



SPARK CHANGE

for Family Medicine



2023 ANNUAL REPORT



TABLE OF CONTENTS



1 Reflecting on 2023	13 Family Medicine Chapter Alliance	16–19 2023 Donor Honor Roll
2–5 Family Medicine Cares	14 Family Medicine Cares Resident Service Awards	20 Tribute Gifts
6–9 Family Medicine Leads	15 Center for the History of Family Medicine	21 Financials
10–12 Family Medicine Discovers		

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A Message From Our

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Every nonprofit centers its work around a mission statement, but when your statement proclaims, "advances family medicine through philanthropy, using humanitarian, educational, and scientific programming to improve health," it's a lofty goal.

That's made even more difficult when the world turns upside down.

Since 2020, many nonprofits have experienced a downturn in donations. But the AAFP Foundation never did.

In fact, the last few years proved something we already knew about family doctors: They will continue to push for change, push for the way forward, and fight for what's needed.

Which leads us into 2023—a year in which we indeed saw change sparked. Family physicians like you helped the Foundation reach more than \$1 million in donations for the second year in a row.

This continuous spark that our family physician donors, board members, champions, and volunteers provide positions the Foundation to meet that lofty mission statement and advance the specialty.

Our work wouldn't be possible without you. Thank you for always being the guiding spark for the AAFP Foundation.

All the best,

Tomás Owens, MD, FFAFP
President

Heather Palmer, MA, MBA
Executive Director



MEET DIANE

"While I work as an employed family doctor, I know that the system is broken in many ways for both doctors and patients. I support Family Medicine Cares USA to bring resources to clinics that provide care to patients who are not able to access traditional primary care."

Diana Huang, MD

Family Medicine Cares

Whether nearby or thousands of miles away, communities thrive when access to health care increases. Family physicians understand it better than most—they know that the underserved, underinsured, and most vulnerable patient populations benefit when they receive the care they need.

And therein lies the reason for the Family Medicine Cares program.

**30
million+** underinsured people
in the US



Improving Access One Clinic at a Time

In 2023, the Family Medicine Cares USA (FMC USA) awarded grants to one new clinic and 13 existing clinics.

The funding for this program (up to \$150,000 annually) supports new clinics up to \$25,000 and existing clinics up to \$10,000 for durable medical equipment and instruments for the diagnosis and treatment of primary care patients.

Living in a disadvantaged neighborhood has been linked to several health care outcomes, including higher rates of diabetes and cardiovascular disease, increased utilization of health services, and earlier death. Area Deprivation Index ranks neighborhoods by socioeconomic disadvantage in a region of interest (e.g., at the local, state, or national level). It includes factors such as income, education, employment, and housing quality.

“There is a huge need for primary care, medication assistance, and education in our ever-growing underserved community. Patient numbers are growing weekly due to business closings and no funds for traditional for-fee medical care. Being a part of CHSUC Free Clinic’s mission and vision to the uninsured just seemed like the right thing to do.”

—Dimitrios Hondros, MD
Community Health Services of Union County, Inc.
Monroe, NC

\$2 million+

awarded since 2011

121

clinics in 37 states and one US Territory

Supporting Health Care Access on a Global Level

The first full Family Medicine Cares International (FMCI) delegation traveled to the Dominican Republic in February 2023.

The goal was simple: Help increase health care access for local Dominicans and the Haitian population that has settled there through support for physicians and other health care providers.

The trip focused on bateyes, settlements centered around a sugar mill. Not all the communities still had active sugar cane farms, but they are mainly populated by Haitian immigrants. While the program serves all people, the Haitian population has trouble accessing health care because they usually are not Dominican Republic citizens.

In partnership with One World Surgery and Universidad Central del Este, the FMCI trip focused on workforce capacity building through medical education and clinical team development as well as global health experiences for the AAFP constituents that are tied with a local clinical team for sustainability in longitudinal clinical care.

375

patients cared for during 2023
Dominican Republic delegation trip

**UP
TO 25**

delegates participate in the trips

3 days

on patient care and 1 1/2 days on
medical education

2024

delegation trip February 10-17



MEET ANNA

"I have personally benefited from donations when I was a family medicine resident and medical student. This is my way of giving back. I love that the Foundation wants to support sharing what family medicine is all about to medical students and residents."

Anna Askari, MD, MSBS, FAAFP

Family Medicine Leads

Inspiring more people to follow the family medicine path as well as turning those who do into leaders is vital to the future of the specialty. That spark igniting the way in their journey is exactly what the Family Medicine Leads program aims to be for new family physicians.

30

Emerging Leader Institute 2023 Scholars:
24 residents, 6 medical students

265

scholarships were awarded and
accepted for National Conference



Inspiring One Family Medicine Leader at a Time

The mission of the AAFP Foundation's Family Medicine Leads (FM Leads) program is to provide access to a number of outstanding programs, mentors, and faculty to build connections and open doors for leadership development.

FM Leads awarded scholarships for the National Conference of Family Medicine Residents and Medical Students, offering an additional 20 scholarships made possible by the generosity of donors to the Douglas & Mary Henley Fund. The 2023 Emerging Leader Institute (ELI) class consisted of six residents and 24 students.

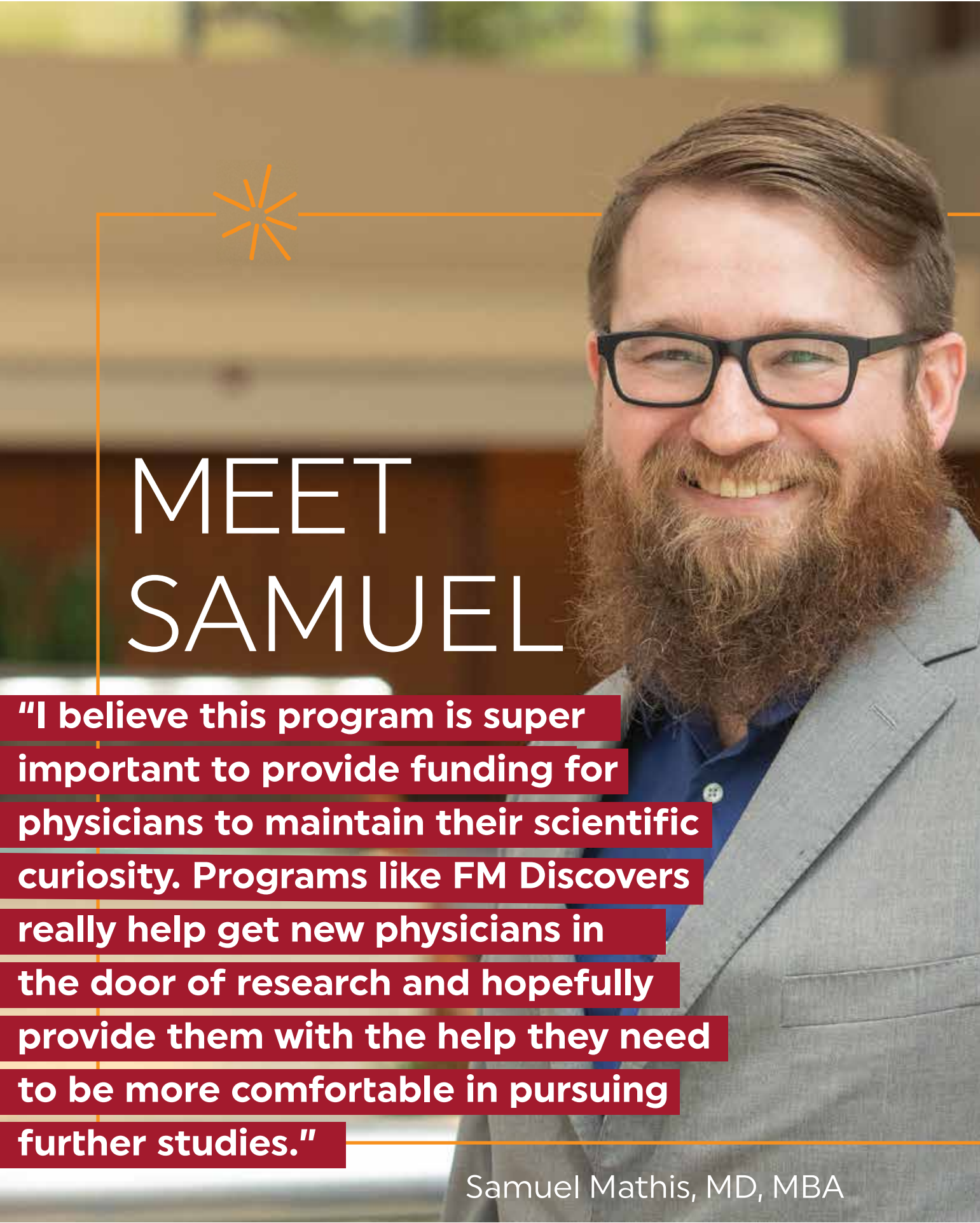
The 2023 ELI scholars were divided into one of three leadership tracks: Policy & Public Health, Personal & Practice, and Philanthropic & Mission-Driven. Eight Leadership Project Award recipients from the 2022 class showcased their project work with posters at National Conference. The three Best Leadership Project Award recipients, one from each track, presented and participated in a Q&A.

“The opportunity to attend National Conference has been an incredible and influential experience. I've appreciated networking and partaking in discussions surrounding key topics in family medicine.”

—Aryanna Thuraisingam
*Campbell University School of Osteopathic Medicine
Class of 2025*

Emerging Leadership Institute 2023





MEET SAMUEL

"I believe this program is super important to provide funding for physicians to maintain their scientific curiosity. Programs like FM Discovers really help get new physicians in the door of research and hopefully provide them with the help they need to be more comfortable in pursuing further studies."

Samuel Mathis, MD, MBA

Family Medicine Discovers

Family physicians excel at solving problems. But taking that solve and making it into a larger model for other practices to develop or exploring the “why” behind the solve often doesn’t fit into the schedule.

Giving the opportunity to practicing family physicians—those not steeped in a research background—to pursue testing and exploring their ideas is exactly what the Family Medicine Discovers Rapid Cycle Scientific Discovery and Innovation (RapSDI) program is designed to do.

10 practice-based research projects completed since the program began



Pursuing Solves for Family Medicine

The goal of the Family Medicine Discovers program is to fund practicing family physicians to generate new evidence and innovative research models for “what works” in real-world primary care settings.

In 2019, Family Medicine Discovers launched Family Medicine Discovers Rapid Cycle Scientific Discovery and Innovation (FMD RapSDI). This program, funded by the AAFP Foundation in partnership with the DARTNet Institute, annually awards up to \$40,000 each to two family physicians and gives them the opportunity to:

- Research patient-inspired and clinical questions that arise from issues in family medicine
- Build research capacity skills
- Partner with a mentor on a topic of importance in creating practice improvements

The fourth cycle of awardees are currently implementing their projects.



Chris Oh, MD, project topic: “Can previously established penicillin oral challenge protocols be safely and effectively implemented in primary care clinics?”



T.M. Ayodele “Ayo” Adesanya, MD, PhD, project topic: “Can financial coaching through a medical-financial partnership improve overall, cardiometabolic, mental, and financial health (compared to a financial education booklet control group)?”



Championing Communities Through Our Chapters

The Family Medicine Chapter Alliance (FMCA), formerly the FMPC, is a collaborative program of the AAFP Foundation and 55 AAFP Constituent Chapters/Foundations. Since 2006, the FMCA Grant Awards program has provided more than \$1.4 million in funding to support 453 projects.

- The 2023 FMCA Grant Awards awarded \$62,750 to support 36 projects from 20 chapters/chapter foundations.
- The Student Externship Matching Grant Awards program provides matching grants that are a dollar-for-dollar match of \$1,250 between the Foundation and the sponsoring Chapter/Chapter Foundation. In 2023, the AAFP Foundation awarded 24 matching grants to Chapters from 13 states, totaling \$30,000 in funding.
- The FMCA Chapter Engagement Project is a fundraising effort to increase FMCA revenue and highlight activities. The FMCA provides each AAFP chapter or chapter foundation with \$750 to showcase a chapter program/activity that connects with one of the three FMCA priority areas: student/resident, member outreach, and public health. In 2023, 23 chapters/chapter foundations received a total of \$17,250.

Family Medicine Chapter Alliance



CHAPTER SUPPORT | LOCAL IMPACT

23

chapters/
chapter
foundations
received a
total of \$17,250

24

matching grants the AAFP
Foundation awarded to
Chapters from 13 states,
totaling \$30,000 in funding



Caring for the Most Vulnerable

The Family Medicine Cares Resident Service Award (FMC RSA) program, an extension of the Family Medicine Cares program, awards two \$16,500 grants to support 12-month service projects implemented by a first- or second-year resident that addresses an unmet health care need in their community.

2023 FMC RSA Recipients (residency year at time of application):



Jonathan Toot, MD, is a second-year resident with Soin Family Medicine Residency, Kettering Health Network in Beavercreek, Ohio. His project, "Being a Good Neighbor: Empowering a Healthier Community Through a Multidisciplinary Medication Nonadherence Intervention Strategy at the Good Neighbor House Community Clinic" uses a series of interventions on individual and organizational levels to address medication non-adherence and improve outcomes for low-income residents in Dayton, Ohio.



Maniraj Jeyaraju, MD, is a second-year resident at the University of North Carolina Family Medicine Residency Program in Chapel Hill, NC. His project, "Promoting Language Equity in Primary Care Clinics" seeks to deliver language equity through bottom-up, organization-level solutions. Using resources from the Office of Minority Health at DHHS, he will be performing a needs assessment of Arabic-speaking patients who visit the UNC Family Medicine Center in order to design and propose Arabic language-expansion interventions and study the impact of those interventions with the hope of expanding this solution to other non-English language preference patients.



Keepers of Family Medicine's Past and Future

The Center for the History of Family Medicine (CHFM) is dedicated to preserving the past to advance the future. To that end, this past year the Center has:

- Held the third annual CHFM Student and Resident Essay Contest to encourage future physicians to engage with the specialty's history to direct the future. The 2023 winners were: Joshua Smith, MD, MPH (first place) and Muhammad Junaid Anwar, MD (second place).
- Awarded the Sandy L. Panther Fellowship to Diane Jarrett, EdD, the director of education and communications at the University of Arkansas for Medical Sciences for her research project, "The Family Physician on TV: A Reflection of Societal Changes, 1969-1976."
- Introduced the annual Oral History Grant, which awards up to \$3,000 to one or multiple projects that expand the CHFM oral history collection on family medicine and use oral history as the primary source. The 2023 grant was given to Mēlani Douglass, MFA, for her project "Mining the Medicine: From the Dining Room to the Doctors Office."



CHFM also exhibited at the AAFP Foundation's booths during the 2023 AAFP National Conference of Family Medicine Residents and Medical Students, AAFP Leadership Conference, and FMX.

987

The number of tours, reference requests, and other engagements reached in 2023

\$3K

Awarded the first annual Oral History Grant



DONORS

Every attempt has been made to ensure an accurate listing of all fiscal year 2023 gifts (January 1–December 31, 2023). We apologize for any errors or omissions. Space limits the listing of every contributor; however, we value all our donors.

*Deceased

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 Dr. Lisa A. Zimmerman
 Dr. Farideh Zonouzi-Zadeh
 Dr. Zachary M. Zwolak

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Champion (\$75,000)

Abbott
Eisai, Inc.
GoodRx
GRAIL
Seqirus

Enthusiast (\$50,000)

Genentech Ocugen
Sanofi
Takeda Pharmaceuticals USA, Inc.

Advocate (\$30,000)

Amgen
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Dexcom
Eli Lilly & Company
Exact Sciences
GlaxoSmithKline
Guardant Health

Indivior
Johnson & Johnson
Merck
Novo Nordisk Inc.
Pfizer Inc.
Pharmavite, LLC

Supporter (\$10,000)

Ardmore Institute of Health
Ascend Integrated Media, LLC
Astellas Pharma US
Bristol Myers Squibb
DermaSensor
Dynavax
Linus Health
Myriad Genetics Laboratories
National Peanut Board
PhRMA
Quest Diagnostics

Patron (\$5,000)

C. Duryee Consulting, LLC
2023 Foundation Annual Report

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Dr. Michael O. Fleming and Mrs. Debby McMillin Fleming
Dr. Tom and Mrs. Marie Felger
Dr. Robert Graham and Dr. Jane Henney
Dr. Douglas and Mrs. Mary Henley
Dr. C. Earl Hill* and Mrs. Tink Hill
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Tom and Sharon Koch
Dr. Albert S. Kroser
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Dr. David and Mrs. Nancy Massanari
Dr. Samuel C. Matheny
Dr. Kathleen and Mr. David Miller
Dr. Dale and Mrs. Carol Moquist
Dr. Daniel and Mrs. Ruth Ostergaard
Sandra and Richard Panther
Dr. Richard and Mrs. Laura Roberts

Dr. Mary Elizabeth Roth
Dr. Richard Sadovsky
Dr. Alan and Mrs. Laurie Schwartzstein
Dr. Bruce and Mrs. Roxanne Steffens
Dr. Marla J. Tobin
Dr. Daniel* and Mrs. Patricia Van Durme
Dr. Raymond and Mrs. Lucia Weber
Dr. Mary Jo and Mr. Lloyd Welker
Dr. Steven M. Wilk and Mrs. Patricia Sweeney
Dr. Ted and Mrs. Janet Wymyslo

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Christa Aley
Tracey Allen-Ehrhart
Ericka Anderson
Joseph Anhuis
Mike Armstrong
Christine Arnet
Diane Barkley
Alice Barnard
Crystal Bauer
Rebecca Beeler
Ashley Bentley
Adam Bradley
Marselle Bredemeyer
Jennifer Breedlove
Bethany Burk
Karen Campbell
Jim Campbell
Brennan Cantrell
Carla Cherry
Erica Cischke
Beverly Cline
Carly Darrah
Michael Devitt
Julie DeVoe
Deanna Diebolt
Amy Doane
Ronda Donovan
Matthew Duncan
Jodi Easter

Jaclyn Edwards
Richard Espinoza
Ruth Flemming
Andrea Fuentes
Natalie Gaspard
Dan and Brenda Gaston
Elizabeth Gill
Kerrie Gottschalk
Viannella Halsall
Tracy Ingram Hanson and Brent Hanson
Marilyn Harvey
Kelly Heide
Karen Heins
Deborah Hensley
Jeana Higginbottom
Sharon Hunt
Carol Ivers
Karen Johnson
Laura Jordan
Douglas Kamerow
Sunita Kode
Karla Krause
Jackie Kuisle
Josephine Lampton
Angela Lanigan
Rachel Larsen
Nancy Laughlin Worob
Heather Leith
Ashley Lemke

Kelly Lucke
Rebecca Lynch
R. Shawn Martin and Charlene MacDonald
Delfina Martinez
Danielle Mau
Holly Messerschmidt
David Mitchell
Dr. Karen and Mr. Jay Mitchell
Karen Montemayor
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Todd Moore
Elizabeth Murray
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Kristine and David Sloan
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Terri Stevenson
Shawna Swaffar
Cheri Tabel
Colette Taylor
Bret Taylor
Annie Tebow
Yen To
Vivian Tran
Susan Tusken
Kaari Van Auken
Jill Vetter
Paul Walstrom
Heather Walter
Diana Weber
Lisa Westergaard
Kesha Whitley
Theresa Wilkes
Scott Wilson
Chuck Winchester
Sandra Wingate-Bey
Dr. Julie and Mr. John Wood
Heather Woods
Stacy Wymer
Heather Ynda
Marla Youk

2023 TRIBUTE GIFTS

Each year we receive heartfelt gifts in memory of loved ones and in honor of family, colleagues, friends, or special occasions.

IN HONOR OF

121MD, P.A.
Dr. Christopher S. Ewin

AAFP Foundation Staff
Dr. Rebecca Jaffe
Cheri Tabel

Alabama Academy of Family Physicians
Dr. John E. Brandon

All Family Physicians
Dr. Rebecca Jaffe

All the Lord has done and will do
Dr. English H. Gonzalez

Dr. Steven R. Ashmead
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Dr. Bruce Bagley
Karen Johnson

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Becky Wimmer

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Rev. Gerard Green

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Dr. Daniel Lewis

Dr. Tochi Iroku-Malize
Arkansas Academy of Family Physicians

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Dr. Jay Siwek

Dr. Renee Markovich
Donna Donaldson
Kristine Miller

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Dr. Dan Ostergaard
Mike Armstrong
Dr. Rick and Mrs. Janet Kellerman

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Dr. David R. Smith
Dr. William and Mrs. Jane Morgan
Dr. Scott Peshke

Dr. P. Brent Smith
Dr. Susan and Mr. Vincent Chiarito

Dr. Mary Jo Welker
Dr. Dan and Mrs. Ruth Ostergaard

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Dr. Salpi Adrouny

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Dr. Catherine A. Bishop

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Kirk M. Boyd

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Dr. James and Mrs. Wendy Gill

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Dr. Bledar Haxhiu

Dr. John A. Zapp
Dr. Robert G. Coates

Foundation Financials

January 1 to December 31, 2023

Statement of Activities

ASSETS

Cash and Cash Equivalents	\$ 2,266,210
Accounts Receivable	167,099
Accounts Receivable, Planned Giving Program ..	161,263
Prepaid Expenses	197,685
Investments	21,484,868
Investment in AAFP Insurance Services, Inc.	1,703,829
Office Equipment, Furniture and Fixtures, Net of Accumulated Depreciation of 390,599..	68,836
Total Assets	\$ 26,049,790

LIABILITIES and NET ASSETS

Accounts Payable	\$ 873,620
Deferred Revenue	13,700
Liabilities Under Split-interest Agreement	145,794
Grant Awards Payable	90,701
Total Liabilities	\$ 1,123,815
Without Donor Restrictions	18,428,579
<i>Undesignated</i>	<i>6,646,851</i>
<i>Board-appropriated</i>	<i>11,781,728</i>
With donor restrictions	6,497,396
Total Net Assets	\$ 24,925,975
Total Liabilities and Net Assets	\$ 26,049,790

Statement of Activities

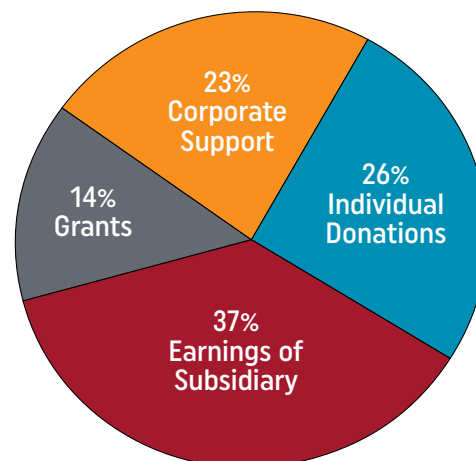
REVENUES and SUPPORT

Individual Donations	\$ 1,054,874
Corporate Support	930,500
Administrative Support	—
Grants	546,382
Investment Return	2,574,260
Earnings of Subsidiary	1,474,098
Other	—
Total Revenue and Support	\$6,580,098

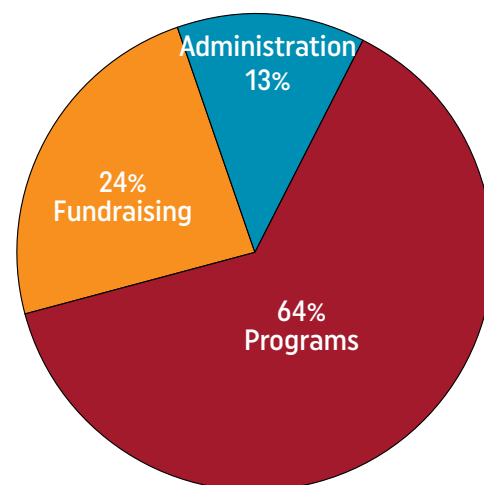
EXPENSES

Programs	\$ 2,622,677
<i>Education</i>	<i>1,743,710</i>
<i>Research</i>	<i>398,259</i>
<i>Humanitarian</i>	<i>480,708</i>
Administration	516,934
Fundraising	982,904
Total Expenses	\$4,122,515
Change in Net Assets	2,457,583
Net Assets, Start of Year	\$ 22,468,392
Net Assets, End of Year	\$ 24,925,975

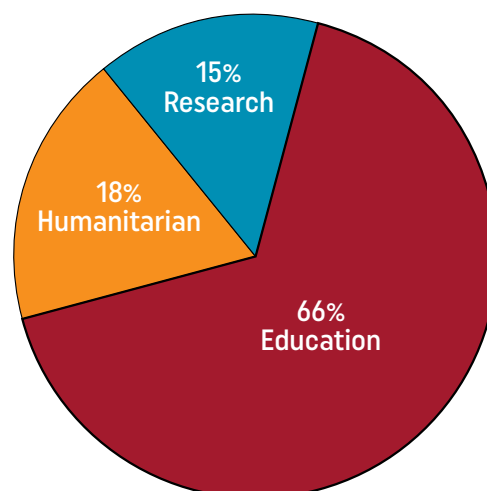
REVENUE AND SUPPORT



EXPENSE ALLOCATION



PROGRAM EXPENSES



2023 Annual Report

AAFP Foundation
11400 Tomahawk Creek Parkway
Leawood, KS 66211
aafpfoundation.org | foundation@aafp.org