**We’re sending this reminder   
about a 16-year checkup   
for your teen.**

We know that you and your teen are very busy, but this is a good time for us to check on your teen’s health and discuss important vaccinations that may be needed at this age.

Please contact the office at [insert number] to schedule your teen’s appointment. More information is also available at

**https://www.cdc.gov/vaccines/who/teens.**

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