

The Bright Future of Family Medicine

The projects completed by the 2017 *Family Medicine Leads Emerging Leader Institute* Scholars are impressive.

Scholars selected for this leadership development program spend nine months working with a family physician mentor to create and execute a project in one of three leadership tracks: Policy & Public Health, Personal & Practice, or Philanthropic & Mission-Driven. All projects are evaluated by volunteers, and one Best Project Award winner is selected for each track.

Meet the 2017 Best Project Award winners and learn more about the passions and projects that helped them earn this recognition.



Policy & Public Health Leadership Track

Paul Yerkes, MD

PGY2, Christiana Care Health System, Family Medicine Residency Program

Project Title: Improving the Identification of Veterans and Their Access to Mental Health Services in the Community

Yerkes had just lost a friend and fellow U.S. Marine to suicide when he started his *FML ELI* journey. He decided to use his project to address the veteran suicide rate, which currently stands at a veteran lost every 72 minutes. Yerkes focused on the identification of veterans outside of the VA and traditional military insurance programs and surveyed veterans to assess whether their health care providers have discussed their military service and/or have discussed mental health/post-traumatic stress disorder services—most did not. He then surveyed providers and learned that 60% answered neutral, disagree, or strongly disagree to: “I am comfortable discussing military service,” and almost 60% have not screened or do not feel they have the knowledge of where to start with a vet who has PTSD. Armed with this information, Yerkes created a toolbox of resources to help providers proactively address this sensitive subject with patients.

Personal & Practice Leadership Track

Chandler Sparks

M4, UNTHSC – Texas College of Osteopathic Medicine

Project Title: Home Birth in Texas—An Educational Web-Resource for Clinicians and Patients

First and foremost, Sparks is a husband and father to four small children. His parenthood journey has allowed him to experience adoption, traditional hospital

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Foundation’s Global Impact

One of the hallmarks of global health work is partnership development. Global health partnerships can occur in unexpected and unusual ways and can have unique challenges in both development and maintenance. Recently, the AAFP Foundation shared its experience creating successful partnerships at the AAFP Global Health Summit in Jacksonville, FL.

The AAFP Foundation’s signature program, *Family Medicine Cares International (FMCI)*, has a long-term commitment to Haiti. The *FMCI* volunteers provide patient care, service, and medical education each year during a week-long delegation trip. This requires strong in-country relationships that bolster existing efforts as well as ensure continuity of care and resources.



2018 brought many changes, including a new partnership with Family Health Ministries (FHM). FHM is a physician-led NGO based in North Carolina

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OUR MISSION

The American Academy of Family Physicians Foundation advances the values of Family Medicine through humanitarian, educational, and scientific philanthropy dedicated to improving health.

Letter from the President — P. Brent Smith, MD, MSc, FAAFP



Greetings,

Have you ever renovated a house? Maybe you've bought an older home that needed a renovation to get up to current building codes or to become more energy efficient or even just to be more "in style." It's a lot of work, and sometimes during the process you have to focus on the task at hand and

can lose sight of the bigger picture. But at the end, you get to stand back and admire what your work has produced. That is an amazing feeling. That old house is now a new home that your fingerprints are all over.

As donors and supporters of the AAFP Foundation, I want you to take a step back and look at the work you have been a part of the last six years (which correlates with my time on the Board of Trustees for the Foundation). In that time, we have seen the birth of two new signature programs: *Family Medicine Cares* and *Family Medicine Leads*. We've tackled diversity, and now the Board of Trustees better reflects the composition of our society and, more specifically, family doctors. And most recently, we have welcomed our new executive director, Heather Palmer. With this progress, you can see why we are excited for the next five, 10, or 20 years of working to continue our AAFP Foundation mission to advance Family Medicine and improve health.

You are an integral part of this success. We kicked off our fourth *FML Emerging Leaders Institute* this summer. When combined with our *FML Scholarships* for National Conference,

more than 250 medical students and residents had an unparalleled professional development opportunity due to the generosity of our donors. Our *Family Medicine Cares USA* program has donated more than \$415,000 to help launch and sustain free clinics nationwide. Furthermore, many of you have volunteered at those clinics, helping them reach more than 212,000 patient visits. *FMC International* has worked in Haiti for six years and secured new partnerships that will strengthen full spectrum Family Medicine, expand residency education, and provide resources to schools and orphanages. Our disaster program raised approximately \$125,000 for hurricane relief in 2017, and some of those funds were sent directly to colleagues on the Gulf Coast and in Puerto Rico supplying the resources to quickly resume seeing patients. When you add the grants to support state chapters made possible only because of your participation in the Dues Check-Off Campaign, it demonstrates the greatness that can happen when we combine the power of family doctors nationwide.

So, here's my charge to you: Look back at the work of our AAFP Foundation. Be proud and willing to show your support by making or increasing your annual donation. Seek ways to participate and encourage program growth and keep an eye out for our scientific signature program.

We value the treasures you bring to the work of the AAFP Foundation and want to work with and for you to make it even better...because the AAFP Foundation is our home.

Thank you!
Brent

5 Major Errors in Estate Planning

The end of the year is a time when people review their accomplishments or tasks they didn't complete and commit to make progress in the future. If your estate plan is still on the "to do" list, avoid these errors.



1. You Don't Have a Plan

Without a plan, the distribution of assets is left to state law, and you have no say in how your property is divided. Make sure you create a will or trust in partnership with an experienced estate attorney to ensure your intentions are followed. The AAFP Foundation is happy to provide a free planning guide to help you get started.

2. Underestimate Your Charitable Impact

You can make a significant charitable impact with less than you think. For example, the AAFP Foundation offers named endowments starting at \$25,000. Many charities, including your Foundation, welcome estate gifts and can help design a donation that secures your legacy and bolsters the causes that you value.

3. Failure to Properly Designate Beneficiaries

Have you designated beneficiaries for all your assets? If so, have you reviewed your designations recently? Since beneficiary designations absolutely control who receives your assets, it's important to periodically review your selections.

4. Failure to Maximize Annual Gifts

Gifting during your life is perhaps the oldest and best way to minimize future estate taxes. Many people fail to realize the prudence of making annual exclusion gifts each year to family members. Over the long run, you can transfer significant sums of money out of your estate and reduce your taxes.

5. Failure to Take Advantage of Tax Savings

You don't have to choose between your loved ones and your favorite causes. Adding charitable donations to your estate plan can provide significant tax savings.

Visit www.aafpfoundation.org/plannedgiving or contact the AAFP Foundation at foundation@aafp.org or 800-274-2237 if you want to request a wills guide or receive more information on including Family Medicine and the AAFP Foundation in your legacy.

YOUR FOUNDATION AT WORK

A Family Commitment to Service

Family can be our first and most influential teachers. Paula Joubert-Greene, MD, FAAFP, learned the importance of education and philanthropy from her elders.

“My grandmother, born in 1899, became a teacher before women had the right to vote, so I was taught that I do not need to wait for the government in order to learn,” said Joubert-Greene. That started a family tradition of careers in service to others, as her parents were educators and her sister, Ina Joubert Bazley, MD, is a fellow family physician in Pennsylvania.

“We are blessed to have parents and grandparents who instilled Christian values,” Joubert-Greene said. “It is not about us but trying to make the world a better place.”

That’s why she’s a family physician. Her husband, Moses Robinson, served his country in the U.S. Marine Corps and his community as a retired English teacher and volunteer with a Los Angeles program that works with at-risk youth. And that’s why they choose to support the AAFP Foundation, which provides benefits locally and globally through humanitarian programs.

“The return on investment goes much further as a group (less overhead),” said Joubert-Greene. “With our hectic schedules and unlimited documentation, the AAFP Foundation handles the commitment to help others that we often want to do but find increasingly less time in our work week to handle.

We not only want to leave a financial legacy for our family, but others as well. We are humbled as two parents with a blended family of eight children, 10 grandchildren, and six great grandchildren that our modest commitment is noticed.”

Part of their contribution supports the AAFP Foundation *Family Medicine Cares International* efforts in Haiti, the poorest country in the western hemisphere. Gifts of all sizes make a huge difference, especially in Haiti.

Joubert-Greene and Robinson decided to use the recurring gift option as a way of tithing and paying it forward. Monthly contributions are automatically charged, allowing the couple to partner with the AAFP Foundation to make a long-term investment that is helping to stabilize and enhance Family Medicine in Haiti.

Furthermore, the family has chosen to use the AAFP Foundation to help pass down the lessons of service and philanthropy to their children. The entire family, including aunts age 98 and 102, are involved in other AAFP Foundation events and regularly attend activities such as the VIP Benefit at FMX.



Upcoming Dates

For more information, visit aafpfoundation.org.

- Corporate Roundtable – January 29-30, 2019
- Student Externship Matching Grant applications due – February 1, 2019
- *Family Medicine Cares International* Delegation trip to Haiti – February 23–March 2, 2019
- CHFMB Board of Curators applications due – February 28, 2019
- *Family Medicine Leads Emerging Leader Institute* applications due – March 1, 2019
- *Family Medicine Cares* Resident Service Awards applications due – March 15, 2019
- Fellowship in the History of Family Medicine applications due – March 31, 2019
- Philanthropist of the Year applications due – April 15, 2019
- Outstanding Program of the Year Award applications due – April 15, 2019
- *Family Medicine Leads Scholarships* applications due – May 1, 2019

A small way you can make a BIG impact

Support your AAFP Foundation with a Dues Check-Off Donation.

Choose between two fast and easy ways to donate:

1. Check the donation box on your AAFP dues statement.
2. Visit www.aafpfoundation.org/duescheckoff.

Every donation from **every** family physician counts.

DON'T WAIT TO DONATE!



YOUR FOUNDATION AT WORK

Scholarships Change Lives

The AAFP National Conference of Family Medicine Residents and Medical Students continues to provide a pivotal experience for future family physicians. Many attendees confirm their commitment to the specialty, receive hands-on clinical training, explore topics not covered in their educational programs, and are inspired by the Family Medicine leaders and peers who surround them.

Through partnership with generous donors, the AAFP Foundation is proud to provide this opportunity to deserving medical students and residents. This year, 586 applications were received, and the thank-you notes written by the 220 selected recipients of *Family Medicine Leads Scholarships* showcase the impact this financial assistance has made in their lives and the wonderful talent in our Family Medicine pipeline.

Financial Impact

I wanted to take time and thank you for your donation. The day I discovered I won a scholarship to be able to come I was so excited. After Hurricane Maria, finances are hard for us students in Puerto Rico. I appreciate so much that I could be part of the conference because of your donation. Thank you!

*Laura Franqui Dominguez, M4
San Juan Bautista School of Medicine*

Educational Impact

Thank you so much for this amazing opportunity to attend the AAFP National Conference this early in my training. I entered medical school knowing I would pursue Family Medicine, and now I am even more inspired to focus on full-spectrum medicine. As an FMIG lead in a new medical school, I am excited to bring my new knowledge back to my program and inspire others to consider Family Medicine as well. I really hope to return next year and continue networking!

*Michelle Hedeem, M2
Elson S. Floyd College of Medicine*

Community Impact

Thank you for the incredible opportunity to attend this year's AAFP National Conference. Being able to meet with colleagues to discuss resolutions about important topics has energized and refreshed me. I feel ready to return to residency with a broader view of the difference I can make in the Rochester, NY, community and resources I can access to support that work. I appreciate your generosity very much.

*Regards,
Zoe Gravitz, MD, PGY-2
University of Rochester Highland Hospital Family Medicine Residency*

Personal Impact

Thank you for your support of my attendance at the AAFP Conference! I will be the first person in my family to be a physician, and this conference provides the opportunity for me to build a network. I hope to match this year in FM, and I have been able to connect with many of my top programs in person! I am grateful to be part of this specialty, learn how others are leading, and make plans to become a Family Medicine leader myself.

*Nicole Paprocki, M4
Chicago College of Osteopathic Medicine*

Family Medicine Impact

Thank you so much for giving me the opportunity to come to this conference and meet so many people interested in Family Medicine. I am trying to get as much out of this experience as possible and have already written two resolutions. Thank you,

*Johan Clarke, M4
Georgetown University School of Medicine*

Each year, the AAFP Foundation strives to raise at least \$132,000 to grant awards that help medical students and residents attend National Conference. You can help by sponsoring one or more \$600 *FML Scholarships*. ▶



AAFP Foundation President (left) and President-elect (middle and right) distribute scholarship checks.

YOUR FOUNDATION AT WORK

Fellowship Recipient Finds New Home in History Center

Kate Rowland, MD, MS, FAAFP, of Aurora, IL, the 2018 Sandra L. Panther Fellow in the History of Family Medicine, recently visited the Center for the History of Family Medicine (CHFM) to complete research on her fellowship project.

Dr. Rowland's fellowship project, titled "Histories and Stories as Antidote for Modern Family Medicine Challenges," will analyze Family Medicine's response to previous instances of change, challenge, and hard times and use oral and written histories to identify how family physicians have responded to those challenges.

According to Dr. Rowland, "Our history is valuable for approaching and thinking about today's problems, and its value can be seen through a few lenses. Perhaps individual family doctors who have gotten through hard times will offer inspiration and perspective that current family physicians will find useful."

Housed at AAFP headquarters and administered by the AAFP Foundation, the CHFM serves as the principal resource center for the collection, conservation, exhibition, and study of materials relating to the history of Family Medicine in the United States.

On her visit to the center, Dr. Rowland said, "The Center is an incredible resource for historical research, and it's been very rewarding to learn about Family Medicine and the people who worked to make it what it is today."

In addition, the CHFM was also honored with a special visit from the namesake of the Fellowship, former AAFP Foundation Executive Vice President Sandra L. "Sandy" Panther, when she came to meet Dr. Rowland.

"It was a pleasure to meet Dr. Rowland, and I look forward to seeing the results of her research," Panther said. "It is my hope to have an opportunity to meet the fellowship recipient every year."

The CHFM sponsors a Fellowship in the History of Family Medicine each year. Interested family physicians, health professionals, historians, scholars, educators, scientists, and others are invited to apply for the 2019 Sandra L. Panther Fellowship.

The successful applicant will be awarded a fellowship grant of up to \$2,000 to support travel, lodging, and incidental expenses relating to conducting research on a project of their choosing dealing with any aspect of the history of general practice, family practice, or Family Medicine in the United States.

The deadline to apply for the 2019 fellowship is Saturday, March 31. All applications will be reviewed in April, with the Fellowship award announced by May 31.

For complete fellowship rules, application forms and instructions, please visit: www.aafpfoundation.org/chfmfellowship. For more information on the Center, call (800) 274-2237, ext. 4420, email chfm@aafp.org, or visit www.aafpfoundation.org/chfm. 



(top) 2018 Panther Fellow Kate Rowland, MD; (below) Former AAFP Foundation EVP and Fellowship namesake Sandra "Sandy" L. Panther meets Dr. Rowland during her visit to the Center.

Fort Wayne Medical Education Program Resident Receives Best Paper Award

The Resident Research Grant program provided awards of up to \$2,000 for Family Medicine Residents to conduct research projects that can be completed in a year. Three resident researchers or research teams received awards in 2017. Each returned to the 2018 AAFP National Conference of Family Medicine Residents and Medical Students to share their findings. A group of volunteer family physicians evaluated all papers and selected one person to receive the Best Paper Award for exemplary execution.

Congratulations to David Furman, DO, of Fort Wayne Medical Education Program—Family Medicine Residency in Fort Wayne, IN, for his paper titled, "*The effect of resident-as-teacher education with the layered learning intervention to improve first-year resident physicians integration to the clinical setting.*"



The selection of the best paper is based on the following criteria:

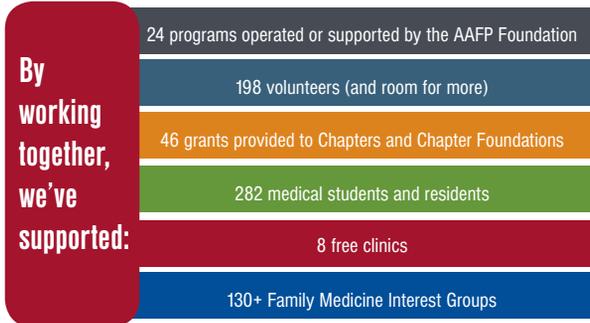
- Originality of research or scholarly topic
- Adequate literature review
- Research design or acceptable presentation of a scholarly topic
- Relevance to Family Medicine
- Excellence in writing

Thank you to everyone who supports research initiatives by providing financial support, evaluating applications and papers, supporting award recipients, and promoting AAFP Foundation opportunities.

2017 ANNUAL REPORT

YOUR FOUNDATION AT-A-GLANCE

Our mission is to advance the values of Family Medicine through humanitarian, education, and scientific philanthropy dedicated to improving health. Thank you to the many family physicians, corporations, foundations, and friends whose donations helped strengthen people and communities worldwide. Your generosity is truly moving Family Medicine forward.



EDUCATION

Family Medicine Leads supports pipeline initiatives that help future physicians discover the specialty and learn to be trailblazers.

Immediate Impact

"Thank you for your kindness and generosity. Your scholarship has enabled me to understand the lessons needed to pursue a career in Family Medicine and empowered me to take a step in becoming an agent of change in the health community. Your contribution changed a life today," said a 2017 *FML Scholarships* recipient.

Lasting Impact

- FML Emerging Leader Institute* is a competitive leadership development



program for 30 medical students and residents. Joshua Wienczkowski, MD, was recognized in 2017 with the Best Project Award for the Personal & Practice Leadership Track. His website, endoflifeliteracy.com, is used by medical schools and residency programs worldwide to help future physicians learn how to approach this important yet sensitive issue. Wienczkowski is one of many *FML ELI* scholar alumni achieving entrepreneurial success or holding leadership positions.

- The Center for the History of Family Medicine received a significant donation reflecting the legacy of Richard V. "Dick" Ohmart, MD. The entire collection is now available as resource to the specialty.

\$449,987

in scholarships and grants benefiting medical students and residents

29%

of *FML Scholarship* recipients reported an increased interest in Family Medicine after attending National Conference

646

engagements with the Center for the History of Family Medicine

HUMANITARIAN

Family Medicine Cares addresses the health care needs of the underserved at home and around the world.



Immediate Impact

"My *Family Medicine Cares International* experience (in Haiti) was life changing. It allowed me to gain a greater perspective and appreciation for Family Medicine on a global scale. I was able to see things I had only read about. I was able to reach and help people previously out of reach," said one volunteer.

Lasting Impact

2017 *FMC Resident Service Award* recipients in Maryland established Partners in Parenting, a program that helped an infant with feeding problems and strained parental interaction gain a nurturing environment as well as progress to be on a normal growth curve and meet all developmental milestones in just four months. One recipient working with that program said, "The *FMC Resident Service Award* was the highlight of my residency experience. Having the financial support to implement a project that has such a large impact on a community level for underserved patients was incredible."

SCIENTIFIC

Awards support research, discovery, and innovations that help practitioners, patients, clinics, and neighborhoods.



Immediate Impact

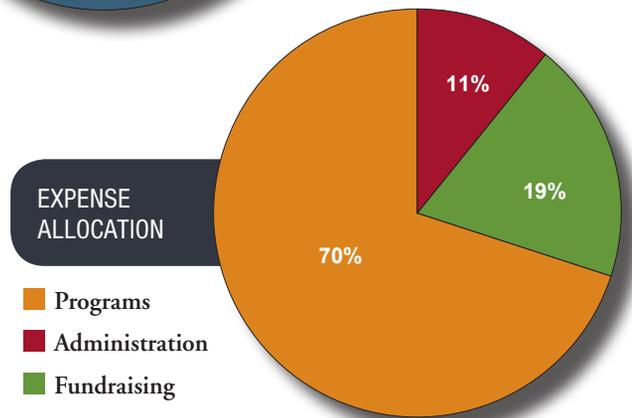
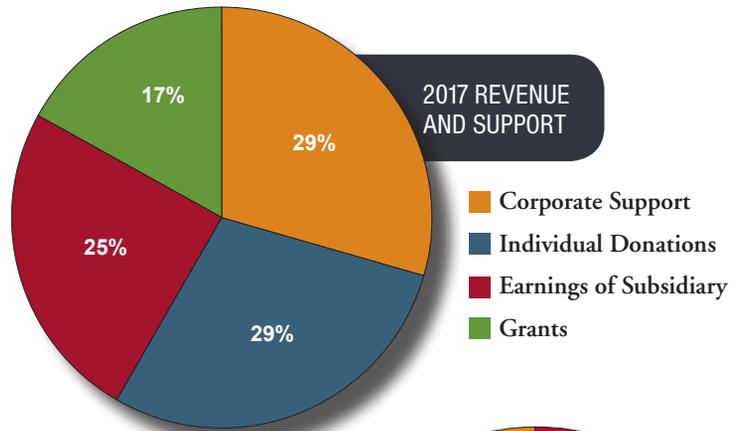
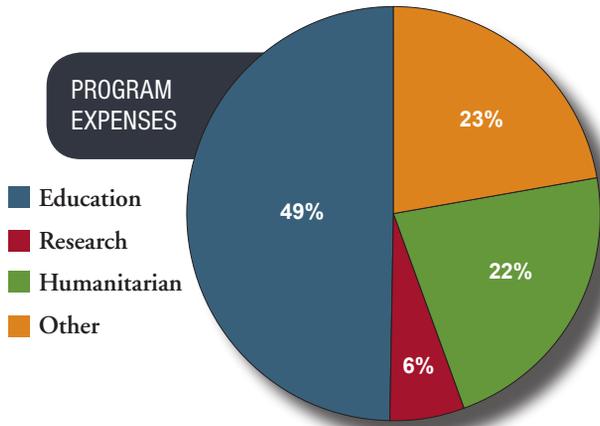
"It provided a great opportunity to engage in a small-scale, active clinical research project that addressed an important issue. The opportunity to write up a research paper helped significantly with skills for my ongoing academic career," said a Resident Research Grant recipient.

Lasting Impact

Grants allowed recipients to explore, create, and fully utilize innovative tools. "It (the Research Stimulation award) has allowed us to create one of our first full research projects within our Practice Based Research Network (PBRN), which has led PBRN members to be much more engaged."

2017 ANNUAL REPORT

FINANCIALS



January 1-December 31, 2017 Statement of Financial Position

ASSETS

Cash and Cash Equivalents	\$ 328,290
Accounts Receivable	146,393
Accounts Receivable, Planned Giving Program	143,397
Prepaid Expenses	45,722
Investments	16,837,328
Investment in AAFP Insurance Services, Inc.	1,497,655
Office Equipment, Furniture and Fixtures, Net of Accumulated Depreciation of \$274,298	62,806
Total Assets	<u>\$19,061,591</u>

LIABILITIES and NET ASSETS

Accounts Payable	\$ 700,560
Deferred Revenue	50,849
Liabilities Under Split-interest Agreement	204,991
Grant Awards Payable	251,327
Total Liabilities	<u>\$1,207,727</u>
Unrestricted	13,676,143
<i>Undesignated</i>	<i>3,005,631</i>
<i>Board-appropriated</i>	<i>10,670,512</i>
Temporarily Restricted	1,982,251
Permanently Restricted	2,195,470
Total Net Assets	<u>\$17,853,864</u>
Total Liabilities and Net Assets	<u>\$19,061,591</u>

Statement of Activities

REVENUES and SUPPORT

Individual Donations	\$ 1,025,198
Corporate Support	1,057,247
Administrative Support	-
Grants	595,419
Investment Return	2,207,100
Earnings of Subsidiary	897,555
Other	-
Total Revenue and Support	<u>\$5,782,519</u>

EXPENSES:

Programs	\$2,999,091
<i>Education</i>	<i>1,474,668</i>
<i>Research</i>	<i>189,955</i>
<i>Humanitarian</i>	<i>663,213</i>
<i>Other</i>	<i>671,255</i>
Administration	480,714
Fundraising	808,062
Total Expenses	<u>\$4,287,867</u>

Change in Net Assets	<u>1,494,652</u>
Net Assets, Start of Year	<u>\$16,359,212</u>
Net Assets, End of Year	<u>\$17,853,864</u>

YOUR FOUNDATION AT WORK

Making a Lasting Difference: Winners of the 2017-2018 Immunization Awards

The AAFP Foundation 2017-2018 Immunization Awards, funded by Pfizer Inc., provided grants to 10 Family Medicine Residency Programs (FMRPs) to implement resident-led quality improvement projects that define best practices and improve immunization rates in targeted populations. Below is a sample of their outcomes and learnings.

We are debunking vaccination myths...

“During the past year, I heard many heartwarming stories about recalcitrant patients’ parents whose opinions about the safety and importance of adolescent vaccines were influenced for good by the education and reassurance provided to them by our clinic staff,” noted Dr. Jordan Roberts, resident project lead at St. Marks (Utah Healthcare) FMR. A memorable example is an attending physician who has several teenage children but had been reluctant to get them immunized against HPV. After one of our training sessions dispelling the myths around the HPV vaccine, he let me know he would have his children immunized.

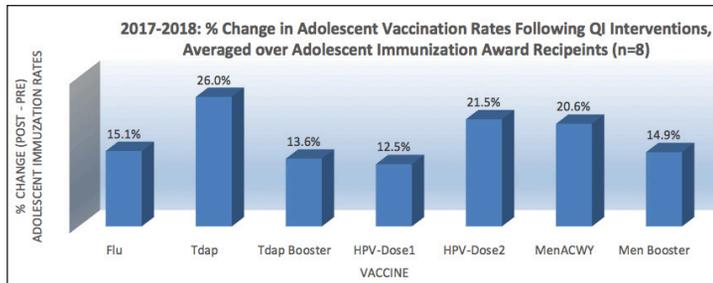


Honing our quality improvement skills...

Dr. Lauren Woodard, resident project lead at St. Vincent’s FMRP said, “We involved our whole resident community (30 residents) with education and reach-out strategies. Not only did we improve immunization rates in our clinic this year, the residents and team members will be taking this QI experience to our future practices, so we can improve health care at each of the different places we go.”



And achieving improved community health ...



ADOLESCENT Immunization Award recipients were:

- Duke FMRP (Durham, NC)
- Lincoln FMRP (Lincoln, NE)
- Memorial Health Savannah FMRP (Savannah, GA)
- St. Mark’s FMRP (Salt Lake City, UT)
- St. Vincent’s FMRP (Jacksonville, FL)
- Union Hospital FMRP (Terre Haute, IN)
- University of Arizona Alvernon FMR (Tucson)
- University of Minnesota Medical Center FMR (Minneapolis)

SENIOR Immunization Award recipients were:

- McLeod FMRP (Florence, SC)
- University of Tennessee St. Francis FMR (Memphis)

Through teamwork, innovation, and celebration

Dr. Jena Nakata, resident project lead at the University of Tennessee St. Francis FMR, summed it up this way, “Each month we have a clinic-wide meeting to voice appreciation for outstanding individuals, discuss clinic changes/upcoming issues, and follow up on previous issues. At our most recent meeting providers spontaneously talked about appropriate senior immunizations and documentation. I noticed that everyone was wearing their immunization t-shirts, and our entire clinic was working together to strengthen the health of seniors in our community. At that moment I realized the enormous impact that this immunization project has had on our clinic. We have overcome obstacles by brainstorming, engaging in a process of continuous improvement, and celebrating our successes. 🍌



YOUR FOUNDATION AT WORK

Foundation's Global Impact *continued from page 1*

with 25 years of experience in Haiti. FHM has two clinics, a Guesthouse, and connections to schools and orphanages, all of which were utilized by the Patient Care and Service Teams during the 2018 Delegation. Staff and Delegates reported favorable results of the pilot partnership and recommended continuing and expanding this relationship. FHM agreed and is already exploring new opportunities such as ALSO®, with plans to add trips for individual physicians or residency programs and consider mutually beneficial research initiatives.

The Medical Education component of the *FMCI* Delegation includes direct teaching to physicians, residents, and students and an ongoing faculty development program for the two Haitian Family Medicine residencies. Relationships with faculty at the residency programs and Haiti's five medical schools is vital, providing

facilities for activities, feedback on continuing Medical Education topics and an invitation for the AAFP Foundation to participate in the Haitian Family Medicine Association established this spring.

Global health partnerships are a key way the AAFP Foundation achieves its mission of humanitarian support and improving health. *Family Medicine Cares International* is a strong and thriving initiative that attracts volunteers, engages individual and corporate

donors, and positively impacts the lives and health of the people of Haiti. The Foundation is also proud to continue its financial support of the AAFP Center for Global Health Initiatives, which hosts the annual Global Health Summit.

Your impact in Haiti: 2013-2018

- 3,800+ patient visits
- 887+ well-child exams
- 350+ residents or physicians received training at a symposia or faculty development session
- 80 volunteer Delegates



Fueling the Family Medicine Pipeline

In an effort to stimulate interest among medical students to select a career and pursue research opportunities in Family Medicine, your Foundation allocates \$30,000 annually to fund student externship matching grants.

"I am grateful to leave this summer incredibly enthused and excited to continue to pursue my goal of specializing in Family Medicine," said Aubree LaForce, a first-year medical student. "This experience solidified my decision that Family Medicine was my calling and allowed me to envision my own impact on patients in the future." Before this experience, "I had not realized the impact that Family Medicine physicians have on their patients, especially those who are faced with multiple social determinants of health."

Since 1992, the AAFP Foundation Student Externship Matching Grant (SEMG) program has partnered with AAFP constituent chapters in 44 states and the District of Columbia and provided more than \$1 million in matching grants to support nearly 900 student externships.

The Mississippi Academy of Family Physicians Foundation, which provided two externships this summer to first-year medical

students, said, "The program helped provide students with a behind the scenes look at the depth and breadth of Family Medicine. The students were provided early opportunities to shadow in clinic and in our medical school hospital that are not normally experienced until third year of medical school."

The 2018 SEMG Program awarded 25 matching grants (\$1,250 each) to 13 constituent chapters/chapter foundations.

"I originally went into this experience hoping to come away with a better understanding of if Family Medicine was the path for me, but I did not expect to fall in love with it as much as I did," said medical student Adeem Tahira, whose externship this summer was sponsored by the North Carolina Academy of Family Physician Foundation. "I know that this is what I want to do, and this experience was the key in helping me feel more confident in my decision."

A listing of Chapters and Chapter foundations that received 2018 matching grants is available at www.aafpfoundation.org/studentexternships. Applications for 2019 grants are due by February 1.

Laissez les bons temps rouler avec votre AAFP Foundation!

“Let the Good Times Roll with your AAFP Foundation!”

The Big Easy did not disappoint in southern hospitality and fun. Your AAFP Foundation highlighted history and southern charm while in New Orleans for Congress of Delegates October 7-10 and the AAFP Family Medicine Experience (FMX) October 9-13. This was a fun-filled week of many events—a huge thank you to the donors who help the AAFP Foundation support our great specialty, physicians, and future.

Annual Recognition Dinner

The AAFP Foundation hosted this year's Annual Recognition Dinner at the Orpheum Theater. As part of the evening's festivities, the Philanthropist of the Year, Outstanding Program Award, and AAFP Award for Distinguished and Meritorious Service to Family Medicine were presented.

Philanthropists of the Year: Jane Rues, EdD and Larry Rues, MD, FAAFP

Dr. Larry Rues has a passion for policy, students, and helping the underserved at home and abroad. This has led him to support our signature programs and become a deserving candidate for this recognition.

The *Family Medicine Leads Emerging Leader Institute (FML ELI)* provides an important opportunity for medical students and residents to learn firsthand about policy, leadership, and how they can make a difference starting now. In belief and support of this



Foundation initiative, Drs. Larry and Jane Rues have funded the *FML ELI* Best Project Award for the Policy & Public Health Leadership Track since inception and have made arrangements to fund this opportunity in perpetuity. Additionally, Larry recently retired as faculty member and former program director at the Research Family Medicine Residency Program and has volunteered to potentially work with the *FML ELI* program as a mentor or in another capacity. In addition to resident and student support, Larry and his wife, Jane (a retired occupational therapy professor), have hearts for humanitarian work. They have completed numerous medical mission trips and plan to do even more now that they are both retired. As you can see, giving back is not new to Larry. In fact, he received the Humanitarian Award from Baptist Medical Center in 1991 and has been a consistent AAFP Foundation donor since 1983. This commitment sets an example for the students and residents he supports and encourages colleagues to pay it forward.

Outstanding Program of the Year Award: California Academy of Family Physicians Foundation

The California Academy of Family Physicians Foundation received this award for its “End of Life Conversations Project.” This ongoing project seeks to support family physicians, their practice teams, and their patients with the delicate but vitally important end of life conversations. New legislation prompted the CAFPF and the AAFP Foundation to work together to develop an education and outreach program to increase primary care providers' familiarity with advance care planning and palliative services as well as comfort in having these difficult conversations with patients and families. The End of Life Conversations Project provides live and enduring tools, resources, and support for physician members and their teams.



AAFP Award for Distinguished and Meritorious Service to Family Medicine

This is the Academy's highest recognition of vendors, suppliers, and companies or their employees, who help advance Family Medicine. This year marked the first time the AAFP selected two recipients.

Eli Lilly and Company received this award in recognition of the dozens of AAFP initiatives they have supported over the more than 30 years they have been a member of the AAFP Foundation Corporate Partner Program. This includes AAFP events like the Annual Leadership Forum, the Conference on Practice Improvement, the State Legislative Conference and work on Alzheimer's disease and dementia. The AAFP Foundation has benefitted from their assistance with international medical delegations, fundraising auctions at FMX and most recently the *Family Medicine Leads Emerging Leader Institute*.



The next recipient, Sanofi Pasteur, has been an AAFP Foundation Corporate Partner for more than 34 years. The mainstay of their generous support has been focused on providing family physicians, their care teams, and patients with important education and resources on immunizations and diabetes.



Sanofi Pasteur's approach to partnership has resulted in truly innovative state chapter education that's helping family physicians educate teens, parents and guardians on the importance of getting recommended vaccines and ultimately provided an extensive library of resources for members and their office staff.

AAFP Foundation VIP Benefit

Boogie woogie all night long was just what your AAFP Foundation friends did! Everyone enjoyed VIP treatment at the World War II Museum, including amazing food, palm and tarot card readers, a caricature artist, Glamor Girls, and exclusive access.

Program Support

The Text-2-Give and the Wall of Support were new additions this year to the many activities hosted by your AAFP Foundation. These two events hit a home run in their first year and raised almost \$70,000. Additionally, the Silent Auction featured some new technology offerings with mobile bidding and early bidding. The auction offered more than 120 packages this year and featured an array of items appealing to all interests. With more than \$13,000 raised—and many happy bidders—it was a big success.

Thank you to those who joined us for the many wonderful events at the 2018 Family Medicine Experience (FMX) in New Orleans. Check the website in 2019 for updates about all the fun that you and your AAFP Foundation can have in Philadelphia.



Bright Future of Family Medicine *continued from page 1*

births, and use of midwives. As Sparks' medical knowledge expanded, he realized that many clinicians and patients interested in home births did not have a single resource for objective, fact-based information to help make informed decisions. It led him to create texashomebirth.com. This online resource compares the qualifications of potential providers, reviews state regulations, provides guidance on hospital transfers, and shares standards of care. The website was designed to be informative but not persuasive.

Share this great opportunity with a Family Medicine resident or medical student! 2019 *Family Medicine Leads Emerging Leader Institute* applications will be available in mid-December on www.aafpfoundation.org.

Sparks, who is now completing a military residency out of state, is hopeful that the state chapter or other equally passionate family physician will help update and continue the site.

Philanthropic & Mission-Driven Leadership Track

**Jessica Lapinski, DO
PGY2, Duke Community and Family Residency Program**

Project Title: Delivering Quality Care to the LGBTQ+ Community at Duke Family Medicine

Lapinski saw a need in her community and set out to address it. Duke Family Medicine is working to expand its practice to include an LGBTQ+ patient-centered medical home. To be successful, Lapinski knew targeted and reflective outreach and welcome efforts were required. She created a campaign

to raise awareness and financial support in conjunction with university staff. Lapinski helped engage the community through an advisory board, visibility campaign featuring local faces, and an office toolkit, as well as the creation of the Duke LGBTQ+ Health Disparities Fund. Lapinski plans to continue her work throughout the final year of her residency and transition efforts to ensure longevity.

Visit www.aafpfoundation.org to read more about the projects completed by all scholar alumni. Thank you to Corporate Partner Lilly and the many individual donors who have supported this program and believe in the development of future Family Medicine leaders. To learn more about how you can help the next cohort, email foundation@aaaf.org. Faculty, mentor, evaluator, and donor opportunities are available. ▶

Partner Spotlight: Working Together Toward Common Goals

Carrie Johnson, Guest Contributor

The best partnerships are built on shared purpose. Just like the AAFP, CompHealth is passionate about serving family physicians. Every day, we work to place physicians where they're needed most. We're fortunate to see how they improve the lives of thousands of patients, in thousands of communities—one quality interaction at a time.

Partnerships are also about mutual benefit. Through the Foundation's Corporate Partner Program, we've had the privilege of creating stronger relationships with Family Medicine physicians. We've been able to hear and understand more fully the joys and challenges of being a family doctor in today's ever-changing health care environment.

We know that we have helped AAFP members in return. Through our sponsorship and donation of time, expertise, and resources, we've worked to reconnect family physicians with their purpose, assist in increasing physician wellness and compensation, and support family physicians in making a difference in their own communities.

We've also had the chance to be inspired by some amazing people. It's been an honor to serve on the AAFP Foundation Board for the past three years. As I've worked alongside talented leaders and passionate family physicians on a number of projects and initiatives, my confidence for the future of the specialty has soared.

Over the years, I've found that making a difference — whether it's in a medical specialty, a patient population, or in someone's life—doesn't take herculean strength. It takes the joint effort of like-minded individuals who believe in and are willing to support common goals. We're stronger when we work together.



Carrie Johnson, Vice
President, CompHealth

2018 Corporate Partners

PINNACLE – \$50,000 and above

American Academy of Family Physicians
Novo Nordisk, Inc.
Pharmavite LLC
Sanofi US

PRESIDENT'S CIRCLE – \$30,000

Abbvie
Amgen
AstraZeneca
Bristol-Myers Squibb Company
CompHealth
Exact Sciences
GlaxoSmithKline
Indivior
Janssen Pharmaceuticals, Inc.
Lilly USA
Merck
PhRMA
Seqirus, Inc.
Takeda
VITAS Healthcare

SUSTAINING – \$10,000

Amarin
Ascend Integrated Media, LLC
Boehringer Ingelheim Pharmaceuticals
Eisai, Inc.
Intarcia Therapeutics, Inc.
Kowa Pharmaceuticals America, Inc.
Pfizer
Purdue Pharma LP
Quest Diagnostics
Shire
TEVA Pharmaceutical Industries, Ltd.

CHARTER – \$5,000

Abbott Laboratories
Allergan
American Family Physician
The Beef Checkoff
C. Duryee Consulting, LLC
Genova Diagnostics
Hydralyte (The Hydration Pharmaceuticals Trust)
Intelligent Retinal Imaging Systems, LLC
Kareo, Inc.
Medicines360
Myriad Genetic Laboratories
National Dairy Council
Novavax
Omada Health
SmartBrief
Solera Health
StayWell
Sunovion Pharmaceuticals, Inc.
Surescripts, LLC
TC Heartland, LLC

New Corporate Partners

Amarin Corporation is a biopharmaceutical company focused on the commercialization and development of therapeutics to improve cardiovascular health. Amarin's product development program leverages its extensive experience in lipid science and the potential therapeutic benefits of polyunsaturated fatty acids. Vascepa (icosapent ethyl), Amarin's first FDA-approved product, is an ultra-pure, EPA-only omega-3 fatty acid product available by prescription.

Solera is a single-source solution connecting patients to an integrated network of community and digital providers of prevention, coping, and support services. Their mission is to change lives by connecting people to health care solutions that work. At Solera, they are inspired every day by the hundreds of organizations that are fighting chronic disease in communities and online. Solera helps organize the disparate programs and services into one integrated network, allowing medical providers and health plans to find a convenient "best match" diabetes prevention program for their patients with prediabetes based on each individual's unique needs and preferences. This has proven to increase patient participation and to have a significant impact on improved patient outcomes at a fraction of the cost of traditional medical care.

Visit www.aafpfoundation.org/corporate to learn more about the Corporate Partner Program.

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973-504-6215 and is available on the internet at www.njconsumeraffairs.gov/ocp.htm#charity. New York: New York residents may obtain a copy of the AAFP Foundation's annual report by writing to the Office of the Attorney General, Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271. North Carolina: Financial information about the AAFP Foundation and a copy of its license are available from the State Solicitation Licensing Branch at (888)830-4989. Pennsylvania: The official registration and financial information of the AAFP Foundation may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Virginia: A financial statement for the most recent fiscal year is available upon request from the Division of Consumer Services, P.O. Box 1163, Richmond, VA 23209, 1-804-786-1343. Washington: You may obtain additional financial disclosure information by contacting the Secretary of State at 1-800-332-GIVE. West Virginia: West Virginia residents may obtain a summary of the registration and financial documents from the Secretary of State, State Capitol, Charleston, WV 25305.

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