



2014 AAFP National Conference Scholarships: The Best and Brightest Future for Family Medicine

One of the primary goals of the AAFP National Conference of Family Medicine Residents and Medical Students is to advocate for the specialty—to attract the best and brightest medical students to choose Family Medicine. Offering National Conference scholarships to first-time student attendees and minority students, in particular, is key to stimulating interest.

Because of donations from you and your colleagues, the AAFP Foundation will provide 200 scholarships to deserving students and residents to attend the 2014 National Conference in Kansas City, Missouri.

Ever wonder if your support makes a difference? Here is a direct account from Dr. Brent Smith who was a rising fourth-year medical student at the time he received a scholarship:



My first journey to Kansas City began in the same way and place many of today's family physicians are getting their start—by attending the AAFP National Conference of Family Medicine Residents



and Medical Students. I found myself at that meeting searching for some direction, something I had been sorely lacking for my entire third year of medical school. If asked at the beginning of the year what specialty I would choose, my answer would quickly have been orthopedic surgery. Unfortunately, my surgery rotations proved to be more of a lesson in perseverance than good patient care. The rush to the operating room, the avoidance of dealing with the outlying problems that really help patients heal, and the confused look of patients whose questions about their diagnosis were unfulfilled convinced me that a life of scrubs and scrubbing in were not for me.

I found my thoughts returning to my very first rotation, where I spent six weeks in a Family Medicine clinic close to my home in the rural Mississippi Delta, and how much I had enjoyed that experience. At the time, I chalked it up to it being my first real rotation of my third year, free of the burden of constant study. Reflection on the diversity and challenge of those days in the clinic, where each patient room held a new challenge in the form of hypertension and diabetes, women's health, kids needing shots, and sewing up the hand of a contractor who tangled with a feisty light fixture. But even then,

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denotes more story online.

OUR MISSION

The American Academy of Family Physicians Foundation advances the values of Family Medicine by promoting humanitarian, educational, and scientific initiatives that improve the health of all people.

FMCI Delegation Returns

Family Medicine Cares International was created to provide sustainable and accessible health care to underserved populations around the world, specifically in impoverished Haiti.

The 2nd annual *Family Medicine Cares International* Delegation spent a week February 15 - 22 providing much-needed health care services to the people of Haiti, alongside in-country partner Heart to Heart International

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Letter from the President — Jane Weida, MD, FAAFP



Dear Friends and Colleagues,

Family Medicine is so much more than medicine. It doesn't just happen in an exam room, and it doesn't just happen in our immediate community. Family Medicine is the connection of humanitarian, scientific, and educational initiatives aimed to improve the health of all people around the world—

precisely the reasons your AAFP Foundation exists.

As professionals in the Family Medicine community, I urge you to connect with your AAFP Foundation. Without you, we cannot do good work for Family Medicine.

For example, we are able to support the future of Family Medicine through the AAFP National Conference of Family Medicine Resident and Medical Students Scholarship Program. Because of donations from you and your colleagues, the Foundation will provide 200 scholarships to deserving students and residents to attend the 2014 National Conference in Kansas City, Missouri.

But the Foundation's influence reaches much farther. *Family Medicine Cares USA* and *Family Medicine Cares International* are two initiatives that help support the health care needs of

underserved populations by aiding free health clinics in the United States, providing patient care and Family Medicine education in Haiti, and utilizing Family Medicine to improve the health of people throughout the world.

Another important effort the Foundation supports is the **Joint Grant Awards Program**, which provides annual grants of up to \$50,000 to help investigators research clinical questions in Family Medicine.

You already know that the AAFP Foundation does the good work of our specialty, but did you know that **the AAFP Foundation Annual Fund serves as a vital force for Family Medicine?** The Annual Fund supports multiple humanitarian, educational, and scientific initiatives that are covered in this issue. I encourage you to stand together with your colleagues and help us deploy the resources desperately needed to improve the health of all people by donating to the Annual Fund. Visit www.aafpfoundation.org/force to learn more.

Again, I urge you to connect with your AAFP Foundation to help us continue to serve as a vital force for Family Medicine. We can't do it without you! I look forward to working with you.

Yours in Family Medicine,
Jane

National Conference Scholarships, continued

my heart and mind were not quite in concert with the idea of becoming a family doctor. My vision has always been to practice in my small town, but that vision centered on bringing a needed service to the community.

That's where, for me, some good advice and a timely bit of assistance stepped in. I approached a faculty member in Family Medicine seeking advice about finding out more about the specialty, and she recommended the National Conference to me as a way to broaden my perspective. We had several students going from my school, which accounted for our limited funding, but she felt like if I could just get there I could room with them. That led me to apply for a First-Time Attendee Scholarship, which I received and promptly bought my plane ticket.

Thinking back, I'm still amazed at what those days opened my eyes to. I found a group of students, residents, and faculty

that were intent on changing the lives of their patients, the health of their communities, and the way we practice medicine in America. Here we openly discussed policy issues, even offering solutions for consideration at the annual governance meeting of the AAFP, the Congress of Delegates. We shared ideas for improving our medical school and residency programs, and networked with people who have now become my friends and peers but otherwise I'd have never known.

Five years later, the journey has carried me from San Diego to Toronto to the halls of Congress doing the work of the AAFP. Most recently I've started working for the American Academy of Family Physicians Foundation, the same group that made the start of this journey possible.

Consider making an impact on a future family physician and a leader of the AAFP and AAFP Foundation as Dr. Jason Marker did with the below scholarship recipients. Members who fund a full \$600 scholarship are matched with a specific recipient, giving them both the opportunity to meet and make a personal connection. Investing in your scholarship recipient will help secure the future of Family Medicine with the best and brightest physicians.



Your Foundation at Work

FMIGs: Critical to Family Medicine

Through financial support from donors to the AAFP Foundation, more than 145 Family Medicine Interest Groups (FMIGs) were eligible to receive funding this year for the activities that reach out and engage students on the front line—at their medical schools.

Participation in the FMIG Funding Initiative has been trending upward since the AAFP Foundation began supporting the program in 2006.

This year, the FMIG Funding Initiative was able to reach 10 of the 11 target schools, or schools without a department of Family Medicine, evidence that active FMIGs exist on those campuses even in the absence of a medical school structure that supports Family Medicine.

Johns Hopkins University School of Medicine in Baltimore, MD, is one of those target schools, and was able to reach 40 students through its qualifying FMIG event. In September, the Johns Hopkins FMIG hosted a Primary Care Panel and brought in 10 primary care physicians to speak to the group of students, who regularly do not interface with family physicians due to the lack of Family Medicine faculty.

“In order to provide an introduction to the various specialties of primary care, we recruited attendings and residents from medicine, med-peds, pediatrics, and Family Medicine to attend a panel event,” said Juliana Macri, a second-year student and FMIG leader at Johns Hopkins. “We discussed how the training and roles of each specialty varied yet complemented each other. Providers shared their personal stories of how they chose their career path. In addition, each provider honestly answered student questions including global health opportunities, debt, pursuing additional degrees, as well as research opportunities.”

Through support from the FMIG Funding Initiative, FMIGs are able to host these popular events, reaching many students on campus and teaching them the scope of Family Medicine. Support is provided for Johns Hopkins' FMIG and so many others, through the AAFP Foundation and its donors. ▶



CHFM Announces New Traveling Exhibits Program

The Center for the History of Family Medicine (CHFM) is proud to announce its new Traveling Exhibits Program in the history of Family Medicine. As part of its continuing efforts to preserve and share the history of the specialty, the CHFM has developed a series of special traveling exhibits on a variety of topics relating to Family Medicine. Topics include “The Distinguished Dozen: Twelve Books that Shaped the Face of Family Medicine;” “From the Doctor’s Bag: The Tools of the Trade of the Family Physician, Past and Present;” “Kids and Family Medicine;” and “What Is It?”

Traveling exhibits have been prepared as small, portable displays that are available for loan to Family Medicine organizations (including AAFP Constituent Chapters), schools, civic organizations or other archives, libraries, and museums for research or display purposes on a temporary basis. In addition, Center staff are available to work with all Family Medicine organizations and Constituent Chapters to help to develop exhibits for any of their annual meetings or special events. For a complete list of available exhibits, details on shipping, and additional information on the Traveling Exhibits Program, please visit www.aafpfoundation.org/chfmexhibits. ▶

Dues Check-Off Donations Shared with Chapters

The Family Medicine Philanthropic Consortium (FMPC) Grant Awards Program is funded solely through your Dues Check-Off donations. FMPC Grant Awards have provided \$766,370 to support 183 grants awarded to AAFP Constituent Chapters and Chapter Foundations in 37 states since 2006.

Apply Now for a 2014 FMPC Grant Award

FMPC Grant Awards provide support to Chapter and Chapter Foundation programs that improve the health of all people. Apply by **June 16, 2014** for the opportunity to earn one of these competitive grants that are available only to AAFP Constituent Chapters and Chapter Foundations. Each state may submit up to three applications per year; applications can be submitted by the state AAFP Chapter, Chapter Foundation, or both. To download the 2014 application or view sample grants and FAQs, please visit www.aafpfoundation.org/fmpcgrants. ▶



Your Foundation at Work

Family Medicine Cares International, continued

(HHI). The 22-member Delegation split into three distinct teams focused on patient care, medical education, and service to children and youth.

PATIENT CARE TEAM

As part of the *Family Medicine Cares International* Patient Care component, licensed physicians and residents (under physician supervision) attended to patients at community clinics during the Delegation trip. The Patient Care team, comprised of 10 family physicians, treated more than 700 patients at multiple clinic locations throughout the region including the remote Southeast area. Two residents were able to join this team for a unique experience in both urban and rural medicine settings. In addition, one of the sub-teams was able to perform 137 well-child visits at a local school. The school then worked with parents to encourage follow up with a few of the children.

MEDICAL EDUCATION TEAM

The Medical Education team, made up of seven family physicians and one staff member, developed and presented two one-day symposia for Family Medicine residents, physicians, and medical students in Cap Haitien and Port-au-Prince. The symposia covered the topics of Geriatric and Preventive Medicine, which were specific medical topics identified by our in-country residency programs and medical school partners. In addition, the team presented two faculty development sessions for the Family Medicine residency programs in Cap Haitien and Saint Marc, as well as delivered much needed medical equipment and supplies.

A critical part of the team's schedule included meetings with the medical schools, area physician leaders, and the Ministry of Health in Haiti to discuss future symposia, curriculum, and resource needs, plus a long-term role in supporting the development of Family Medicine in Haiti.

SERVICE TEAM

The Service team consisted of three non-medical volunteers and one staff member, who focused on the needs of more than 500 children and youth. The team spent considerable time at two schools in Leogane and the Bel Air School in the gang-controlled Bel Air community. They were able to paint the interior of the three schools, varnish benches at each location and connect with the children at all of the facilities.

The team was also able to meet with the vo-tech students who have received scholarships through the AAFP Foundation *Family Medicine Cares International* program. These students were set to start class in the coming days.

ONGOING VOLUNTEER OPPORTUNITIES

As part of *Family Medicine Cares International*, three to four volunteer physicians are needed each week throughout the year to provide ongoing patient care in community clinics in Haiti. These volunteer physicians generally serve one-week deployments, working alongside Haitian medical personnel to deliver the quality care the local population so desperately needs. All volunteers are escorted by HHI in-country staff and housed at HHI volunteer centers.

HELP YOUR FOUNDATION MAKE A WORLD OF DIFFERENCE

DONATE: Good work can't happen without financial support. Your help is needed to build this exciting new program. Contact Brenda Cherpitel at bcherpitel@aafp.org or (800) 274-2237, ext. 4452 to learn more.

VOLUNTEER: Plan a trip to Haiti with the 2015 *Family Medicine Cares International* Delegation or as part of the ongoing volunteer program. Go to www.aafpfoundation.org/FMCI to learn more. ▶



FMCI by the Numbers

2014 Delegation

- 14 Family Physician Volunteers
- 3 Family Medicine Residents
- 5 Non-Medical Volunteers
- 8 Returning Volunteers

Patient Care Team

- 700 Patients Treated
- 137 Well-Child Exams (very rare in Haiti)
- 10 Family Physician Volunteers

Medical Education Team

- 82 Haitian Family Physicians, residents, and medical professionals trained as part of the Family Medicine Symposium
- 24 Faculty Members trained at 2 Family Medicine Residency Programs
- 2 Meetings with the MSPP
- 1 Meeting with the Council of Deans of the 4 Medical Schools
- 1 U.S. Embassy Meeting with the Ambassador
- 7 Family Physician Volunteers
- 2 AED Machines donated
- 32 Glucometers and 36 boxes of test strips
- 15 Gift sets: Family Medicine Board Review course, stethoscope, and otoscope/ophthalmoscope set and blood pressure kit

Service Team

- 500 Children impacted by the Service Team
- 150 Boxes of crayons provided to 3 schools
- 43 benches and 12 chairs varnished/painted
- 18 soccer balls and 18 jump ropes given to the schools for the children
- 3 schools painted

Your Foundation at Work

Family Medicine Cares USA Grants: More Than Money

How would you take care of yourself without health insurance? What about your family? You can consider yourself lucky if you've never had to answer these questions. But for those who do, the Foundation's *Family Medicine Cares USA* grants, which help free health clinics throughout the country, are making a difference for uninsured and underinsured patients.

Together the seven new clinics that have received one of these grants have provided a value of services totaling more than \$3 million through nearly 15,000 patient visits. As important as that dollar figure is, knowing what access to a clinic means to individual patients gives another strong measurement for the value of this program.

K.D.'s story:

"One of my patients named K.D. has been coming to the clinic for more than a year. She has asthma, hypertension, and had a recent scare with an exacerbation of her asthma in the cold weather. She will likely have Medicare by the summer. Happy for her, I told her 'you've graduated from the clinic!' As it turns out, she was extremely anxious because she has such trust in the care that she has received, she doesn't want to venture out of our clinic and seek another provider. With our new residency, I was able to tell her that every single person who works at the clinic is also at the residency and she will see the same faces there. That provided enormous relief, although she is not going to make that move one moment sooner than she has to." - Susan J. Hulsemann, MD, Medical Director of Faithworks Medical in Monroe, Michigan

In addition to grants to help new free clinics open their doors, your Foundation is also awarding *Family Medicine Cares USA* grants of up to \$10,000 to existing clinics. Watch for the announcement of 2014 grants to both new and existing clinics in May at www.aafpfoundation.org/fmcusa. ▶

Family Medicine Cares Resident Service Award Helps Homeless Youth

The *Family Medicine Cares Resident Service Award* was established to give Family Medicine residents an opportunity to fulfill a desire to address health disparities of the underserved in their communities. The 2014 *Family Medicine Cares Resident Service Award* recipient will be announced in April.

In 2013 Jennifer King, MD, a resident at Santa Rosa Family Medicine Residency, was the inaugural recipient of this award. Since May, Dr. King has been conducting the project she designed, titled *Bridging the Gap: From the Streets to a Medical Home*. The primary goals are to develop a relationship with a community organization (the Social Advocates for Youth shelter and drop-in center) and to provide medical services to homeless youth in Sonoma County while connecting them with a medical home at their community health center. The project also is designed to improve resident education in community medicine and to give hands-on experience working in an outreach setting and helping to develop a community-based program. Many successes are being achieved and recently Dr. King shared a few photos of her work.

Dr. King will present the final outcomes of her project at the 2014 National Conference. To find out more about this program visit www.aafpfoundation.org/fmcreidentservice. ▶



Disaster Relief Efforts with Your AAFP Foundation

Thank you for support of the relief efforts in the Philippines! Because of you and your colleagues, the AAFP Foundation was able to provide more than \$65,000 to relief efforts for our on-the-ground partners Heart to Heart International and International Medical Corps.


Continued support is needed for vaccinations covering measles, tetanus, and polio in children, tuberculosis and Hepatitis B for newborns, and for influenza and pneumococcal within the elderly. If you would like to find out more information about our partners or the relief efforts please visit www.aafpfoundation.org. ▶



Cities for Life Highlights Perceptions in Diabetes Management

Launched in April 2012, *Cities for Life* is a diabetes management program in Birmingham, Ala. led by the AAFP Foundation with support from Sanofi US, which seeks to promote healthy lifestyles, reduce the risk of diabetes, and encourage diabetes management. By collaborating with patient navigators and primary care practices in which most patients receive their care, the program links patients to community resources that can help people living with or at risk for type 2 diabetes access programs and resources they need to effectively manage their condition.

Cities for Life conducted ongoing research in Birmingham as part of the project. One of the measures included determining what gaps, if any, existed between primary care providers and patients regarding diabetes management. The results of this research were shared at the American Diabetes Association's 73rd Scientific Sessions on June 22, 2013. The research revealed that patients and providers in Birmingham did not share the same views regarding diabetes management. While physicians reported that patients have a lack of family support, patients believed that knowledge about disease management and family support are adequate to help them manage their diabetes. Meanwhile, only a minority of patients reported actually using available programs, revealing a lack of motivation is a barrier to utilization.

Final results, including follow up survey findings, will be released later this year. For more information about *Cities for Life*, visit www.aafpfoundation.org/citiesforlife. 

In Special Tribute — Honor a colleague, family member, or friend while supporting the work of your Foundation. Make a tribute gift and recognize someone important in your life. The AAFP Foundation is honored to receive gifts in memory or honor of family physicians, spouses, and friends. A tribute gift recognizes the relationship you have with your AAFP Foundation and the Family Medicine community. We gratefully acknowledge the following donors for their tribute gifts received from October 2, 2013 – February 28, 2014.

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To continue these and many other programs of the AAFP Foundation, we need your support. Please consider making a tax-deductible donation on the enclosed donation form or by going to aafpfoundation.org/donatetoday. You may send a donation to the Annual Fund, which supports all of the programs of the Foundation, or you may designate your donation for a program of interest to you.



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Join us for fascinating exhibits, spectacular views, wonderful food and drink, and a fun-filled evening with friends and colleagues! Visit www.aafpfoundation.org/vip to learn more.

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