



American Academy of Family Physicians Foundation

**2020 *Family Medicine Cares* International Delegation
PROGRAM OVERVIEW
February 15 – 22, 2020**

FAMILY MEDICINE CARES

Family Medicine Cares was created by the AAFP Foundation to address the health care needs of underserved populations, both domestically and internationally. Through the USA and International initiatives, *Family Medicine Cares* works to improve the health and quality of life for men, women, and children in need. Both programs offer opportunities for physicians, residents, and medical students to volunteer or participate in humanitarian projects.

Family Medicine Cares International provides patient care to Haitians through community clinics and by delivering medical education, training and supplies in support of the development of the specialty in Haiti. The program also serves the children of Haiti by supplying essential personal, medical, and educational items to orphanages and schools in this impoverished area.

The next delegation trip is scheduled for February 15 – 22, 2020.

The [electronic application](#) for the 2020 FMCI Annual Delegation is now available.

The Foundation cannot thank you enough for your support of the *FMC* International program. It is through your philanthropic nature that we are able to continue our impactful *FMCI* program.

A handwritten signature in black ink that reads "Jane A. Weida MD".

Jane Weida, MD, FAAFP
Chair, *Family Medicine Cares International*
AAFP Foundation



American Academy of Family Physicians Foundation

Scope of the Project *Family Medicine Cares International* is seeking delegates (residents, active or retired family physicians and other medical professionals) with expertise in Family Medicine and community health, as well as non-medical delegates with a passion to improve the lives of those in need.

Project Dates February 15 – 22, 2020 (includes travel days)

Travel Costs **\$2,200** (Cost excludes airfare)

Parameters of the Trip Travel costs include the following amenities in Haiti: Double-occupancy hotel or small group housing at Volunteer Centers, all Delegation meals, ground transportation, cultural-enrichment activities, interpreters, tips, and taxes.

The travel package does **not** include the following: airfare, single-occupancy accommodations, passport fees, personal immunizations, phone or laundry charges, private transportation/interpreters, personal spending money, medical evacuation insurance, air travel insurance, and/or items of a purely personal nature.

All delegates are responsible for coordinating their own travel between their city of origin and Port-au-Prince, Haiti. The AAFP Foundation has worked with Travellers (travel agency) on past projects to Haiti and contact information for Travellers can be provided upon request for those who need travel assistance.

You must have a passport that is valid through August 31, 2020.

Application Process

- Please complete and return the attached application by the registration deadline of **October 1, 2019**
- All physicians (including residents) are required to submit a CV. All applicants will be notified of their status by December 2, 2019.
- All 2020 *FMCI* Delegation members will receive a Delegation Handbook in January 2020 with more detailed information.

Payment Schedule	At application submission: \$500 refundable deposit Please use www.aafpfoundation.org/donatetoday to pay for your travel costs related to this project. Note "Delegation Deposit" in the comments box on the donation page.	January 15, 2020: \$1,700 trip balance If cancellation is necessary, refunds will be made on a case-by-case basis until February 1, 2020.
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Contact Information

AAFP Foundation
Family Medicine Cares International
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 Phone: (913) 906-6006, ext. 6006

APPLICANT INFORMATION

Qualifying Applicants

Each delegation trip will require physicians with a clinical background and non-medical volunteers with a passion to improve the lives of those in need.

After the application is received, the application will be reviewed, and applicants will be contacted for additional paperwork or information as needed. Delegation size is limited so not all applicants may be selected. Volunteers will have the opportunity to ask questions and follow up on any additional details.

*Please do not book travel until you receive notification that you've been selected to join us.

Below is a list of items that will need to be submitted for a complete application packet:

1. Completed electronic *Family Medicine Cares International* Delegation Volunteer Application and Travel Registration Form
2. A copy of your current medical license (if applicable)
3. A copy of your medical degree (if applicable)
4. A copy of your CV (resume)
5. A copy of your DEA certificate (if applicable)
6. Color Copy of Photo ID (Driver's License)
7. Color Copy of Passport (must be dated 6 months past the date of return from deployment)
8. Refundable deposit of \$500

Travel Documentation

Potential delegates must have a valid passport with expiration dated at least six months after your return date. No visa is required for US citizens.

FAMILY MEDICINE CARES INTERNATIONAL **RESIDENT SCHOLARSHIP OPPORTUNITY**

The *FMC/* program provides a scholarship for one resident to participate in the 2020 *FMC/* Delegation trip and the 2020 National Conference of Family Medicine Residents and Medical Students. This scholarship is made possible through the generosity of the Dr. David and Karen Smith Humanitarian Fund.

The *FMC/* Resident Scholarship covers expenses for travel to Haiti and in-country, including housing and food. In addition, the scholarship includes expenses for the recipient to present on his/her experiences in Haiti at the 2019 AAFP National Conference. The maximum amount awarded is \$5,000. Only resident members of the AAFP are eligible to apply. In addition, to the above list, please include the following with your submission:

- Letter of Intent - Be sure to include the reason for your interest in participating, your previous international experience, and your previous volunteer experience. Candidates must provide a letter of intent that addresses what the scholarship would do for your interest in global health and the impact on their education. This letter would be shared with donors/organization if chosen.
- Letter from your Residency Program Director - Candidates must submit a letter from their program director stating their support of the trip and the impact the resident will make if chosen.

*Please note: Additional resident scholarships may become available. For residents applying for the Resident Scholarship, a \$500 deposit is not due at the time of the application.

ABOUT HAITI AND DELEGATION PARTICIPATION

Locale

A former French colony, Haiti is a Caribbean country that occupies the western third of the island of Hispaniola and is bordered on the east by the Dominican Republic. Haiti has historically been a country with a vulnerable, at-risk population with high rates of HIV/AIDS and a large number of social orphans.

Health Risks

Applicants should realize that significant health risks exist when traveling to developing nations. These include traffic accidents, traveler's diarrhea, tuberculosis, malaria, Dengue Fever, Zika, Chikungunya, sexually transmitted diseases and accidental transmission of hepatitis or HIV via needle stick or transfusion. A very small risk of exposure to exotic infectious diseases such as cholera, yellow fever or other tropical diseases also exists. Several vaccinations are required or recommended for the trip to Haiti. All applicants must recognize these risks and consider them seriously when deciding whether to apply for the *Family Medicine Cares International* Delegation Trip.

Preventing Mosquito Bites as recommended by the CDC

(Source:<http://wwwnc.cdc.gov/travel/diseases>)

- Cover exposed skin by wearing long-sleeved shirts, long pants, and hats. Use an appropriate insect repellent as directed.
- Higher percentages of active ingredients provide longer protection such as the following:
 - DEET (Containing DEET include Off!, Cutter, Sawyer, and Ultrathon),
 - Picaridin (also known as KBR 3023, Bayrepel, and icaridin products containing picaridin include Cutter Advanced, Skin So Soft Bug Guard Plus, and Autan),
 - Oil of lemon eucalyptus (OLE) or PMD (Products containing OLE include Repel & Off! Botanicals),
 - IR3535 (Products containing IR3535 include Skin So Soft Bug Guard Plus Expedition & SkinSmart). Always follow product directions and reapply: If you are also using sunscreen, apply sunscreen first and insect repellent second.

- Use permethrin-treated clothing and gear (such as pants and socks). You can buy pre-treated clothing and gear or treat them yourself. Treated clothing remains protective after multiple washings. See the product information to find out how long the protection will last. If treating yourself, follow the product instructions carefully. Do not use permethrin directly on skin.
- Stay and sleep in screened or air-conditioned rooms.

What to Pack

A comprehensive list of items to bring (e.g., appropriate clothing) will be provided to you.

Cultural & Health Training

Prior to departure, guidance will be provided on the cultural considerations. This will include information about local practices, as well as background information specific to each site.

There will be guidance about measures participants can take to minimize health risks.

Volunteers will be expected to comply with local laws, culture and policies, and to avoid issues regarding politics, religion, etc.

Safety

Because the Delegation trip will be successful only if everyone participates safely, every reasonable step will be taken to ensure the safety of volunteers. Developing nations present additional risks, and Delegates must acknowledge and accept them. Before each trip an overview of the country, including information regarding safety, will be provided. Further, the intent is that volunteers are accompanied by a representative of AAFP Foundation or an approved contractor at all times, including meeting volunteers at the airport in Port-au-Prince, and transporting volunteers from the Volunteer Centers to work sites. Every effort will be made to arrange travel such that the group meets in one US city and arrives in Port-au-Prince on the same flight.

Evacuation Planning

In addition to having a major medical health insurance policy in the USA, volunteers are required to have medical evacuation insurance with the following agency – Gallagher Charitable International Insurance Services. Please keep a copy of your policy with you while in country.

Physical Requirements

Each Delegate must be capable of adapting to the physical, of this trip. The *Family Medicine Cares International* trip may include, but is not limited to: extensive walking, stair climbing, lifting personal luggage, travel on unpaved roads for extended periods of time, eating indigenous foods, demanding/stressful schedule (long days, flexible timetables), rustic accommodations in rural areas, and potential travel on local propeller aircraft.

Vaccinations

Routine vaccines, as they are often called, such as for influenza, chickenpox (or varicella), polio, measles/mumps/rubella (MMR), and diphtheria/pertussis/tetanus (DPT) are given at all stages of life; see the childhood and adolescent immunization schedule and routine adult immunization schedule.

Vaccine-Preventable Diseases

Vaccine recommendations are based on the best available risk information. Please note that the level of risk for vaccine-preventable diseases can change at any time.

Recommendations or requirements for vaccine-preventable diseases per the [CDC website](#):

Routine: Recommended if you are not up-to-date with routine shots, such as measles/mumps/rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, poliovirus vaccine, etc.

Malaria: You will need to discuss with your doctor the best ways for you to avoid getting sick with malaria. Ways to prevent malaria include the following: taking a prescription antimalarial drug, using insect repellent and wearing long pants and sleeves to prevent mosquito bites, and sleeping in air-conditioned or well- screened rooms or using bed nets.

Hepatitis A or immune globulin (IG): Recommended for all unvaccinated people traveling to or working in countries with an intermediate or high level of hepatitis A virus infection where exposure might occur through food or water. Cases of travel-related hepatitis A can also occur in travelers to developing countries with "standard" tourist itineraries, accommodations, and food consumption behaviors.

Hepatitis B: Recommended for all unvaccinated persons traveling to or working in countries with intermediate to high levels of endemic HBV transmission (see map), especially those who might be exposed to blood or body fluids, have sexual contact with the local population, or be exposed through medical treatment (e.g., for an accident).

Typhoid: Recommended for all unvaccinated people traveling to or working in the Caribbean, especially if staying with friends or relatives or visiting smaller cities, villages, or rural areas where exposure might occur through food or water.

Rabies: Recommended for travelers spending a lot of time outdoors, especially in rural areas, involved in activities such as bicycling, camping, or hiking. Also recommended for travelers with significant occupational risks (such as veterinarians), for long-term travelers and expatriates living in areas with a significant risk of exposure, and for travelers involved in any activities that might bring them into direct contact with bats, carnivores, and other mammals.

Feb 15 Saturday	Feb 16 Sunday	Feb 17 Monday	Feb 18 Tuesday	Feb 19 Wednesday	Feb 20 Thursday	Feb 21 Friday	Feb 22 Saturday
<p>Morning</p> <p>Travel Day</p> <p>All Team members arrive in PAP and check in</p> <p>*All Delegates must arrive by 3:00 p.m.</p>	<p>Morning</p> <p>Breakfast at Hotel</p> <p><u>Med Ed Team</u> Fly to Cap-Haitien</p> <p><u>Patient Care/Service (PC/S) Teams</u> Team 1: Travel to Léogâne and set up Tom Gato Clinic Team 2: Set up Blanchard Clinic</p>	<p>Morning</p> <p>Breakfast at respective sites</p> <p><u>Med Ed Team</u> Present Symposium in Cap-Haitien</p> <p><u>PC/S Team #1</u> Patient Care: Tom Gato Clinic</p> <p><u>PC/S Team #2</u> Patient Care: Blanchard Clinic</p>	<p>Morning</p> <p>Breakfast at respective sites</p> <p><u>Med Ed Team</u> Fly to PAP</p> <p><u>PC/S Team #1</u> Patient Care: Tom Gato Clinic</p> <p><u>PC/S Team #2</u> Patient Care: Blanchard Clinic</p>	<p>Morning</p> <p>Breakfast at respective sites</p> <p><u>Med Ed Team</u> Present Symposium in PAP</p> <p><u>PC/S Teams #1 & #2</u> Well-Child exams at Fondwa School and Orphanage</p>	<p>Morning</p> <p>Breakfast at respective sites</p> <p><u>Med Ed Team</u> Travel to Saint Marc</p> <p><u>PC/S Team #1</u> Patient Care: Blanchard Clinic</p> <p><u>PC/S Team #2</u> Patient Care: Tom Gato Clinic</p>	<p>Morning</p> <p>Breakfast at respective sites</p> <p><u>Med Ed Team</u> Faculty Development in Saint Marc</p> <p><u>PC/S Team #1</u> Patient Care: Blanchard Clinic</p> <p><u>PC/S Team #2</u> Patient Care: Tom Gato Clinic</p>	<p>Morning</p> <p>Breakfast at Hotel</p> <p>ALL Depart for Airport</p>
<p>Afternoon</p> <p>All Orientation & Work Team Meetings</p>	<p>Afternoon</p> <p>Lunch at Hotel</p> <p><u>Med Ed Team</u> Begin Faculty Development Session</p> <p><u>Patient Care/Service (PC/S) Teams</u> Shopping/Cultural Experience or Free Time</p>	<p>Afternoon</p> <p>Lunch at respective sites</p> <p><u>Med Ed Team</u> Medical Education Symposium</p> <p><u>PC/S Team #1</u> Patient Care: Tom Gato Clinic and Potential Service Work</p> <p><u>PC/S Team #2</u> Patient Care: Blanchard Clinic and Potential Service Work</p>	<p>Afternoon</p> <p>Lunch at respective sites</p> <p><u>Med Ed Team</u> Lunch with the Council of Deans and Meeting with MSPP</p> <p><u>PC/S Team #1</u> Patient Care: Tom Gato Clinic and Potential Service Work</p> <p><u>PC/S Team #2</u> Patient Care: Blanchard Clinic and Travel to Léogâne</p>	<p>Afternoon</p> <p>Lunch at respective sites</p> <p><u>Med Ed Team</u> Present Symposium in PAP</p> <p><u>PC/S Team #1</u> Patient Care: Travel to Port-au-Prince</p> <p><u>PC/S Team #2</u> Complete Well-Child exams and play with the children</p>	<p>Afternoon</p> <p>Lunch at respective sites</p> <p><u>Med Ed Team</u> Faculty Development session at Family Medicine Residency Program in Saint Marc</p> <p><u>PC/S Team #1</u> Patient Care: Blanchard Clinic Potential Service Work</p> <p><u>PC/S Team #2</u> Patient Care: Tom Gato Clinic Potential Service Work</p>	<p>Afternoon</p> <p>Lunch at respective sites</p> <p><u>Med Ed Team</u> Return to PAP Shopping/Cultural Experience or Free Time</p> <p><u>PC/S Team #1</u> Patient Care: Blanchard Clinic Potential Service Work</p> <p><u>PC/S Team #2</u> Travel to Port-au-Prince</p>	
<p>Evening</p> <p>Welcome Dinner at Hotel</p>	<p>Evening</p> <p>Dinner at respective sites</p> <p><u>Med Ed Team</u> Faculty Development and Dinner in Cap-Haitien</p>	<p>Evening</p> <p>Dinner at respective sites</p> <p><u>Med Ed Team</u> Dinner with Cap-Haitien leadership</p>	<p>Evening</p> <p>Dinner at respective sites</p> <p><u>Med Ed Team</u> Dinner with Haitian Association of Family Physicians</p>	<p>Evening</p> <p>Dinner at respective sites</p>	<p>Evening</p> <p>Dinner at respective sites</p> <p><u>Med Ed Team</u> Dinner in Saint Marc with Residency faculty</p>	<p>Evening</p> <p>Farewell Dinner at Hotel</p> <p>Prep for departure</p>	