

Because of **YOU**



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PHOTOS ON FRONT COVER:

Left: Patient receiving shot at free clinic

Top middle: Amy Rodgers presenting poster

Top right: Tim Hoff, PhD, visits Center for History of Family Medicine

Bottom right: FM Leads Emerging Leader Institute Best Project winners helping scholars

Bottom center: Staff at Martha's Clinic in Temple, TX, a recipient of Family Medicine Cares USA grant

A Message from our Board President and Executive Director

The last couple of years tested us in ways we could have never imagined—especially family physicians.

But no matter what's going on in your world, ***you show up for the AAFP Foundation.***

Because of YOU the work of the Foundation continues. The support of free health clinics around the country, the development of future leaders, the championing of medical research for primary care all carries on because of your generosity, coupled with corporate partner and foundation support.

We can't thank you enough for your steadfast commitment to the Foundation and our mission to improve the health of people through the values of family medicine. We remain focused on facilitating the programs that make a difference to not only your up-and-coming family medicine peers, but also to your communities.

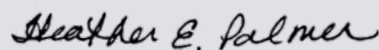
Because of donors like you, the AAFP Foundation endures and even thrives as a meaningful, innovative, strong organization advancing the specialty of family medicine.

All of us at the Foundation and the people benefiting from our programs are beyond grateful for YOU.

All the best,

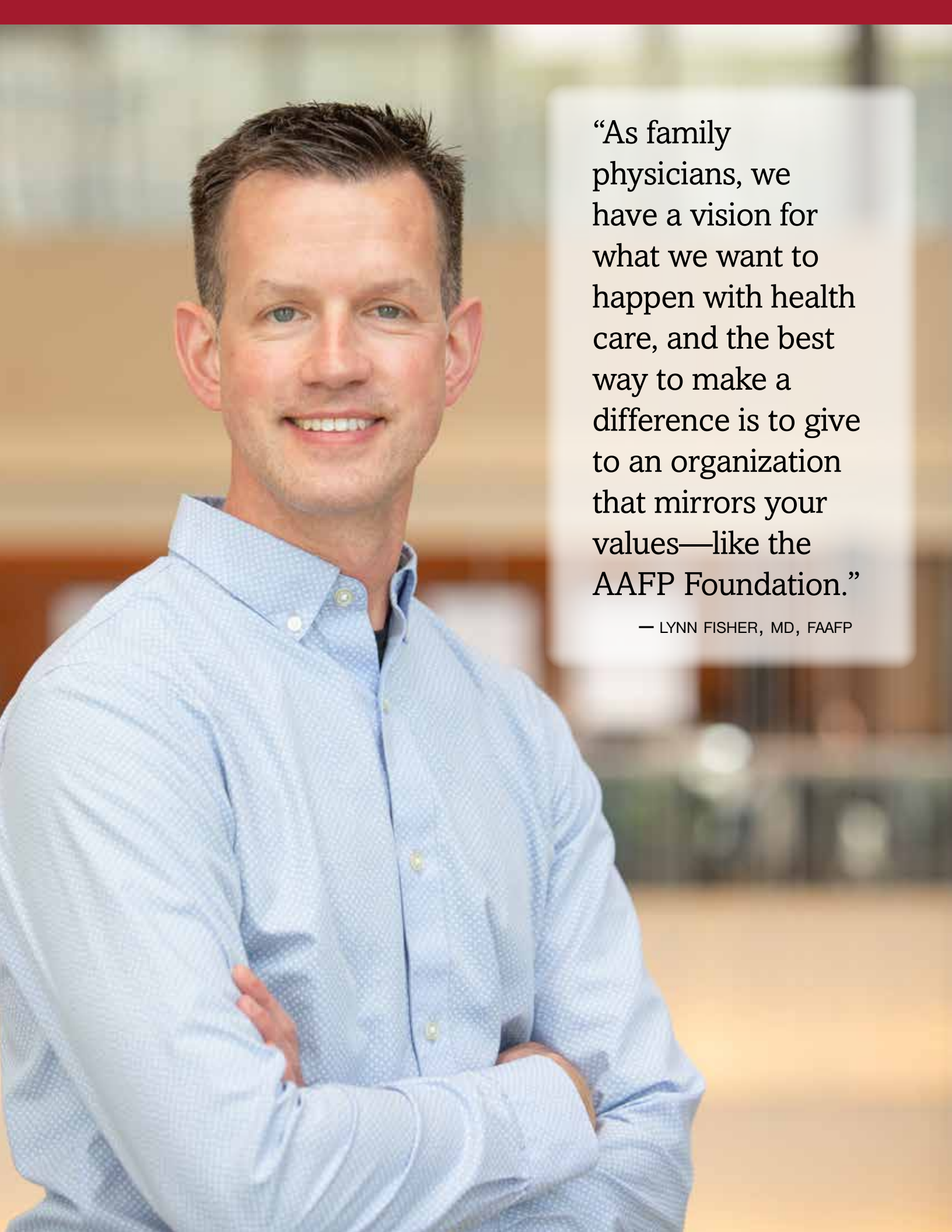


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“As family physicians, we have a vision for what we want to happen with health care, and the best way to make a difference is to give to an organization that mirrors your values—like the AAFP Foundation.”

— LYNN FISHER, MD, FAAFP

Improving Health Care Access with Your Help

It's a basic human right: Everyone deserves to be cared for, to have their health care needs met. And it's a belief held strongly by the AAFP Foundation and why the **Family Medicine Cares** program exists.

Since its launch in 2011, the **Family Medicine Cares USA** (FMC USA) has awarded grants to **94 free clinics in 32 states and one U.S. territory**, with more than 20 student-run clinics, totaling **\$1,728,697**. These clinics offer services at no charge to patients who would otherwise not have access to affordable primary care.

In 2021, funding for FMC USA was increased from \$75,000 to \$150,000, and 15 clinics received funding. The grants provide up to \$25,000 to new free health clinics and up to \$10,000 to existing free health clinics for durable medical instruments and equipment.

Clinics with a Community Need Index (CNI) of 3.5 or greater are given preference. The CNI aggregates five socioeconomic indicators known to contribute to health disparity—income, culture/language, education, housing status, and insurance coverage, and applies them to every ZIP code in the United States. Residents of communities with the highest CNI scores were shown to be twice as likely to experience preventable hospitalizations for manageable conditions (e.g., ear infections, pneumonia, or congestive heart failure) as communities with the lowest CNI scores.

94 free
clinics in
32 states
since 2011

15 clinics
received
funding
in 2021

2021 funding
increased to
\$150,000

RESIDENT SERVICE AWARDS

Family Medicine Residents Serving the Underserved

As an extension of the Family Medicine Cares program, the **Resident Service Awards** provide the opportunity for family medicine residents to pursue a project that gives back to the community they are working in as well as the chance to gain additional clinical skills and work with practicing physician mentors.

To date, the **Family Medicine Cares Resident Service Award (FMC RSA)** program has awarded a **total of \$247,500 to 25 first- or second-year residents**. Annually, it gives two \$16,500 awards to support 12-month service projects implemented by a first- or second-year resident that addresses an unmet health care need in their community. The awardees will present their projects at the 2022 National Conference of Family Medicine Residents and Medical Students.

2021 FMC RSA Recipients:

- **Arshely Fleuristal, MD (PGY1)** and **Stefanny Santana Rivera, MD, MHA (PGY1)** with Community Health of South Florida in Miami, FL. The goal of their project, “Community Health Weight Loss Initiative,” is to improve patient-provider engagement around healthy lifestyles by offering practical and modifiable healthy living opportunities.
- **Rachelle Dulan, DO (PGY2)** with Grandview Family Medicine Residency in Dayton, OH. The project, “Food is My Medicine (Eating Right to Fix What’s Wrong),” will be conducted at the Gem City Market in Dayton. The goal is to introduce the community to the concepts of healthy eating to improve health.



\$247,500
awarded
to date



25 first-
and second-
year residents
recipients

“I started giving because I grew up with the idea that you should give to those in need. The AAFP Foundation is one of the places I decided to give, and I’ve continued to donate for over 20 years!”

— ELISABETH (LISA) RIGHTER, MD, FAAFP



“The AAFP Foundation is ensuring the future of family medicine through the Family Medicine Leads program and that’s why I give.”

— MIKE SEVILLA, MD, FAAFP



FAMILY MEDICINE LEADS

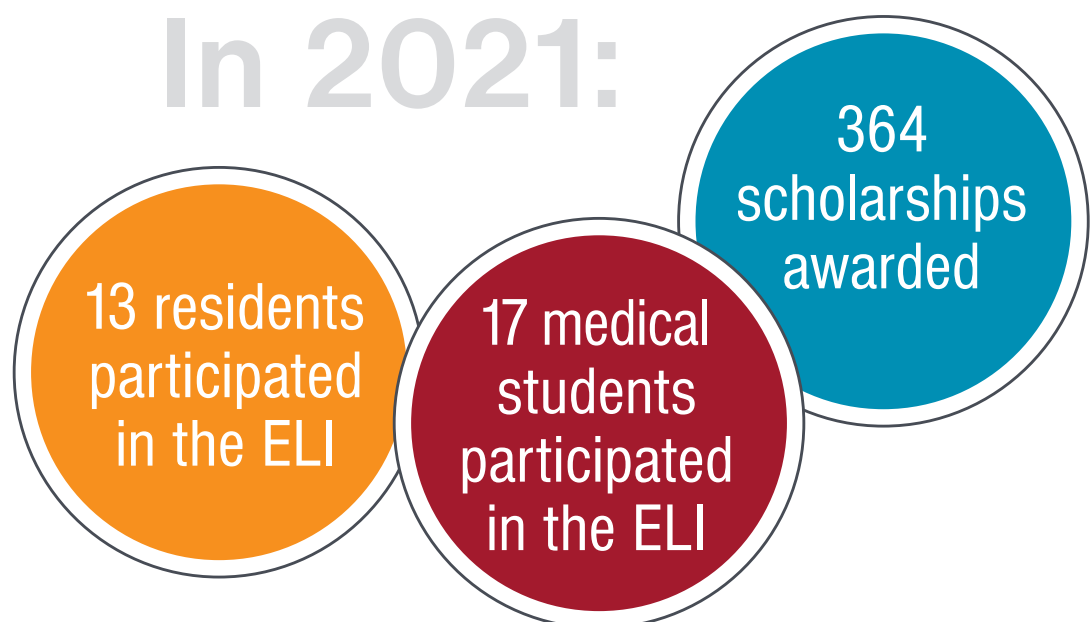
Creating the Next Generation of Leaders

Building on the education and clinical work medical students and residents receive are opportunities such as the **Family Medicine Leads** program. It extends the learning into developing leadership skills and networking with mentors and practicing family physicians—a vital part of building future leaders.

In 2021, **Family Medicine Leads** awarded scholarships for the National Conference of Family Medicine Residents and Medical Students—even more than usual since the conference was virtual—and conducted the Emerging Leader Institute (ELI) virtually.

- **364 scholarships** were awarded for National Conference
- **13 residents and 17 medical students** participated in ELI

The 2021 class of scholars for the ELI were divided into three leadership tracks: Policy and Public Health, Personal and Practice, and Philanthropic and Mission-Driven.



Creating a Real-world Model for Primary Care Research

The goal of the **Family Medicine Discovers** program is to fund practicing family physicians to generate new evidence and innovative research models for “what works” in real-world primary care settings.

Starting in 2019, Family Medicine Discovers launched Family Medicine Discovers Rapid Cycle Scientific Discovery and Innovation (FMD RapSDI). FMD RapSDI is a collaboration between the AAFP Foundation and the AAFP National Research Network (AAFP NRN).



- **Sanjay Batish, MD, FAAFP**, founder of Batish Family Medicine in Leland, NC, is exploring the potential for primary care practices to use an established survey tool to predict incidents of gun violence among adolescents and young adults in a non-urban setting.



- **Iman Majd, MD, LAc**, a physician, licensed acupuncturist, and faculty member at the University of Washington School of Medicine, is examining the feasibility of implementing and evaluating ear acupuncture for chronic pain management in a group setting, a step that could reduce patients’ lengthy wait for an appointment.

The application process for the next round begins in July 2022.

“I’m inspired to give by
the great work and the
passion in leadership
I see from the
AAFP Foundation.”

— KEVIN WANG, MD, FAFPP



Connecting with Chapters to Fuel Service-oriented Projects

The **Family Medicine Philanthropic Consortium (FMPC)** is a collaborative program of the AAFP Foundation and 55 AAFP Constituent Chapters/Foundation. Since 2006, the FMPC Grant Awards program has provided \$1,164,170 to support 347 projects from AAFP Constituent Chapter/Chapter Foundations in 38 states and the District of Columbia.

Here's what happened in 2021:

- The **2021 FMPC Grant Awards** awarded \$35,750 to 21 Constituent Chapter/Chapter Foundation projects.
- The **FMPC Chapter Engagement Project** provides each AAFP Chapter or Chapter Foundation with \$750 to showcase a chapter program/activity that connects with one of the three designated focus areas of the FMPC: Student/Resident, Member Outreach and Public Health. In 2021, 17 Chapter and/or Chapter Foundations applied for funding for a total of \$12,750.
- Established in 1992, the **Student Externship Matching Grant Awards** program provides matching grants that are a dollar-for-dollar match of \$1,250 between the Foundation and the sponsoring Chapter/Chapter Foundation. Since its inception, the Student Externship Matching Grants program has provided \$1,171,750 in matching grants to support 959 student externships. In 2021, the AAFP Foundation awarded a total of 23 matching grants to Chapters from 11 states.



\$1,164,170
awarded in
grants since
2006



347 projects
supported
since 2006

Preserving the Past to Advance the Future



“It is so important to capture these stories for the future of family medicine because we can learn so much from them if we ever face something like it again.”

— MORGAN WEILER, A 2022 MEDICAL SCHOOL GRADUATE
SPEAKING ABOUT HER ESSAY ON THE COVID-19 PANDEMIC

Acting as the scribe for the specialty, the **Center for the History of Family Medicine (CHFM)** is dedicated to serving as the collective memory as well as informing the future.

To that end, this past year the Center has:

- Held the first annual CHFM Student and Resident Essay Contest to encourage future physicians to engage with the specialty’s history as well as use the lessons learned to improve future health care. The winners were: Morgan Weiler (first place) and Auguste Niybiziz, DO (second place).
- Created a Soundcloud account to make it easy to access all of the Center’s digitized oral histories, including stories about COVID-19 and one-on-one chats with family physician leaders.
- Hosted a Town Hall with the AAFP to view and discuss the documentary, “Power to Heal,” which looks back at the challenging implementation of a new program, Medicare, in the 1960s. Under the guidance of President Lyndon B. Johnson, the federal government used Medicare payments as the incentive to virtually end segregation in hospitals throughout the South and the entire country.

In addition, the Center benefited from 329 hours of volunteer time this past year. The support CHFM received in 2021 and continues to receive helps preserve this repository and also allow it to be a dynamic resource for future family physicians, academics, and researchers.

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Each year we receive heartfelt gifts in memory of loved ones and in honor of family, colleagues, friends, or special occasions.

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Jeneath T. Quick
Diem Tran

Dr. John H. Renner
Dr. Herbert and Mrs. Lisa Young

Dr. Laurence J. Russell
Dr. Elizabeth Koorie

Dr. Ethan Sellers
Dr. Christie A. Thomas

Dr. Bill Smith
Dr. Dustin R. Smith

Dr. Barry L. Stern
Dr. Julie B. Stern

Dr. Elbis A. Shoales
Dr. David and Mrs. Pamela Hannan

Dr. Paul M. Schmitt
Dr. Daniel and Mrs. Ruth Ostergaard

Dr. Peter Tripodis
Dr. Linda and Dr. John Murray

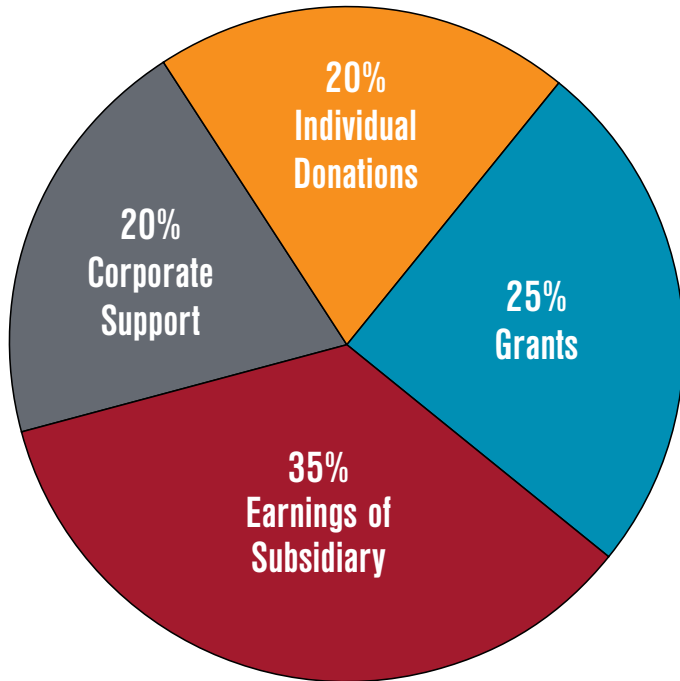
Dr. Kenneth W. Whittington
Dr. Daniel and Mrs. Ruth Ostergaard

13 American Service Members Killed in Kabul
Dr. David R. Barthold

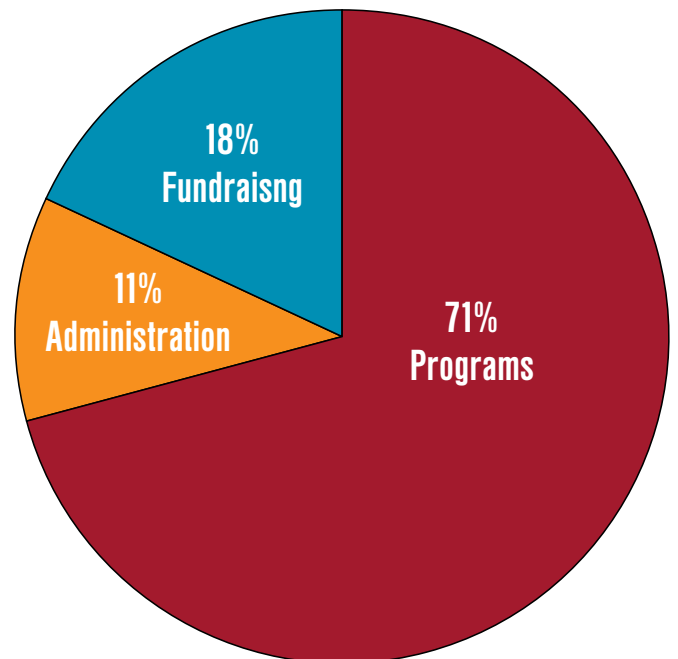
January 1 to December 31, 2021

Foundation Financials

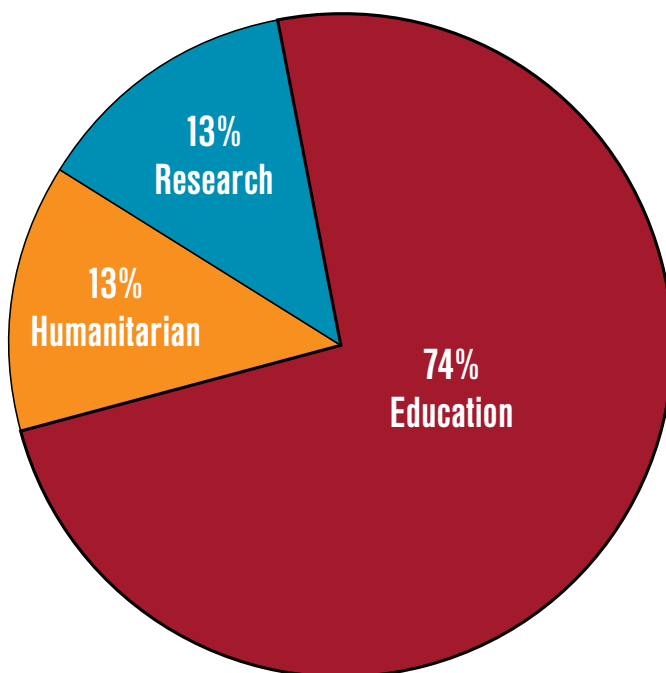
REVENUE AND SUPPORT



EXPENSE ALLOCATION



PROGRAM EXPENSES



Statement of Activities

ASSETS

Cash and Cash Equivalents	\$	1,839,670
Accounts Receivable		148,188
Accounts Receivable, Planned Giving Program		119,624
Prepaid Expenses		73,067
Investments		21,178,546
Investment in AAFP Insurance Services, Inc.		1,707,154
Office Equipment, Furniture and Fixtures, Net of Accumulated Depreciation of 274,188.		141,181
Total Assets	\$	25,207,430

LIABILITIES and NET ASSETS

Accounts Payable	\$	328,401
Deferred Revenue		—
Liabilities Under Split-interest Agreement		188,057
Grant Awards Payable		87,891
Total Liabilities	\$	604,349
Without Donor Restrictions		18,234,040
<i>Undesignated</i>		5,448,834
<i>Board-appropriated</i>		12,785,206
With donor restrictions		6,369,041
Total Net Assets	\$	24,603,081
Total Liabilities and Net Assets	\$	25,207,430

Statement of Activities

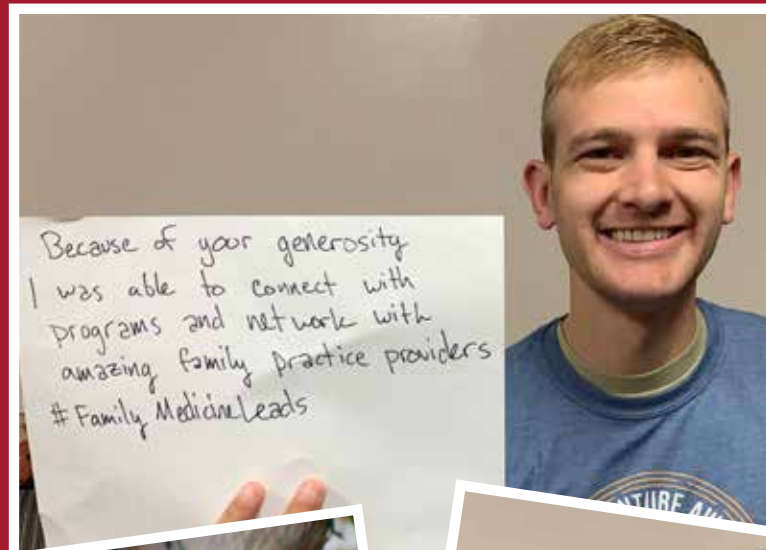
REVENUES and SUPPORT

Individual Donations	\$	879,475
Corporate Support		864,500
Administrative Support		—
Grants		1,060,628
Investment Return		3,286,914
Earnings of Subsidiary		1,518,903
Other		—
Total Revenue and Support		\$7,610,420

EXPENSES

Programs	\$	3,024,295
<i>Education</i>		2,242,127
<i>Research</i>		377,151
<i>Humanitarian</i>		405,017
Administration		442,472
Fundraising		779,352
Total Expenses		\$4,246,119
Change in Net Assets		3,364,301
Net Assets, Start of Year	\$	21,238,780
Net Assets, End of Year	\$	24,603,081

Because of You



2021 Annual Report

AAFP Foundation

11400 Tomahawk Creek Parkway

Leawood, KS 66211

aafpfoundation.org | foundation@aafp.org