion Club) - a safe and respectful virtual space to discuss important literature on topics of social justice and health equity all from the comfort of the physician's home or office. The discussion material alternates between traditional books and a curated collection of virtual content. Guided conversations provide unique opportunities for insightful reflection and open-minded sharing between medical peers. Each session takes place via Zoom under the guidance of a physician moderator. Although registration is required, participation is free as a benefit of membership. While we've had success with this program over the past two years, our goal for 2022 is to invite additional family physicians to attend the discussions as well as host at least one session with the author of one of the chosen books.

#### HEALTH EQUITY STRATEGIES IN A PANDEMIC WORLD – GEORGIA (2022)

Since the pandemic began in 2020, it has come to light that major gaps exist in healthcare outcomes for varying populations and that implicit bias plays a role in some of these disparities. Gaps addressed: Family doctors and their teams have the opportunity to improve health outcomes by addressing inequities in their communities. Ideally, physicians will use a health equity lens when caring for their patients. It is known however that disparities and the effects of implicit bias impact the care our patients receive. Further, it is the goal of the Georgia Academy of Family Physicians to help train physicians first, that the healthcare inequities exist and what they are, and then teach them strategies to address the health equity disparities within their own patients and communities.

# **COST OF CARE**

#### **TRAIN THE TRAINER: IMPLEMENTING COST OF CARE CONVERSATIONS** – New York (2019)

NYSAFP envisions the FMPC grant to be utilized to roll out Phase II of the Cost of Care training program. Phase II willtransition the training module to a train- the- trainer model and will include the development of a webinar format. This will allow NYSAFP to train physician members across the state to become subject matter experts and educate their colleagues. NYSAFP intends to work with its partners at the county-level to disseminate this program (beginning January 2020).

## DEPRESSION

#### MAJOR DEPRESSIVE DISORDER: CHANGE PACKAGE – New JERSEY (2017)

A Major Depressive Disorder (MDD) change package, which is a set of small, actionable changes that practices can use to improve care delivery for patients with MDD, will be developed by NJAFP. Online tools will track family physicians who download the change package to allow the Chapter to follow-up on its use and impact.

## DIABETES

#### **NATIONAL DIABETES PREVENTION: BALANCING INCENTIVES PROGRAM** – New York (2017)

The Balancing Incentives Program (BIP) model for diabetes self-management training brings peer-based diabetes selfmanagement to vulnerable populations. Following a successful pilot project in the South Bronx, the coalition of NYSAFP, NYSAFP Bronx-Westchester chapter, and the Quality and Technical Assistance Center of the Research Foundation of the State University at Albany will be expanding the BIP model to upstate NY.

# FAMILY MEDICINE CME

#### CME ON VAPING EPIDEMIC AND NEGATIVE HEALTH OUTCOMES – UTAH (2020)

This project aims to educate 125+ Utah Family physicians on the current e-cigarette youth use epidemic and recent outbreak of EVALI. In partnership with local departments of public health, family physician practices, Utah family medicine residencies and medical schools, we will present the 2020 evidence-based CME video/lecture series "The Crossroads of Vaping and Healthcare: How Providers Can Address a National Epidemic" to physicians in a minimum of 3 settings by January2021. Physicians, residents and students will benefit from education on this public health topic of interest, have access to CME credits at no cost, and have opportunities to engage with other family physicians and local health department staff in a casual friendly setting amenable to networking. The UAFP will work with local departments of health to set up the 1-hour talk, we will provide food, advertise, and set a goal of 125+ total participants at times amenable to the practices or educational partners. Family physicians will benefit from education and engagement with one another, the chapter and public health partners.

#### COVID-19 Self-Directed Clinical Pilot Campaign - Ohio (2021)

The Ohio Academy of Family Physicians (OAFP) aims to build a communications campaign encouraging practicing family physicians and family medicine residents to document, deploy, and claim valuable credit for their practice-based COVID-19 work using the American Board of Family Medicine's (ABFM) COVID-19 Self-Directed Clinical Pathway pilot project.

#### EASYPI – Оню (2022)

The Ohio Academy of Family Physicians (OAFP) plans to create EasyPI, a peer-reviewed curated collection of online educational resources, to support family physicians in completing a performance improvement (PI) project in practice and receive credit for the work they do. EasyPI will guide physicians through the process of evaluating background information for a specific condition, determining how this information should drive patient care, and implementing team-based practice change to improve patient outcomes. Family physicians who engage in EasyPI tracks will improve patient care, meet their PI certification requirements for the American Board of Family Medicine (ABFM), and obtain 20 continuing medical education credits.

#### HEALTH EQUITY CHAMPION PROGRAM - COLORADO (2022)

The Health Equity Champion Program will equip family physicians with the knowledge, tools, and resources to advance health equity on both an individual, organizational, and system-wide level. The Health Equity Champion Program will provide: 1) An intensive 3-month Health Equity Champion program for members to opt-in and complete curated content and reflections that result in a certificate and up to an estimated 15 Continuing Medical Education (CME) credits and 2) A resource database of categorized health equity materials that are available for members only on our website that can be accessed at any time. The Health Equity Champion program will provide a tangible offering for members to learn and dig more deeply into the principles of anti-racism and tools, skills, and strategies to achieve health equity for patients and communities. The program will enable members to engage in a self-paced curriculum over three months. While members' learning is self-directed, they will be connected through cohorts of approximately seven to ten fellow family physicians with monthly discussion opportunities. Two successive cohorts will be recruited between Summer 2022 and Spring 2023.

#### PUBLIC HEALTH BOOT CAMP - KANSAS (2021)

When the COVID-19 pandemic many members were thrust into the most important public health roles of their careers. They pulled from the basic public health education they received during their training to become physicians but also had so much more to learn. Many leaned on their peers through the Academy to navigate through this ever-evolving and difficult situation. In March 2020 KAFP learned that 43% of the public health officers and/or medical consultants appointed across the 105 counties in the state were members. With the greater need for public health education due to the COVID-19 pandemic, KAFP-Foundation desires to develop a Public Health Boot Camp for members to provide well-rounded education on the various ways family physicians can serve their communities through public health, advocacy, grassroots efforts, and Academy engagement.

#### STATE MANDATED CME WEBINAR SERIES – IOWA (2019)

The lowa Board of Medicine amended the lowa Administrative Code 653 Chapter 11, requiring physicians to complete two hours of continuing medical education on chronic pain management and two hours of education on end of life care every five years. This weniar series proposes education programs to help family physicians and other primary care physicians in lowa to meet these requirements.

# LEADERSHIP

#### **2021 FAMILY MEDICINE LEADERSHIP EXPERIENCE** – TEXAS (2020)

With the consolidation of practices into larger groups and systems and the fundamental changes occurring in health care delivery, we need family physicians to be prepared to lead now more than ever. We believe that most family physicians have the traits and abilities to be excellent leaders and with some training can reach their full potential to be the leaders the specialty needs. While there are avenues for physicians to pursue skills training, TAFP decided to develop a robust program to be part of the solution. The program, which consists of four sessions, helps them improve their skills in persuasive communication, conflict resolution, negotiation, public speaking, and media training.

#### FINANCIAL RESOURCES FOR LEADERSHIP PATHWAYS – SOUTH DAKOTA (2020)

In order to develop more leadership within our academy there are three meetings that we would like to be able to send more representation to: NCCL, AAFP FMAS and AAFP COD. We need to better engage our leaders and future leaders. In an article published by the AAFP Dr. Yushu Jack Chou, MD, FAAFP noted family physicians are well suited for leadership roles because they solve problems and provide guidance to their patients every day. The AAFP's policy on leadership development notes that family physicians' training emphasizes communication skills, interdisciplinary teamwork, and systems-based approaches, all of which are valuable assets for a leader. He goes onto say it's important for physicians to be mindful of their responsibility to shape the health and welfare of their communities, as well as to advocate for health care solutions at local, state, national, and even international levels. Stepping into a leadership role—whether full-time, part-time, or on the side—can help fulfill that mission, giving you a chance to make a meaningful difference. We feel that if we could provide funding for travel and expenses that we would better be able to utilize the meetings and events for leadership that the AAFP offers.

#### **GROWING FAMILY PHYSICIAN LEADERSHIP** – MASSACHUSETTS (2018)

This opportunity is open to all members, residents and students who are encouraged to partake in all parts of the program: 1) a leadership development series in the MassAFP newsletter, 2) a leadership development toolkit on the MassAFP website, and 3) a leadership development educational track at the annual Spring Refresher CME meeting.

#### LEADERSHIP MENTOR PROGRAM – New York (2022)

The NYSAFP seeks to create a Leadership Mentor Program (LMP). This scope of this program is intended to service practicing NYS family physicians by providing 1:1 mentorship and coaching from members of NYSAFP's executive council and committees. The program will be applied as a formal mentorship with program activities, expectations, and evaluation of both mentor and mentee. The LMP will run over the course of one calendar year beginning in August 2022. Major milestones will include creation of a mentor toolkit; creation of enduring online resource (library) recruitment and pairing of mentee/mentors; deployment of didactic series/sessions; and iterative program evaluation.

# LEGAL SUPPORT

#### **OPENING A PRACTICE: SUPPORTING THE INDEPENDENT FAMILY PHYSICIAN** – GEORGIA

#### (2018)

Georgia AFP will give new-to-practice physicians and family medicine residents who plan to open their own independent practice in Georgia the opportunity to learn about starting a small practice; give them financial support to achieve this goal; and connect them with legal resources to become a small business owner.

# MEMBER RETENTION

#### **VALUE-DRIVEN ENGAGEMENT FOR NEW-TO-PRACTICE MEMBERS** – MINNESOTA (2018)

When MNAFP realized they didn't have offerings for New-to-Practice (NTP) members they sent out a survey to identify needs. Guided by the survey, MNAFP is engaging NTP members via: three emails; a Virtual Summit; and two education/networking events. Each of these initiatives focuses on NTP-identified priority topics and content.

# **MENTAL HEALTH**

#### MENTAL HEALTH FIRST AID TRAINING IN FAMILY MEDICINE - ILLINOIS (2019)

The Mental Health First Aid training project aims to measurably improve the mental health treatment (screening, diagnosis and management) by training family medicine physicians to be first active, knowledgeable responders to patients needing mental health services. Through this grant opportunity, Illinois Academy of Family Physicians (IAFP) will invite and provide ongoing support for family medicine physicians and healthcare professional staff to become certified in Mental Health First Aid.

# **PHYSICIAN WELLNESS**

#### **EMBRACING WELLNESS – PHYSICIAN HEALTH IS PRIMARY** – NEBRASKA (2017)

The Nebraska AFP Physician Health & Wellness campaign series supports a nationally-renowned wellness speaker at the NAFP Annual Spring and Fall meetings and provides members with quarterly wellness messaging.

#### **PHYSICIAN WELLNESS CONFERENCE: HOW TO HEAL THE HEALER** – OKLAHOMA (2018)

This one-day wellness conference will be held in conjunction with the Oklahoma AFP's annual meeting. The conference provides skills to manage change in healthcare workers' personal and professional lives and creates an opportunity to exchange ideas and develop positive methods of re-engineering healthcare work settings to promote professional satisfaction, well-being, personal growth, and sense of purpose.

#### **OAFP WELLNESS WEEK** – OHIO (2021)

While navigating the hardships of the last year, family physicians have continued to serve their patients and communities, often times putting their own comfort to the side. In an effort to counter this, the OAFP will lean into its strategic priority "to bring the joy back to family medicine," and provide a week full of joy, delivered directly to each member. Beginning each day during Wellness Week, family physicians, residents, and medical student members will receive an email filled with resources, tools, articles, videos, tips, activities, challenges, and more on topics that are related to a daily wellness theme. These daily emails will pack a punch and each will end with a call to action that members can engage in immediately or revisit when they have time and space to do so.

#### WELLNESS WEDNESDAYS – OHIO (2018)

OAFP's structured, bi-monthly webinar series focuses on the joy of medicine. The free series, presented on a Wednesday over the typical lunch hour, is facilitated by a licensed Professional Clinical Counselor. Discussion topics for 2018 include meditation, mindfulness, nutrition, and the power of vulnerability to combating isolation. In 2019 topics include amplifying joy when social determinants are harnessed, building meaningful community connections, and team-based strategies for a healthy work environment.

# **PREVENTIVE SERVICES**

#### **OPTIMIZING PATIENT CARE BY CHOOSING WISELY® INITIATIVE** – ILLINOIS (2017)

The Illinois AFP developed a series of physician education and training activities on the Choosing Wisely<sup>®</sup> concepts endorsed by the AAFP. Primary care and subspecialty medical associations were convened to outline how clinical policy and best practices could better align with Choosing Wisely Recommendations. Using this information, IAFP will distribute a CME newsletter and update/manage their Choosing Wisely<sup>®</sup> webpage that includes resources, physician tools, and links to online education/training CME.

# **QUALITY IMPROVEMENT**

#### QUALITY IMPROVEMENT SUMMIT – OHIO (2017)

Seventy primary care teams were given the chance to customize a practice-based, QI process by self-selecting a pathway from one of four topic tracks that included cervical and breast cancer, hypertension, and diabetes. Working closely with OAFP, the Ohio Department of Health, the American Cancer Society, and the Ohio Association of Community Health Centers, participating practices will: measurably improve patient care; earn AAFP Performance Improvement in Practice credit; and satisfy a performance requirement for ongoing certification from the American Board of Family Medicine for their participation.

# REIMBURSEMENT

#### THRIVE - CODING & REIMBURSEMENT PRACTICE IMPROVEMENT PROJECT 2020 -

#### GEORGIA (2019)

The Georgia Academy of Family Physicians is launching a new, innovative practice transformation project that focuses on helping independent family medicine practices improve patient care by identifying under-used codes and procedures. Proper coding has a significant clinical impact as it helps to identify high-risk patients. Disease patterns in societies are analyzed using diagnosis codes which translate into national-regional health and death statistics.

# ULTRASOUND

#### **POINT OF CARE ULTRASOUND WORKSHOP** – SOUTH DAKOTA (2018)

Point-of-care ultrasonography improves health care through enhanced procedural efficacy, decreased complications, and reduced pain and suffering. Available at the SDAFP annual meeting, this CME provides hands-on training with a skilled clinician.

# WORKSHOP

#### **ADVANCE LIFE SUPPORT IN OBSTETRICS** – SOUTH DAKOTA (2020)

Advanced Life Support in Obstetrics (ALSO) is an evidence-based, inter-professional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach amongst physicians, residents, nurse midwives, registered nurses and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

#### **DERMOSCOPY WORKSHOP FOR FAMILY MEDICINE PHYSICIANS** – ALASKA (2019)

The potential impact of AKAFP's *Dermoscopy Workshop for Family Medicine* project is improved service offered by family physicians that reduces unnecessary referrals and lab time and saves patients countless weeks and months of unnecessary worry. Dermoscopy is a noninvasive in vivo imaging technique and diagnostic aid for skin cancer detection. The handheld dermoscope facilitates the visualization of subsurface skin structures that are not visible to the unaided eye.

#### **DERMOSCOPY WORKSHOP FOR FAMILY MEDICINE PHYSICIANS** – SOUTH DAKOTA (2019)

The potential impact of SDAFP's *Dermoscopy Workshop for Family Medicine* project is improved service offered by family physicians that reduces unnecessary referrals and lab time and saves patients countless weeks and months of unnecessary worry. Dermoscopy is a noninvasive in vivo imaging technique and diagnostic aid for skin cancer detection. The handheld dermoscope facilitates the visualization of subsurface skin structures that are not visible to the unaided eye.

# **PUBLIC HEALTH PROJECTS**

# **HEALTHY LIVING**

#### CLEAN CLOTHES TO HELP STUDENTS STAY IN SCHOOL - UTAH (2020)

Clean Clothes to Help Students Stay in School is a program aimed to provide new clothing to at risk students in order to help increase attendance and subsequently academic performance. Midvale Elementary School has only 45% of their 720 students with "on-track" attendance records. We have identified access to new/clean clothing as a barrier to student attendance. Through donation of FMPC Grant and clothing/financial donation of local donors we look to eliminate this barrier. Our proposal is to provide students, identified by the school as being 'at risk' (defined as children of poverty-stricken families and those who do not have access to new/clean clothing), with new clothing and laundry detergent. Studies have shown the link between clothing access and school attendance, furthermore links between attendance and academic performance have been well documented.

# **FOOD IS MEDICINE OUTREACH THROUGH HEALTHY COOKING CLASSES** – *ILLINOIS (2019, 2020)*

The Food Is Medicine project aims to provide outreach to and support for Illinois food pantries co-located in medical clinics, provide awareness to healthcare professionals and community stakeholders about the role of Food Is Medicine to decrease disparities in health and to establish a model of offering healthy cooking classes to patients in an underserved areas. The project supports the delivery of cooking classes at a clinic in Chicago, creating a model for replication, and disseminates awareness about Food Is Medicine across the state, enabling more medical clinics to teach cooking classes in conjunction with providing healthy foods for patients in underserved areas.

#### **GEORGIA TAR WARS REGIONAL STRIKE FORCE PROJECT** – GEORGIA (2022)

Presented in four Strike Force regions across Georgia (see map attachment), Tar Wars is an effective and interactive curriculum that has evolved to educate the next generation of Georgians, beginning at the fourth- and fifth-grade level, on the dangers of tobacco, Hookah, and vaping/ e-cigarettes. Each Tar Wars classroom kit contains a presenter program guide, a flash drive pre-loaded with the Tar Wars curriculum, copies of parent information sheets are sent home with students to foster family discussions, tobacco/vaping advertising examples, pre-and post-presentation surveys, poster contest guidelines and individually wrapped drinking straws to demonstrate the decreased lung capacity long-term smokers/vapers experience. The class kits also contain art supplies for students to participate in the statewide poster contest including poster board and markers. There is no cost to schools for the supplies or curriculum and many times a small school stipend is awarded to assist with follow-up education.

#### HEALTH AND WELLNESS EDUCATIONAL SERIES – LOUISIANA (2017, 2018)

The LAFP Foundation, Baton Rouge General Family Medicine Residency Program (BRGMC-FMRP), *I CARE* Program staff, and the Capitol Middle School formed a partnership to provide prevention education to students in the areas of alcohol, tobacco, other drugs, violence, crisis response, and management. BRGMC-FMRP residents and faculty serve as a resource to improve students' knowledge of a healthy lifestyle by offering presentations to 7th graders enrolled at Capitol Middle School. Video snippets of these presentations allow faculty within the school system to promote healthy lifestyles to their students, too.

#### HELPING HANDS ACROSS GEORGIA – GEORGIA (2017, 2018, 2020)

FMPC funding supports Family Medicine resident and/or medical student projects. Since 2012, Georgia Healthy Family Alliance has been awarding seed grants to GAFP members through the "Helping Hands across Georgia Project." Partnering with indigent care clinics where GAFP members, residents, and medical students are volunteering makes it possible to offer resources and program materials to educate patients on prevalent prevention and health issues. In 2019, one or more resident seed grants will be awarded to develop projects that address: care closets/weekend cooler bags for students who lack basic needs; chronic disease management; obesity prevention; and women's health services.

#### HEALTHY CONVERSATIONS ON CANNABIS - ILLINOIS (2020, 2021)

Through this project, the Illinois Academy of Family Physicians Foundation (IL AFP) intends to empower providers and patients with evidenced-based education and awareness on cannabis use. Now that cannabis is legal in Illinois, physicians should routinely ask about cannabis use and provide health facts. The negative effects on healthcare is concerning; Illinois physicians need clear, concise, evidence-based information to support their discussions with patients on cannabis use and making healthy lifestyle choices. The overall goal of this project is to have Family Medicine physicians become more aware of and comfortable with discussing cannabis use with adult and adolescent patients, and to spread the message about making healthy lifestyle choices.

#### MENTAL HEALTH FIRST AID FOR A HEALTHY FUTURE - ILLINOIS (2021)

Through this project, the Illinois Academy of Family Physicians Foundation (IL AFP) intends to empower providers and patients with evidence-based education and awareness on the importance of Mental Health First Aid. The project aims to measurably improve mental health treatment (screening, diagnosis, and management) by training family medicine physicians to be active, knowledgeable responders to patients, co-workers, and family members needing mental health services. Mental Health First Aid teaches how to identify, understand and respond to signs of mental illnesses and substance use disorders. The overall goal of this project is to have Family Medicine physicians (and residents) become more aware of and comfortable addressing mental health and substance use issues.

# **STOP & THINK: PREVENTING MARIJUANA USE IN COLORADO YOUTH** – COLORADO (2017, 2018)

Stop & Think educates youth about potential dangers of marijuana use and teaches responsible behavior around marijuana products. This curriculum for 4<sup>th</sup>- and 5<sup>th</sup>-grade classrooms was developed in 2017-2018 under the guidance of CAFP with input from its members and public health leaders. An event at the Colorado AFP Annual Summit educates members about the curriculum and its messages; engages physicians to visit their local schools to present; and helps physicians learn more about talking to parents and youth regarding marijuana.

#### SUGAR WARS - CAMPAIGN FOR ADDRESSING OBESITY - ILLINOIS (2018)

Sugar Wars patient awareness campaign focuses on eating choices and lifestyle habits and includes positive messaging to patients. Materials produced will include a video/slide deck for use in physician offices; PDF infographic; a public service announcement to levy a social media campaign; and online enduring CME offered through a webinar.

#### **URGENT COVID RELIEF GRANTS FOR OUR PATIENTS** – GEORGIA (2021)

Because Family Physicians are on the front lines of health challenges facing their communities, GHFA launched the Urgent Relief Grants for Our Patients program last March in response to the COVID-19 outbreak in Georgia. The program provides up to \$1,000 micro-grants to a member's identified needs among their patients including prescription assistance for homebound senior citizens, lunch delivery for vulnerable children who no longer have access to school meals, PPE for charitable care clinics, childcare for first responders and sanitizer distribution for the homeless community.

## **IMMUNIZATION**

#### LET'S GET IMMUNIZED NY - NEW YORK (2021)

*Let's Get Immunized NY* is a communications campaign to strengthen public health education and policy related to immunizations in New York State and encourage New Yorkers to get their recommended vaccines. The Campaign will work to increase awareness of the public health benefits of vaccination, and address health disparities with vaccine access, especially in medically underserved areas and communities with low immunization rates. Campaign efforts will focus on individual and community health, preventative care, and encouraging New Yorkers to receive all recommended vaccines.

#### **MISSOURI IMMUNIZATION COALITION** – MISSOURI (2019)

The Missouri Academy of Family Physicians and the Missouri Chapter of the American Academy of Pediatrics are organizing this effort to reach all Missourians across the age span to be immunized, or keep up on their immunizations. This grant is requesting funds to create a website presence which includes hiring an intern to develop

content, and selecting a company to host the website. The initial site will be straightforward with the intention to expand it once the MIC is further established.

# **MEDICAL HOME**

#### **CLOSING THE GAP WITH APPLICATION-BASED PHYSICAL THERAPY** – DC (2021)

Limber Health is offering their personalized at-home physical therapy program, free of charge, to all Unity Health Care patients. This partnership between Unity Health Care and Limber Health has provided a unique opportunity to bridge a gap in access to care and health disparities, via a digital application-based physical therapy platform accessible by smartphone or tablet. Per the National Center for Health Statistics, 1 in 2 adults suffer from MSK pain each year, however, less than 12% of adults with MSK pain will attend physical therapy. In addition to this data, patients of Federally Qualified Health Centers (FQHC) face a variety of barriers to care and are known to present late to care. A majority of the patient population holds occupations requiring repetitive manual labor, faces financial responsibilities preventing time off, and often have limited health literacy. The pandemic has only exacerbated these barriers as patients fear attending in-person medical visits, including physical therapy. Access to Limber Health will allow us to provide more comprehensive care to our FQHC patients. Our goal is to explore how the social determinants of health impact our patient population, specifically DC wards 7 & 8, in their initial presenting PROMIS pain score, their adherence to an 8-week at-home physical therapy program, and their rehabilitation outcomes.

#### NO MORE SLEEPING ON THE FLOOR - SOUTH DAKOTA (2021)

We fully believe that a bed is a basic need for the proper physical, emotional, and mental support that a child needs. All children deserve a safe, comfortable place to lay their heads. All across the U.S., too many boys and girls go without a bed - or even a pillow - to sleep on. These children end up sleeping on couches, blankets, and even floors. This can affect their happiness and health. We would like to have our members, active students, and residents host 3 separate build days for Sleep in Heavenly Peace in their communities. Sleep in Heavenly Peace is a national organization with local volunteer chapters that raise money and bring volunteers together to build beds for children who currently do not have their own bed.

#### **ON CALL WITH A PRAIRIE DOC** – SOUTH DAKOTA (2017, 2018)

The one-hour live television program on South Dakota Public Broadcasting (SDPB) discusses relevant medical issues and answer questions from callers. The SDAFP and SDAPF Foundation underwrite four, one-hour "On Call with the Prairie Doc" episodes to ensure family medicine topics reach South Dakota families. In addition, SDAFP offers short clips to members on the SDAFP web page and Facebook.

#### PRIMARY CARE BEYOND CLINIC WALLS – OREGON (2022)

Our goal is to increase cross-sector relationships between Local Public Health agencies (LPH), Community Based Organizations (CBOs), the formal health care delivery system, and communities they serve through a program that develops provider expertise, capacity, and understanding when working with these sectors. This aim is to build a solid, enduring infrastructure (over time) that allows each sector to serve the public with respect, understanding, effectiveness, and efficiency.

#### **REDUCTION OF FINANCIAL BURDEN OF SCHOOL LUNCH PROGRAM** – UTAH (2017)

The Utah AFP supported the non-profit organization *Utahns Against Hunger* by providing funding for a paid intern to collect and analyze bad debt and best practices from school lunch program data submitted by 41 school districts across Utah. *Utahns Against Hunger* is a non-profit organization helps shape public policy related to food and nutrition programs.

#### Use Your Head! Helmets from Students 2 Kids – Kansas (2017)

As part of the six-week rural externship through the KAFP Rural Family Medicine & Research Program, 40 rising M2 medical students will expand their externship activities by providing a community education presentation about bike safety and helmets and distributing a bike helmet to all children who participate.

# **PAYMENT REFORM**

#### **PRIMARY CARE INVESTMENT INITIATIVE** – COLORADO (2018)

A report commissioned by the Colorado AFP in Summer 2018 analyzed current spending on primary care by Colorado health insurers through fee-for-service (FFS) payments. Primary Care Investment Initiative (PCII) is an expanded analysis of primary care spending that includes non-FFS payments by public and commercial health plans, such as per member per month and quality-based payments. The report will be useful to the collaborative of providers, payers and consumers regarding how primary care investments are allocated and gaps in current payment reforms that must be filled to improve these investments.

# WEBINAR TRAINING

#### BRING CALS TO ALASKA – ALASKA (2020)

The Alaska Academy of Family Physicians, along with a wide variety of partners is working to bring the Comprehensive Advanced Life Support (CALS) course to Alaska. Because of the rural nature of Alaska, it is virtually impossible to send full teams from remote areas to MN, WI, MO or Maine where CALS currently offers their courses. We had a family physician attend a course in 2019 in Wisconsin. Upon his return he immediately contacted the AKAFP office and relayed how great and necessary this training was and how important it could be for the rural and remote areas of Alaska. We immediately set up communication with the CALS office in MN to see what we needed to do to bring this training to AK. Within two weeks of his return the physician witnessed an airplane crash and was a first responder. He said he would not have been prepared if he had not just attended that course. He learned critical skills that helped him offer services to people who were badly injured. It strengthened our resolve to bring the course to AK. We have been working with many AK entities to provide a full week of training that would allow us to not only provide the much needed course to 48 providers in AK, but also train physicians and other health care providers to teach the course in Alaska. In training Alaska providers to teach the course it will allow us to offer this to teams in some of the most remote places in Alaska at a much lower cost.

#### THE CANCER CORNER – IOWA (2019)

The lowa Academy of Family Physicians would like to produce a multi-faceted educational tool called The Cancer Corner. Through the Cancer Corner, physician members and their staff will be able to access pertinent cancer-related information to help them in their practice. The Cancer Corner will be located on the IAFP website and will feature ondemand webinars along with cancer related toolkits that can be used for their practice. These ondemandwebinars will also feature free CME to members for participating. The idea behind the Cancer Corner is to streamline the process to receive and gather cancer-related information for family physicians.

# **STUDENT AND/OR RESIDENT PROJECTS**

### **BUILDING THE FAMILY MEDICINE PIPELINE**

#### **2021 VAFP Scholarly Symposium** – Virginia (2021)

The 2021 VAFP Scholarly Symposium is slated for the fall of 2021 and will be the second year that the VAFP is hosting this event. The inaugural event was held virtually in November 2020 and included 23 resident and medical student presenters. We hope to double that number in 2021 with a planned in-person event. Applications are due in September 2021 and submission of posters and/or oral presentations no later than November 1, 2021. The event will take place on November 6, 2021. This project was a result of a request from Virginia Residency Programs to establish a regional scholarly symposium that would satisfy the ACGME requirements for scholarly work. The VAFP was very interested in hosting the event to promote resident and medical student member interest in the organization, promote future practice of family medicine in the Commonwealth and to identify residents and medical students that could be future leaders in the VAFP.

#### **BUILDING A STUDENT PIPELINE** – SOUTH DAKOTA (2022)

Providing the opportunity for SD students to enhance their clinical, leadership, and social skills is an important part of our mission and their education. The SDAFP would like to provide a total of 14 student travel scholarships, in 2022-2023, to attend the: AAFP National Conference (NC), Family Medicine Midwest Conference (FMM Conference), or the SDAFP Winter Seminar.

#### FACES IN FAMILY MEDICINE - KANSAS (2017)

Working with local FMIG's and Regents University pre-med clubs, eligible applicants are identified: students in their first and second years of medical school (primary audience), and pre-med students in their junior and senior years of undergraduate studies (secondary audience). Participants are highlighted throughout the year to share success stories of "Faces in Family Medicine." This program began in 2010.

#### FAMILY MEDICINE STUDENT PIPELINE – ALASKA (2020)

According to the Graham Center report for Alaska Projecting Primary Care Physician Workforce, the Primary care physicians (PCP) workforce shortages challenge the long term viability of U.S. primary care, a foundation of the Triple Aim for U.S. health care. The Triple Aim envisions primary care as an integrating component working across its three goals of improving the quality of care, improving health of populations, and reducing per capita health care costs. 1 Studies of the future need for primary care providers indicate that demographic and policy trends will only strain a workforce already struggling to meet national needs.2 Other analyses document geographic maldistribution of PCPs, within states as well as across states. 3 Addressing both physician shortages and maldistribution requires analysis and action on the state level.

#### FAMILY MEDICINE MENTOR CONNECTION – ILLINOIS (2017, 2018, 2020)

The goal Family Medicine Mentor Connection program is to unite medical students with a dedicated mentor (IL AFP practicing physician) who can provide them with a variety of tangible family medicine exposures, positive mentoring and variety of interactions showcasing the specialty of family medicine.

This type of student mentoring program has been successfully accomplished by other AFP Chapters and Illinois AFP wishes to enhance and extend this opportunity to students and physicians throughout Illinois. With eight medical schools and 31 residencies, Illinois has a somewhat complicated and disparate education/training landscape. Through this coordinated effort, we hope to continue connecting medical students with the valuable opportunities in Family Medicine.

#### HOSA MAKES ME WANT TO MOVE – ALASKA (2021); SOUTH DAKOTA (2021)

Health Occupation Students of America is an organization that has 245,000 student members nationwide. HOSA is an international student-run organization recognized by the U.S. Department of Education and the Health Science Education (HSE) Division of ACTE. HOSA's two-fold mission is to promote career opportunities in the health care industry and to enhance the delivery of quality healthcare to all people. We want to offer our local HOSA Chapters the opportunity to create a project within their community to encourage people to get moving. Community involvement can also be a competitive event for HOSA Students so this will give them an idea and the funding to create an event. If they choose to use it as a community event, it is required that they raise funds during the event for a charity in their community, so we would encourage them to design their program with that in mind.

#### KEEPING PRIMARY CARE IN NJ CAMPAIGN - New JERSEY (2018)

The Keeping Primary Care in NJ website features interviews with primary care residents about their debt burden, interest rates and decision-making process for staying or leaving NJ. The goal is to:1) highlight issues related to medical school debt for family physicians; 2) explore the impact on debt burden as it relates to remaining in or coming to NJ to practice; and 3) advise state officials to leverage policy changes to protect their investment in medical education and training funding.

#### **MEDICAL STUDENTS SERVICE LEARNING & LEGISLATIVE PROJECTS** – SOUTH DAKOTA (2017)

This 2-day program began in 2013. On Day One first-year medical students provide a health fair for approximately 250 students at the Pierre Indian Learning Center and tour the Women's Prison in Pierre. On Day Two, students gather at the State Capitol with physicians and state officials for activities that inform students about leadership in state government and provide first-hand experience in advocating for healthcare issues important to Family Medicine.

#### ON THE ROAD - CALIFORNIA (2017, 2018)

The California AFP is 'on the road' attending four FMIG events; Match Day activities at two campuses; visits to two local chapters; and stopovers at six residency programs (one in each region). On the Road provides a means of contextualizing the chapter's work, bridging a divide between the CAFP office and the realities of family medicine practice, and building relationships with students, residents, faculty, and other members.

# **PROVIDE MEDICAL STUDENTS OPPORTUNITIES: BUILD THE FM PIPELINE** – SOUTH DAKOTA

#### (2019)

Family The SDAFP would like to provide a total of 14 student travel scholarships, in 2020, to attend the: AAFP National Conference (NC), Family Medicine Midwest Conference (FMM Conference) or the SDAFP Winter Seminar We are requesting FMPC support to provide funding for a portion of these travel scholarships. SDAFP wants to support activities that enhance the educational preparation and training of prospective family physicians. The SDAFP feel that exposing medical students to these types of events will strengthen their desire to pursue family medicine as their career choice.

#### **STUDENT ACADEMY AMBASSADOR PROGRAM** – MISSISSIPPI (2017)

Academy Ambassadors are medical students who assist the Mississippi AFP at their Annual Meeting and serve as MAFP champions for Family Medicine on their campus.

#### **TRANSITION TO PRACTICE** – MISSOURI (2018)

This two-day interactive conference provides practical tools to assist third- and fourth-year medical students, and Family Medicine residents step into the next phase of their career. Activities include career recruiters, residency programs recruiters, and a "how to" session for applying and interviewing for their next step. Transition Conference attendees continue their learning at the MAFP Annual Fall Conference and meet for a follow-up assessment and to plan for the next year's conference.

# CURRICULUM

#### 2019-2020 Resident Roadshow – Helping w/ scholarly Activity and

#### **DETERMINING THEIR FUTURE** – CONNECTICUT (2018, 2019)

Residents are often overworked and stressed about finishing their training and do not plan their future postresidency. We have learned that with the focus on scholarly activity, travel and interviewing that many Residents are feeling overwhelmed. Our goal is to reach all Residents in the four Family Medicine Residency programs in the state with a Road Show.

#### **ABFM CERTIFICATION FOR RESIDENTS** – OHIO (2020)

The purpose of the "ABFM Certification for Residents" initiative is to provide up-to-date information and specified assistance to Ohio Academy of Family Physician (OAFP) resident members who are entering the American Board of Family Medicine (ABFM) Family Medicine Certification (FMC) process. This will be in an effort to help residents meet their board certification goals and requirements before sitting for the initial exam and to eliminate any misconceptions or myths regarding FMC overall. In addition, the activities planned for this initiative will also provide value to any new-to-practice member-diplomates navigating board certification for the first time on their own. The OAFP has a unique role to play in this initiative because many times it serves as first point of contact for ABFM questions from ABFM diplomates and board-eligible physicians who are OAFP members; considering the local level accessibility and connection.

#### **ADVANCED PROCEDURES WORKSHOP FOR FAMILY MEDICINE RESIDENTS** – CALIFORNIA

#### (2022)

The CAFP Foundation will launch the Advanced Procedures Workshop for Family Medicine Residents in partnership with CAFP's Student-Resident Council and Residency Network. Participating residents will have the opportunity to further learn and practice office-based procedures that family physicians perform daily, including Point of Care Ultrasound, Colposcopy/Endometrial Biopsy, IUD Placement, Dermatology Biopsies, and Toenail Removal. This program would build on the very successful CAFP Southern California Procedures Workshop for medical students.

#### BEYOND CLINICAL & CURRICULUM: 2021 FAMILY MEDICINE RESIDENT CONFERENCE -

#### Міснідан (2019, 2020)

Family Medicine Foundation of Michigan's Student & Resident Education Committee designed this conference to fill the gap in residents' "business of medicine" education. As explained by residency directors and faculty on the committee, little time is devoted in residency curriculum to help residents understand the employment contract and teach them how to negotiate their contract, prepare for their first job interviews, and make sound financial planning decisions. This conference includes sessions on those topics and a panel discussion featuring seasoned family physicians who talk about the wide variety of settings in which they have practiced during their careers, as well as the benefits of Academy membership and engagement. Plus, exhibitors and recruiters are invited to connect with rising new physicians who are beginning their job search.

#### **IMPLEMENTING A POINT-OF-CARE ULTRASOUND CURRICULUM** – DISTRICT OF COLUMBIA (2019)

The aim of our project is to introduce point-of-care ultrasound (POCUS) in family medicine residency training. With the American Academy of Family Physicians (AAFP) publishing a POCUS Curriculum Guideline for residencies, it is imperative to equip our faculty and residents to receive training to provide POCUS services to patients and further educate future physicians in POCUS. We will achieve our aim by initially training three faculty champions and two resident champions in POCUS and then spreading knowledge.

#### LATEX TO LARYNGOSCOPY – KANSAS (2021)

KAFP-F hosts a "Meet the Leadership" discussion for the students with KAFP/AAFP leaders to promote Academy membership and a hands-on workshop training known as "Latex to Laryngoscopy" (L2L). L2L consists of five workshops: sterile technique, suture, EKG reading, delivery (using an obstetrics model), and laryngoscope insertion using video intubation tools. Historically this training has been held in conjunction with KAFP's annual in-person CME conference. Due to COVID-19, KAFP-F and KUMC have had to re-work the production of the orientation due to the cancelation of the in-person conference. Additionally, with the pandemic, there is a need for enhanced sterile technique training with an emphasis on proper don and doffing of PPE. KAFP-F will expand the education for this workshop.

#### **LEADING INNOVATIONS IN PATIENT CARE** – *MINNESOTA* (2019)

This program engages students and residents in deepening their understanding of family medicine while exploring innovative approaches to improving patient care. Medical school curricula and residency training are focused on basic science, clinical care, clerkship rotations, and practice management leaving little room to explore innovations in patient care. This program seeks to fill that gap for students and resident interested in innovation.

#### A PRACTICAL PATHWAY TO PRACTICE – Utah (2021)

We will develop an in-depth CME presentation for 3<sup>rd</sup>-year residents that covers everything they need to know to start their first employment including reading/understanding/negotiating employment contracts, practical aspects of working in a practice, billing/insurance, financial planning, and loan repayment, etc.

#### **RESEARCH PROJECTS FOR MEDICAL STUDENTS** – ALASKA (2020)

The Western Students and Resident Medical Research Forum is designed with a special focus on medical students and residents. Their goal is to provide learners an opportunity to demonstrate ownership of their medical research via presentation and defense of their research in a formal yet relaxing environment where they can be supported by faculty and fellow residents and students. We believe WSMRF provides a unique opportunity for learners to explore the world of medical research and academia - inspiring the next generation of physician-scientists. The WAMMI Medical Students who attend the University of Alaska in Anchorage do a research poster project or community service project between their first and second year of medical school. They present their work at a Medical Student Poster Session, in October of each year, in Anchorage. This celebration of scholarly work includes hypothesis-driven research, literature reviews, Rural Underserved Opportunities Program (RUOP), and Global Health Immersion Programs (GHIP) projects. In addition to presenting their work at their regional sites, six Alaska WWAMI students, representing UWSOM, will be encouraged to present at the annual Western Student and Resident Medical Research Forum (WSMRF) in Carmel, CA. Student and resident presenters are fully integrated into sub-specialty sessions moderated by faculty from academic medical centers in the western region. All accepted student and resident abstracts are published in The Journal of Investigative Medicine. In recent years, WSMRF has evolved to become the largest faculty-

mentored student and resident research meeting in the U.S., with over 450 abstracts presented by students, residents, and faculty each year.

#### **RURAL TRACK STUDENT MED KIT** – UTAH (2022)

With two new medical schools (3 total) and a critical need for rural physicians, our goal is to increase the interest and opportunities for working in rural areas. As part of this goal, each school has or is creating a rural track training opportunity for up to 20 students per school. This track provides in-area rural training with local physicians, clinics, and hospitals, to give students rural experience. Our project is to give each rural track student a small easily packable, medical kit. The kit will include a suture practice kit, a Sam's splint, Ace bandage, gauze wraps and pads, and a foldable clipboard with primary care information.

#### **TRANSITION L2L STUDENT WORKSHOPS TO MED SCHOOL** – KANSAS (2022)

The Kansas-AFP saw a need to provide medical students with hands-on training in advance of their six-week summer rural externships, and thus "Latex to Laryngoscopy" (L2L) was born. L2L training is for students participating In the University of Kansas Med School's Summer Training Option for Rural Medicine (STORM) program. This training provides five workshops: sterile technique, suture, EKG reading, delivery (using an obstetrics model), and laryngoscope insertion using video intubation tools. And KAFP has worked hard to secure durable equipment and single-use supplies to make these workshops happen. Students report back that having this hands-on experience prior to their externships gives them critical skills that they utilize during their externships in rural family medicine clinics. With the onset of the pandemic, KAFP has had to get creative with our partnership with KUMC to support students enrolled in STORM. For the last two years we have had to rely more heavily on the campus to host the training as KAFP's annual CME event has been virtual in 2020 and 2021. Which means while KAFP provides the supplies, curriculum, and volunteers, KUMC has managed the on-site production of this training and found ways to integrate the workshops into their program orientation (as opposed to integrating their orientation with KAFP's CME event). With this FMPC grant request, KAFP seeks funding to prepare the L2L training to be fully handed over to KUMC to continue fully integrated with their STORM program.

# **EXTERNSHIPS, FELLOWSHIPS, INTERNSHIPS, PRECEPTORSHIPS**

#### **CAPTURING FM HISTORY WITH NARRATIVE SCRIBES** – OREGON (2022)

The OAFP is collecting "75 Stories for 75 Years" in 2022, to recognize this milestone anniversary for family medicine. This project seeks to pair medical and health professions students and/or family medicine residents with physicians to capture stories that reflect the passion, leadership, and expertise within family medicine. Students will be recruited through a workshop hosted by the Northwest Narrative Medicine Collaborative, and through outreach to Oregon's medical schools and residencies. They will interview physicians about how they entered the field of family medicine, who impacted their journey throughout their careers, and what experiences they have had that have influenced their practice and vision for the field. Students will record their findings and share them at the Oregon Academy of Family Physicians annual conference. This data will be recorded via audio and in print, with some supporting photography.

#### FAMILY MEDICINE MENTOR CONNECTION PROGRAM – ILLINOIS (2021, 2022)

The goal Family Medicine Mentor Connection program is to unite medical students with a dedicated mentor (IL AFP practicing physician) who can provide them with a variety of tangible family medicine exposures, positive mentoring, and variety of interactions showcasing the specialty of family medicine. This type of student mentoring program has been successfully accomplished by other AFP Chapters and Illinois AFP wishes to enhance and extend this opportunity to students and physicians throughout Illinois. With eight medical schools and 31 residencies, Illinois has a somewhat complicated and disparate education/training landscape. Through this coordinated effort, we hope to continue connecting medical students with valuable opportunities in Family Medicine.

# **INVESTING IN AN EQUITABLE HEALTHCARE FUTURE: FQHC/RURAL Externship** – *ILLINOIS* (2022)

The IAFP Foundation seeks funding to support four medical student summer externships that specifically address the needs of health equity and underserved rural issues in the State. These externship opportunities will immerse medical students into the solution-oriented world of Family Medicine while gaining invaluable hands-on experience in caring for and serving our communities in most need. Through these settings, students will gain experience in a clinical

setting, leadership development, workforce development, and advocacy and philanthropic activities. Through this grant proposal, a stipend for participating will be provided after completion, along with submission of evaluation and experience summary.

#### LEARNING TO CARE, ADVOCATE, & LEAD SUMMER EXTERN PROGRAM – WISCONSIN (2017)

This externship program allows students between their first and second year of medical school to spend eight weeks rotating between a clinical setting with a family physician preceptor and the WAFP/WAFP Foundation (WAFP-F) office. Focus areas in the office include leadership development, workforce development, advocacy education and philanthropic activities. The experience concludes with attendance at the AAFP National Conference where students serve as Delegate or Alternate Delegate to the Wisconsin state chapter and help lead other reception activities.

#### LEROY A. RODGERS, MD, PRECEPTORSHIP PROGRAM – OHIO (2017, 2018, 2020)

Each year the Leroy A. Rodgers, MD, Preceptorship Program funds stipends for 70 first- and second-year medical students' preceptorship rotations. Participants receive stipends of \$300/week for a four- to six-week educational rotation with a volunteer, community-based, family physician preceptor. Preceptor support will be expanded by creating an online toolkit of resources that will be shared with current preceptors and other AAFP chapters to support this effort nationwide.

#### **RESIDENT, STUDENT, PHYSICIAN ENGAGEMENT PROJECT** – ALASKA (2022)

This membership has an unusual demographic because of the rural nature of Alaska. It is difficult for the medical school to find preceptors for students and by simply encouraging a dialog with students, residents and physicians perhaps we can encourage more physicians to volunteer. COVID and being apart has not strengthened these relationships. I want to create relationships between the medical students, the residents, and the Family Medicine Physicians in Alaska so that perhaps more will consider precepting students. Major Milestones: Plan and implement a session for medical students, residents, and physicians to share time together in what is known as a World Cafe Meeting.

## LEADERSHIP

#### CHIEF RESIDENT WORKSHOP - OHIO (2018, 2019, 2020)

Ohio AFP's Chief Resident Workshop equips new chiefs with leadership tools needed to ensure a successful academic year. Discussion topics include a wellness component, techniques to resolve conflict, role-play scenarios, and innovative methods to motivate others to succeed.

#### **RESIDENT RESEARCH AWARD PROGRAM** – MINNESOTA (2021)

The purpose of the Resident Research Award Program is to make non-industry-supported research and scholarly activities more accessible to first, second-and third-year residents in Minnesota. The program's goals are to recognize and support residents in their pursuit of a research experience to learn research methods skills, develop leadership skills and improve patient care in the communities they serve. Residents identify a gap in patient care at their clinic, develop a research proposal and under the guided mentorship of a MAFP member and perform the research within two years of receiving the \$3,500 award.

#### **STUDENT AND RESIDENT LEADERSHIP CONFERENCE** – NEBRASKA (2022)

The NAFP Foundation Trustees want to engage and support student and resident members with a leadership development conference. Many of the seasoned active members remember what it was like to start their medical careers in new communities. Reflecting back, the active members would like to pay it forward and share what they have learned. Their hope is to provide leadership tools and tips to newer members. There is not enough time for educational training in medical school and residency to focus extensively on local leadership. It is important to equip students and residents with the training and pathways to get engaged and lead. This would be a one-day conference to develop leadership skills and hear from family physicians that have led in various practice settings. The NAFP Foundation is hoping to inspire and support a new generation of family physician leaders.

# **MEETING, NATIONAL**

#### NATIONAL CONFERENCE: SUPPORTING STUDENTS TO ATTEND - WISCONSIN (2017, 2018)

In collaboration with Wisconsin medical schools, the Wisconsin AFP coordinates recruitment and selection of 50 medical students who annually attend AAFP's National Conference (NC) and participate in corresponding activities sponsored by Wisconsin AFP. Students are tracked to determine whether those who participate in NC select Family Medicine and remain in Wisconsin for residency and practice.

#### **NEXT GEN AT NATIONAL CONFERENCE** – MINNESOTA (2019)

The *Next Gen at National Conference* program is designed to address the workforce shortage estimate from The Robert Graham Center that Minnesota will need an additional 1,187 primary care physicians (PCP) by 2030. This initiative also serves to advance our mission of promoting the specialty of family medicine by developing engaging and meaningful programs and experiences for the next generation of family physicians equipped to meet the healthcare needs of Minnesotans.

#### STUDENT TO NATIONAL CONFERENCE - ENGAGE, PROMOTE, DEVELOP FAMILY -

#### MASSACHUSETTS (2020)

The ultimate goal of this program is to increase the number of students who select Family Medicine (FM) as a specialty and career, and match in Family Medicine Residences in the state of Massachusetts. Projections for FM physicians in Massachusetts indicate a significant shortage and makes this a major area of focus for MassAFP and MassAFP-Foundation. One method to accomplish this goal is to provide students with the opportunity to attend National Conference (NC). We are requesting support for sending 20 students to National Conference. This program fits in with key components of the MassAFP Strategic Plan; increase engagement of new physicians, resident and students, promote Family Medicine to medical students. AAFP research incidates NC is a significant factor in students selecting Family Medicine. AAFP conducted a survey in 2012 to idendify activities that influence medical students' choice of specialty. Of the responses 72% indicated that visiting residency programs at the NC was the key influence in their choice.

#### STUDENT TO NATIONAL CONFERENCE – ENGAGE, PROMOTE, DEVELOP FAMILY

#### PHYSICIANS – MARYLAND (2019, 2020)

The ultimate goal of this program is to increase the number of students who select Family Medicine (FM) as a specialty and career, and match in Family Medicine Residencies in the state of Maryland. Projections for FM physicians in Maryland indicate a significant shortage and makes this a major area of focus for MDAFP and MDAFP-Foundation. One method to accomplish this goal is to provide students with the opportunity to attend National Conference (NC). We are requesting support for sending 20 students to National Conference.

#### STUDENT TO NATIONAL CONFERENCE – ENGAGE, PROMOTE, DEVELOP FAMILY

#### **PHYSICIANS** – Wisconsin (2019, 2020, 2022)

The ultimate goal of this program is to increase the number of students who select Family Medicine (FM) as a specialty and career. Projections for FM physicians in Wisconsin indicate a significant shortage and makes this a major area of focus for WAFP and WAFP-Foundation. One method to accomplish this goal is to provide students with the opportunity and resources to attend National Conference (NC). We are requesting support for sending fifty students to National Conference.

# **MEETING, REGIONAL**

#### **FAMILY MEDICINE MIDWEST CONFERENCE** – FM MIDWEST COLLABORATIVE (2017)

The Family Medicine Midwest (FMM) Conference is a three-day conference hosted by the 12-state FMM Collaborative that includes Illinois (organizing Chapter), Indiana, Iowa, Kansas, Kentucky, Michigan, Minnesota, Missouri, Nebraska, North Dakota, South Dakota, and Wisconsin. Between 2012-2016, there was a 64% (n=78) Match Rate into Family Medicine for graduates who attended an FFM Conference.

#### **FAMILY MEDICINE RESIDENTS JEOPARDY CHALLENGE** – FM MIDWEST COLLABORATIVE (2017)

The Jeopardy Challenge follows the Residency Fair at the Family Medicine Midwest Conference. It aims to attract, educate, and mentor future family physicians while keeping the process fun. A trophy (and bragging rights) are awarded to the winners.

## **MEETING, STATE**

#### **2021 VAFP Resident "LOUNGE"** – VIRGINIA (2021)

The 2021 Resident Lounge is an initiative proposed by the two resident members on the VAFP Board of Directors. The purpose is to engage monthly two residents from each of Virginia's twelve family medicine residency programs for a one-hour session that will be divided into two thirty-minute sessions – the first being a meet/greet/catch-up from the previous month and the second a focused topic presented by a practicing VAFP family physician member. Each resident will be reimbursed a \$20 per diem for each session they attend. The idea is for the \$20 to be used to purchase dinner for the residents in attendance. As many residents as are interested can be accommodated in the sessions, the per diem is just for the first two that register.

#### FAMILY MEDICINE STUDENTS & RESIDENTS STATE CONFERENCE – LOUISIANA (2017)

Since 2009, the Louisiana Academy has hosted a one-day annual conference to bring resident and student members together. It offers a consolidated agenda of educational sessions, workshops, and a recruitment fair with the state's ten Family Medicine residency programs, hospitals and clinics to provide networking opportunities.

#### FUTURE IN FAMILY MEDICINE SPRING FLING – MISSISSIPPI (2017, 2018)

Through MAFP's annual Spring Fling students and residents gain exposure to speakers, topics and procedural skills, and network opportunities. Separate agendas for residents and students offer tailored topics that focus on areas of interest for each group, and the day ends with a dinner allowing for networking with MAFP physician members.

#### FUTURE OF FAMILY MEDICINE CONFERENCE - MICHIGAN (2018, 2019, 2020)

Michigan AFP's one-day conference targets medical students preparing to choose their specialty paths. Conference components are: 1) a rotating host site that allows students to visit multiple campuses (a different medical school serves as the champion for the conference each year and provides meeting space and on-site support); 2) residency program exhibitors with dedicated time to answer questions; 3) a keynote speaker who provides big picture view of Family Medicine; 4) two panels giving insight into what it takes to get accepted into a FMRP and a view into the daily lives of family physicians; and 5) hands-on clinical procedures led by residents.

#### KICKOFF AND SOCIAL FOR NEW CLASS OF RESIDENTS - MINNESOTA (2017)

The Kickoff and Social for the New Class of Residents began in 2017 to recruit new resident members, establish mentor relationships between residents and active members, and cultivate social connections among new residents from different residency programs. This program features two events and a career mentorship for new residents.

#### **OREGON FAMILY MEDICINE STUDENT AND RESIDENT SUMMIT** – OREGON (2019)

This project will draw medical students from Oregon's two medical schools (Oregon Health and Sciences University [OHSU] and the College of Osteopathic Medicine of the Pacific-Northwest [COMP-NW]), and residents from family medicine residency programs across Oregon to a dedicated program at the OAFP Annual Scientific Assembly in April 2020 at the Embassy Suites hotel in Portland, Oregon.

#### **PHYSICIAN OF THE DAY TRAVEL REIMBURSMENT** – *TEXAS (2020)*

The Texas Academy of Family Physicians has provided a unique opportunity for family physicians to positively represent the specialty since 1971, the Physician of the Day program. When the Legislature is in session, Texas family physicians can sign up to serve as the Physician of the Day in the Capitol Health Services clinic, located inside the Texas Capitol building. The clinic serves legislators, their staff, and visitors. The Physician of the Day program uplifts the status of family physicians and family medicine, since these volunteers are introduced and thanked daily in the Texas Senate and the House of Representatives. This program also gives family physician more access to their legislators, to potentially affect political change in the future. Participation in this program is on a volunteer basis. TAFP encourages physicians come from all over the state to participate and invite residents or students to accompany

them. Unfortunately, because physicians are not compensated or reimbursed for any expenses, resident and student participation outside of Austin is rare. TAFP would like to offer travel reimbursement for students and residents, because the presence of students and residents at the Capitol promotes family medicine to the future workforce.

#### **RESIDENT AND STUDENT TRACKS DURING TAFP ANNUAL MEETING** – TEXAS (2019, 2020)

The Texas Academy of Family Physicians presents two Resident and Student Tracks during our biannual meetings – C. Frank Webber Lectureship and TAFP Annual Session and Primary Care Summit each year. The purpose of both tracks is to bring medical students and family medicine residents together to participate in educational lectures on exceling in family medicine, networking, and to engage with TAFP leaders.

#### **RESIDENT PRESENTATION TRACK** – KANSAS (2018)

As a part of its Annual Meeting, KAFP reserves twelve, 15-minute CME time slots for resident presentations, which gives an opportunity for Kansas Family Medicine residents to gain speaking experience while fulfilling their scholarly activity requirement. Selected residents receive a \$100 stipend plus costs for registration and hotel/travel.

#### STUDENT MEETING & WORKSHOP: LIVING THE FAMILY MEDICINE DREAM - GEORGIA

#### (2017, 2019, 2020)

GAFP's student meeting, revamped in 2017, is an interactive, one-day workshop featuring lectures, hands-on clinical procedure sessions, conversations on "Day in the Life" of a resident, and a Residency Program Fair. The workshop culminates in a dinner with GAFP leaders talking about their magic moments in family medicine. GAFP works with the Family Medicine Education Consortium to recruit residents to teach procedures and discuss life as a resident.

#### **STUDENT AND RESIDENT MONTHLY ZOOM MEETINGS** – FLORIDA (2021)

The FAFP Students, Residents, and Chiefs meet monthly via Zoom to discuss various topics, such as the following: Education; upcoming family medicine opportunities; foundations of family medicine; physician wellness, and ways to set your path successfully in medicine. Topics to date have included: Successful Strategies for Setting your Path; Residency Program Updates: COM Updates; Goals and objectives for 2021; Success stories during the Pandemic; Financial Health in Residency; Meeting on Cultural Sensitivity; Developing skills for team-based leadership; Chief Think-Tank: discussing Wins and Wishes at Florida's Residency Programs; Sharing successful didactics and programs in order to identify novel ideas; evaluate residency challenges, and utilize group brainstorming techniques to construct potential solutions.

#### **STUDENT, RESIDENT, AND COMMUNITY PHYSICIAN POSTER COMPETITION** – TEXAS (2019)

Since 2006, the TAFP Foundation and the TAFP Commission on Public Health, Clinical Affairs, and Research has promoted family medicine research by sponsoring the Student, Resident, and Community Physician Poster Competition. It is held during TAFP's annual fall conference, the Annual Session and Primary Care Summit, and provides an opportunity for members to present their research to a large audience of their peers using informative posters.

#### **STUDENT AND RESIDENT EDUCATION AT STATE ANNUAL MEETING** – MARYLAND (2018, 2022);

#### MASSACHUSETTS (2017, 2018, 2019)

MassAFP has hosted a student and resident track at their Annual Meeting & Spring Refresher since 2015. This year Maryland will offer a similar opportunity to students and residents at the MDAFP Annual Meeting and Summer Summit. In 2019, the track for both Chapters will focus on public health, integrative medicine, social determinants of health, and leadership development. A reception featuring student, resident, and faculty poster presentations is part of the event.

#### STUDENT TRACK AT STATE ANNUAL MEETING: LATEX TO LARYNGOSCOPY - KANSAS (2017,

#### 2018, 2019, 2020)

KAFP's Annual Meeting includes a student track called Latex to Laryngoscopy (L2L). Since 2010, L2L has continued to expand, and now provides five hands-on workshops/skills training sessions: sterile technique, suturing; reading EKGs; vaginal delivery using OB model and laryngoscope insertion; plus three sessions addressing leadership, advocacy, and why physicians choose Family Medicine. L2L serves as the kick-off for the Rural Family Medicine & Research Program, which is KAFP's successful elective summer program for 30 rising M-1 students who spend six weeks in a rural setting shadowing a primary care physician.

# VIRTUAL TRAINING

#### **STUDENT AND RESIDENT WEBINAR SERIES** – CALIFORNIA (2017)

CAFP will develop webinar trainings on four topics identified as "high-need areas" at the 2017 Society of Teachers of Family Medicine meeting. Topics are: how to have end-of-life discussions with patients; how to critically review literature (basic epidemiology and biostatistics skills); advocacy basics; and how to choose a practice (large group vs. small) and approach the interview process. Videos of webinars will be posted to the CAFP YouTube channel/website.

#### VIRTUAL JOURNAL CLUB – GEORGIA (2021)

Considering the current state of affairs and face-to-face sessions on the back burner, we now find ourselves traversing through difficult times, regarding our scientific and scholarly activities. The GAFP wants to ensure our membership continue to be actively engaged in life-long learning even during difficult times by offering monthly virtual journal club sessions led by GAFP residency program leadership and GAFP resident members. Journal clubs are an important tool for critically appraising articles and keeping up-to-date with current literature. They have been a staple in residency programs for many years, with the first record of a journal club in 1875 by Sir William Osler at McGill University. Even though each session format may be different, the concept is the same...offer the narrative summary of medical literature and make recommendations for best practices.

# TABLES

## Table 1. 2006-2022: FMPC Grant Awards by Grant Cycle

Grant Cycle	\$ Requested	\$ Awarded	# Grants Submitted	# Grants Awarded
2006	\$ 221,369	\$ 51,600	29	10
2007	\$ 284,579	\$ 102,995	\$ 102,995 35	
2008	\$ 260,382	\$ 91,200	40	22
2009	\$ 239,640	\$ 117,000	37	25
2010	\$ 280,279	\$ 122,325	44	27
2011	\$ 248,938	\$ 102,000	36	28
2012	\$ 263,734	\$ 104,250	47	29
2013	\$ 234,669	\$ 75,000	39	21
2014	\$ 185,600	\$ 79,000	45	26
2015	\$ 175,600	\$ 84,300	29	21
2016	\$ 240,821	\$ 85,500	37	30
2017	\$ 302,605	\$ 76,500	48	29
2018	\$ 292,072	\$ 75,000	48	31
2019	\$ 267,507	\$ 70,000	45	28
2020	\$ 236,010	\$ 38,750	41	27
2021	\$ 153,083	\$ 38,750	30	21
2022	\$ 181,574	\$ 38,750	31	21
TOTAL	\$ 4,067,857	\$ 1,352,920	661	417

## Table 2. 2006-2022: FMPC Grant Awards Funded, by Type & Priority Area

Total Grant Awards Funded, by TYPE						
New/Pilot	179					
Existing	238					
Total Grant Awards Funded, by PRIORITY AREA (Does not include 7 grants in 'other')						
Member Outreach 77						
Public Health	97					
Resident & Students	236					

#### Table 3. 2006-2022 FMPC Grant Awards: Applications Submitted by Year

#### & State, and Total Funded by State

	FMPC Grant Awards Applications SUBMITTED									FUNDED
State	2006-2010	2011-2016	2017	2018	2019	2020	2021	2022	Total Submitted 2006-2022	Total Funded 2006-2022
AK	4	0	0	0	3	3	3	1	14	9
AR	0	0	0	0	0	0	1	0	1	0
AZ	9	5	1	0	0	1	1	0	16	7
CA	5	12	3	3	2	0	0	1	26	20
CO	3	3	1	2	0	0	0	1	10	10
СТ	2	0	0	1	1	0	0	0	4	2
DC	0	0	0	1	1	0	1	0	3	2
DE	0	4	1	0	0	0	0	0	5	1
FL	5	6	0	0	0	0	1	0	12	9
GA	13	15	2	3	3	3	2	3	44	26
HI	1	0	0	0	0	0	0	0	1	0
IA	2	5	0	1	2	0	0	0	10	4
ID	0	2	0	0	0	0	1	0	3	1
IL	12	9	3	3	2	3	3	3	38	28
IN	3	1	0	0	0	0	0	0	4	3
KS	17	17	3	3	3	3	2	1	49	30
КҮ	2	4	0	0	0	0	0	0	6	3
LA	2	11	2	2	0	0	0	0	18	14
MA	0	5	2	3	3	3	0	0	16	14
MD	3	2	0	3	3	3	0	3	17	11
ME	2	2	0	0	0	0	0	0	4	2
MI	2	6	2	3	3	3	0	0	17	14
MO	4	0	1	1	2	0	0	1	9	3
MN	9	11	3	2	3	2	3	0	33	22
MS	4	5	2	2	0	0	0	0	13	7
NC	2	3	0	0	0	0	0	0	5	5
ND	4	2	1	0	0	0	1	0	8	3
NE	14	9	3	3	0	0	0	2	31	13
NJ	4	2	3	1	0	0	0	0	10	7
NM	1	2	0	0	0	0	0	0	3	1
NV	1	1	0	0	0	0	0	1	3	2
NY	6	15	2	0	2	2	1	1	29	11
OH	5	13	3	3	2	3	3	3	35	29
OK	2	0	0	1	0	0	0	0	3	3
OR	3	5	0	0	1	0	0	2	11	7
PA	9	4	1	0	0	0	1	0	15	13
PR	0	1						0	1	0
RI	0 5	2 10	1	0	0	0	0	0	3 ( 31	1 19
SD			0	0	0	0	0	0	1	19
TN	0 14	1 12	2	0	3	3	0	0	34	21
TX UT	0	12	1	0	0	2	2	2	34 8	5
VA	1	4	1	0	0	0	2	2	10	6
WI	7	13	2	3	3	3	0	3	34	22
WV	4	13	0	0	0	0	0	0	5	22
FMMC*	4	6	1	1	0	0	0	0	8	4
			-						0	+
		TOTAL S	TATES**	k					45 + FMMC	42 + FMMC
		TOTAL #							661	417
		t Collaborativ			107 841					

\* Family Medicine Midwest Collaborative (IL, IN, IA, KS, KY, MI, MN, MO, NE, ND, SD, & WI)

\*\* Family Medicine Midwest Collaborative is not counted as a state; District of Columbia is counted as a state.

# LIST OF FMPC GRANT AWARDS: 2006-2022

#### **Projects are listed alphabetically by FMPC Priority Areas** and include the name of Chapter and year(s) of grant award(s).

#### MEMBER OUTREACH PROJECTS 2006-2022

- Advanced Care/End of Life Planning ~ New Jersey (2015)
- Advanced Life Support Obstetrics ~ New York (2009)
- Advance Life Support in Obstetrics ~ South Dakota (2020)
- Advanced Life Support Obstetrics Instructor Course ~ Arizona (2011); North Dakota (2014)
- Advocacy Bootcamp ~ *Maryland (2018, 2022)*
- Advocacy & Action ~ California (2006); Oklahoma (2008)
- Advocacy Education & Training ~ *Minnesota (2021)*
- Advocacy & Leadership Development ~ *Michigan (2016, 2018)*
- Advocacy & Legislative Institute formerly the Advocacy & Legislative Series ~ Louisiana (2012-2014)
- Advocacy Day ~ Michigan (2011); Massachusetts (2015-2020)
- Advocacy Leadership Training ~ Wisconsin (2018, 2019, 2020)
- Bite-Sized Learning Sessions ~ Ohio (2021, 2022)
- Connecting Family Physicians with Patient/Consumer Advocacy Organizations ~ *Minnesota (2016)*
- Connecting Patients to Community Resources ~ *Minnesota (2018)*
- CME Leaders Institute Program ~ California (2015)
- CME on Vaping Epidemic and Negative Health Outcomes ~ Utah (2020)
- COVID-19 Self-Directed Clinical Pilot Campaign ~ Ohio (2021)
- Dermoscopy Workshop for Family Medicine Physicians ~ Alaska (2019); South Dakota (2019)
- Direct Care Partnership: Physician Outreach ~ *Maine (2013)*
- EasyPI ~ Ohio (2022)
- Educating About the BCBS Blue Quality Physician Program ~ North Carolina (2010)
- Embracing Wellness: Health is Primary ~ Nebraska (2017)
- Encouraging Words ~ *Kentucky (2014)*
- Engage and Participate in Community ~ *Kansas (2014)*
- Enumeration of Oregon Family Medicine Practices ~ Oregon (2009)
- Essential Care for Older Adults CME Series ~ *Pennsylvania* (2014)
- Growing Family Physician Leadership ~ Massachusetts (2018)
- Family Medicine Awareness ~ Nebraska (2007-2008)
- Family Medicine Grand Rounds ~ South Dakota (2016)
- Family Medicine Leaders Transforming Health Care; Practice Improvement Network; PIN Hybrid Model ~ Illinois (2010-2012)
- Family Medicine Leadership Experience ~ *Texas (2016, 2020)*
- Family Medicine Residency Program & Community Health Center Collaborative ~ Pennsylvania (2013)
- Family Practice Stories Book ~ *Indiana (2007)*
- Financial Resources for Leadership Pathways ~ South Dakota (2020)
- Health Equity Champion Program ~ Colorado (2022)
- Health Equity & Social Justice Club ~ Ohio (2022)
- Health Equity Strategies in a Pandemic World ~ *Georgia (2022)*
- Host Committee for the New Deal in Healthcare ~ Maryland (2008)
- Implementing Cost of Care Conversations ~ New York (2019)
- Joy in Practice vs. Physician Burnout ~ *Wisconsin (2016)*
- Leadership Mentor Program ~ New York (2022)
- Learning Collaborative Quality Data Integrity Initiative ~ Pennsylvania (2014)
- Leadership Training in Advocacy- Advancing Issues ~ Wisconsin (2022)
- MACRA Update ~ *Nebraska (2016)*
- Major Depressive Disorder: Change Package ~ *New Jersey (2017)*
- Manageable Challenges: A Physician-Developed Protocol for Weight Loss Counseling ~ New York (2011)
- Medical Home Collaborative ~ *Idaho (2011)*
- Mental Health First Aid Training in Family Medicine ~Illinois (2019)

- Mindful Medicine for Pain and Chronic Disease ~ *Minnesota (2014)*
- National Diabetes Prevention: Balancing Incentives Program ~ New York (2017)
- OAFP Wellness Week ~ Ohio (2021)
- Opening a Practice: Supporting the Independent Family Physician ~ Georgia (2018)
- Optimizing Patient Care by Choosing Wisely Initiative ~ Illinois (2015-2017)
- Patient-Centered Medical Home, Accountable Care Organizations and Practice-Based Research ~ Nebraska (2013)
- Patient-Centered Primary Care Home Toolkit ~ Oregon (2013)
- Patient Registry to Improve Patient Care ~ New Jersey (2008)
- Payment Reform One Stop Shop ~ Wisconsin (2015)
- Physician Wellness Embracing & Avoiding Burnout ~ *Nebraska (2016)*
- Physician Wellness Conference: How to Heal the Healer ~ Oklahoma (2018)
- Physician Wellness Initiative ~ New York (2014)
- Point of Care Ultrasound Workshop ~ South Dakota (2018)
- Primary Care Collaborative ~ Colorado (2014)
- Primary Care Workforce Summit ~ *Wisconsin (2012)*
- Provider Tools to Manage Family Physicians Shortage ~ Nebraska (2012)
- Public Health Boot Camp ~ Kansas (2021)
- Quality Improvement Summit ~ Ohio (2017)
- Retired Physicians Network ~ Arizona (2008)
- Social Media for Family Medicine Workshop ~ *Nebraska (2012)*
- State Mandated CME Webinar Series ~ *lowa (2019)*
- Thrive Coding & Reimbursement Practice Improvement Project 2020 ~ Georgia (2019)
- Using Social Media to Build Membership Value ~ *Kentucky (2012)*
- Value-Driven Engagement for New-to-Practice Physicians ~ Minnesota (2018)
- Wellness Wednesdays ~ Ohio (2018)
- Working Effectively with Professional Interpreters ~ *Minnesota (2009-2011)*

#### PUBLIC HEALTH PROJECTS 2006-2022

- Bring CALS to Alaska ~ Alaska (2020)
- Bust Big Tobacco Pilot Project ~ Colorado (2006)
- Cancer Screening in Underserved Populations ~ New Jersey (2011)
- Cancer Screening Using Team-based Care ~ *Pennsylvania* (2014)
- Clean Clothes to Help StudentsStay in School ~ Utah (2020)
- Closing the Gap with Application-Based Physical Therapy ~ DC (2021)
- Collaborative Community Health Summit ~ Kansas (2016)
- Diabetes Master Clinical Program Assessment ~ Florida (2007)
- Diabetes Master Clinician Program: Pre-Diabetes Recognition/Prevention ~ Florida (2009)
- Enhancing Quality of Care for COPD & Obesity ~ *Florida (2007)*
- Factors Affecting Consumer Food Choices ~ *Florida (2010)*
- Fit Family Challenge: Pediatric Obesity Intervention Pilot Project ~ Colorado (2013-2014)
- Food is Medicine Outreach through Healthy Cooking Classes ~ Illinois (2019, 2020)
- Hard Hats for Little Heads ~ *Texas (2007-2016); Michigan (2010-2011)*
- Health and Wellness Education Series ~ *Louisiana* (2017-2018)
- Healthy Conversations on Cannabis ~ *Illinois (2020, 2021)*
- Helping Hands Across Georgia ~ Georgia (2013-2018, 2020)
- Improving Diabetes Care by the Family Physician Team ~ Florida (2011)
- Improving Diabetes Outcomes ~ New York State (2011)
- Improving Management of Chronic Pain ~ New Jersey (2009)
- Incentives for Immunizations ~ West Virginia (2009)
- Let's Get Immunized NY ~ *New York (2021)*
- Medical Home Project ~ *Pennsylvania (2006)*
- Mental Health First Aid for a Healthy Future ~ *Illinois (2021)*
- Mentored-PCMH Education and Support ~ Oregon (2009)

- Missouri Immunization Coalition ~ Missouri (2019)
- No More Sleeping on the Floor ~ South Dakota (2021)
- On Call with a Prairie Doc ~ *South Dakota (2017-2018)*
- PCMH: Setting a Firm Financial Foundation ~ Mississippi (2009)
- PDA Project: CME in Physicians' Hands ~ Pennsylvania (2009)
- Primary Care Beyond Clinic Walls ~ Oregon (2022)
- Primary Care Investment Initiative ~ Colorado (2018)
- Reduction of Financial Burden of School Lunch Program ~ Utah (2017)
- Rotary Club Presentation: Saving Lives, Saving Money ~ Oregon (2013)
- School-based Wellness Initiative ~ Colorado (2010)
- Stop & Think: Preventing Marijuana Use in Colorado Youth ~ Colorado (2017-2018)
- Sugar Wars ~ Illinois (2018)
- Tar Wars ~ Arizona (2006)
- Tar Wars ~ Maryland (2006)
- Tar Wars ~ *Missouri (2009)*
- Tar Wars ~ *Nebraska (2007-2008)*
- Tar Wars ~ Nevada (2010)
- Tar Wars: Impact Campaign ~ Louisiana (2013)
- Tar Wars Regional Strike Force Project ~ *Georgia (2022)*
- Tar Wars: Rural and Sustaining ~ Georgia (2010, 2012)
- Teen Link ~ *Minnesota (2008)*
- The Cancer Corner ~ *lowa (2019)*
- Urgent Covid Relief Grants for our Patients ~ *Georgia (2021)*
- Use Your Head! Helmets from Students 2 Kids ~ Kansas (2017)
- YWCA Youth Achievers Healthy Bodies Initiative ~ Minnesota (2006)

#### STUDENT &/OR RESIDENT PROJECTS 2006-2022

- ABFM Certification for Residents ~ Ohio (2020)
- Adopt an FMIG ~ Illinois (2007)
- Advanced Procedures Workshop for Family Medicine Residents ~ California (2022)
- Advocacy Ambassadors ~ California (2012)
- Beyond Clinical & Curriculum: 2020 Family Medicine Resident Conference ~ Michigan (2019, 2020)
- Building a Student Pipeline ~ South Dakota (2022)
- Capturing FM History with Narrative Scribes ~ Oregon (2022)
- Chief Resident Leadership Development Workshop ~ Louisiana (2012)
- Chief Resident Workshop ~ Ohio (2013-2016, 2018, 2019, 2020)
- Clinical Camp Connection ~ *Pennsylvania* (2007-2008)
- Creating Relationships ~ South Dakota (2008)
- A Day in the Life of a Physician Member ~ *New York (2015)*
- Debt Management for Future Family Physicians ~ Georgia (2012)
- Developing an Ultrasound Curriculum for a Family Medicine Program ~ Virginia (2016)
- Educating Residents about Employment Contracts ~ North Carolina (2012)
- Employment Directory of 3rd-Year Residents ~ New York (2014)
- Empowering Seniors in a Medical Home, Death Café ~ Illinois (2014)
- Engaging Future Leaders ~ *Minnesota (2016)*
- Faces in Family Medicine & FIFM 2.0 ~ Kansas (2008, 2011-2014, 2016-2017)
- Fall Festival & Preparing for Residency ~ Illinois (2008-2010)
- Family Care Tract Program ~ Maryland (2010)
- Family Medicine Educational Opportunities ~ Alaska (2010)
- Family Medicine Externships ~ North Carolina (2007)
- Family Medicine Forums for Residents and Students ~ *Florida (2012, 2013)*
- Family Medicine Interest Group Adolescent Health Initiative ~ Georgia (2011)
- Family Medicine Interest Group Convening ~ California (2007, 2009)

- Family Medicine Interest Group Funding ~ North Dakota (2009, 2012)
- Family Medicine Interest Group PCMH Lectures ~ *Georgia (2009)*
- Family Medicine Interest Group Programming Bureau ~ Georgia (2010)
- Family Medicine Matters ~ *Minnesota (2011-2012)*
- Family Medicine Mentor Connection ~ Illinois (2017, 2018, 2020, 2021, 2022)
- Family Medicine Midwest Conference ~ Family Medicine Midwest Collaborative (2011-12, 2015, 2017)
- Family Medicine Residents & Students State Conference~ *Texas* (2008- 2011)
- Family Medicine Residents Jeopardy Challenge ~ *Iowa (2011); Nebraska (2016); FMM Collaborative (2017)*
- Family Medicine Student Pipeline ~ Alaska (2020)
- Family Medicine Students & Residents State Conference~ Louisiana (2010-2011, 2017)
- Family Medicine Summit for Students and Residents ~ *California (2012)*
- Future Faces of Family Medicine ~ California (2011, 2013)
- Future in Family Medicine Spring Fling ~ *Mississippi (2014, 2016-2018)*
- Future of Family Medicine ~ Louisiana (2014)
- Future of Family Medicine Conference ~ *Michigan (2013, 2016, 2018, 2019, 2020)*
- Getting High School Students Excited About Family Medicine ~ South Dakota (2012)
- Healer's Art: Nurturing Service in Medical Education ~ Wisconsin (2006)
- HOSA Makes Me Want to Move ~ South Dakota (2021)
- Implementing a Point-of-Care Ultrasound Curriculum ~ *District of Columbia (2019)*
- Implementing Childhood Developmental Screening into Family Medicine Education ~ Virginia (2015)
- Innovations in Medical Education: Teaching the PCMH Philosophy ~ California (2010)
- Integrating Group Prenatal Visits into Family Medicine Curriculum ~ *Rhode Island (2014)*
- Investing in an Equitable Healthcare Future: FQHC/ Rural Externship ~ Illinois (2022)
- It's All About Medical Students All Year Long ~ South Dakota (2010)
- Keeping Primary Care in New Jersey Campaign ~ New Jersey (2018)
- Kickoff and Social for New Class of Residents ~ *Minnesota* (2017)
- LAFP 101 Resident & Student Track ~ Louisiana (2015, 2016)
- Latex to Laryngoscopy ~ Kansas (2021)
- Leading Innovations in Patient Care ~ *Minnesota (2019)*
- Learning to Care, Advocate & Lead Summer Extern Program ~ Wisconsin (2014-2017)
- Leroy A Rodgers, MD Preceptorship Program ~ Ohio (2006-2018, 2020)
- Match Day Magic ~ *California (2016)*
- Medical Encounters ~ *Mississippi (2010)*
- Medical School Initiative ~ Florida (2007)
- Medical School Interest Fund ~ *Minnesota (2007)*
- Medical Student Support ~ Arizona (2007)
- Medical Students Combined Service Learning & Legislative Projects ~ South Dakota (2012, 2015-2017)
- National Conference: Pre-Networking/Mentoring Event ~ *Maryland (2015)*
- National Conference: Scholarships ~ Kansas (2007)
- National Conference: Scholarships ~ New Mexico (2011)
- National Conference: Scholarships ~ *Pennsylvania (2007-2009)*
- National Conference: Supporting Students to Attend ~ Wisconsin (2012, 2014-2018)
- Next Gen at National Conference ~ *Minnesota* (2019)
- On the Road ~ *California (2017-2018)*
- Oregon Family Medicine Student and Resident Summit ~ Oregon (2019)
- Pathway to Massachusetts: Residency Visitation Program ~ Massachusetts (2015)
- Pathway to Medical School ~ Georgia (2008)
- Pathway to Medical School Alumni Connectivity Event ~ Georgia (2011)
- Physician of the Day Travel Reimbursement ~ Texas (2020)
- Platt Summer Fellowship ~ *Delaware (2012)*
- A Practical Pathway to Practice ~ *Utah* (2021)
- Practice Management for Family Practice Residents ~ California (2008)

- Practice Model Roadshow Helping Residents Determine Their Future ~ Connecticut (2018, 2019)
- Prenatal Group Visits in Residency Education ~ Kansas (2010); Rhode Island (2014)
- Provide Medical Student Opportunities: Build the FM Pipeline ~ South Dakota (2019)
- Quiz Bowl and Poster Contest ~ Kentucky AFP (2009)
- Recruitment & Retention Conference ~ Virginia (2013)
- Regional Procedures Workshop ~ *California (2016)*
- Research Projects for Medical Students ~ Alaska (2020)
- Residency Leadership Consortium ~ California (2011, 2013)
- Resident and Medical Student Annual Meeting ~ Nebraska (2014)
- Resident, Student, Physician Engagement Project ~ Alaska (2022)
- Resident & Student Poster Contest ~ Georgia (2009)
- Resident & Student Poster Contest ~ Kansas (2006, 2008)
- Resident & Student Procedures Workshop ~ Arizona (2010)
- Resident & Student Research at State Scientific Assembly ~ Tennessee (2013)
- Resident & Student Track at the Annual Session & Primary Care Summit ~ Texas (2016, 2019, 2020)
- Resident Day ~ *Maine (2008)*
- Resident Poster Contest ~ California (2015)
- Resident Presentation Track ~ *Kansas (2018)*
- Resident Research Grant Awards ~ *Minnesota* (2010-2012, 2021)
- Resident Roundup ~ Illinois Foundation (2008)
- Resident Track: Annual Clinical Education Conference ~ *Iowa* (2012)
- Residents Emerge as Leaders ~ Kansas (2012)
- Residents' Practice Conference XL ~ Arizona (2008, 2016)
- Rural Family Medicine Exposure for Medical Students ~ North Carolina (2013-2014)
- Rural Internship Program ~ Nevada (2012)
- Rural Track Student Med Kit ~ Utah (2022)
- Speed Dating for an Employer ~ West Virginia (2010)
- Student Academy Ambassador Program ~ Mississippi (2017)
- Student Interest Initiative: Procedure Day ~ Indiana (2007)
- Student Meeting & Workshop: Living the Family Medicine Dream ~ Georgia (2017, 2019, 2020)
- Student, Resident, and Community Physician Poster Competition ~ *Texas (2019)*
- Students to National Conference Engage, Promote, Develop Family Physicians ~ Massachusetts (2020) Maryland (2019, 2020); Wisconsin (2019, 2020, 2022)
- Student & Resident Clinical Educational Series Mini-Track ~ Pennsylvania (2009)
- Student & Resident Education at Annual Meeting ~ Maryland (2018, 2020, 2022)
- Student & Resident Education at Annual Meeting ~ Massachusetts (2015-2018, 2019)
- Student & Resident Leaders ~ Wisconsin (2009)
- Student & Resident Leadership Conference ~ Nebraska (2022)
- Student & Resident Monthly Zoom Meetings ~ Florida (2021)
- Student & Resident Quest ~ South Dakota (2007)
- Student & Resident Webinar Series ~ California (2017)
- Student Track at Annual Meeting: Latex to Laryngoscopy ~ Kansas (2010, 2012-2018, 2019, 2020)
- Survival Boot Camp ~ New Jersey (2010)
- Telling Family Medicine's Story ~ *California (2011)*
- Transition L2L Student Workshops to Med School ~ Kansas (2022)
- Transition to Practice ~ *Missouri (2018)*
- VAFP Resident "Lounge" ~ Virginia (2021)
- VAFP Scholarly Symposium ~ Virigina (2021)
- Virtual Journal Club ~ Georgia (2021)
- Winter Weekend and Scientific Assembly ~ New York (2010)

# FMPC Grant Awards

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